

## Injury Prevention Resources for Clinicians

Primary care providers can play an important and influential role in injury prevention services. Fundamental to their clinical responsibilities is anticipatory guidance counseling and screening to identify patients at risk for injury and to connect them to evidence-based programs and services. While individual patient counseling is critical, many of the greatest successes in reducing injuries have been realized through product redesign and by enacting strong, evidence-based policies. Clinicians are powerful and persuasive advocates for policy and engineering changes.

The following set of resources has been compiled to provide interested clinicians with easily accessible and understandable information about the burden of injury and evidence-based programs to address it.

### **General Resources**

American Association of Poison Control Centers	<a href="http://www.aapcc.org/">http://www.aapcc.org/</a>
Access free, confidential medical advice 24 hours a day, seven days a week through the Poison Help line at 1-800-222-1222 and current data about poisoning trends.	
Consumer Product Safety Commission	<a href="http://www.cpsc.gov">www.cpsc.gov</a>
Check product safety and recall information on this site.	
Healthy People 2020 Injury Prevention Objectives	<a href="http://healthypeople.gov/2020/topics/objectives/2020/overview.aspx?topicid=24">http://healthypeople.gov/2020/topics/objectives/2020/overview.aspx?topicid=24</a>
Find evidence-based information and recommendations related to injury and violence prevention.	
Johns Hopkins Center for Injury Research and Policy, Johns Hopkins Bloomberg School of Public Health	<a href="http://www.jhsph.edu/InjuryCenter">www.jhsph.edu/InjuryCenter</a>
Find cutting edge research, policy and community service programs plus educational opportunities at this CDC-funded center of excellence in injury control.	

National Center for Injury Prevention and Control, Centers for Disease Control and Prevention	<a href="http://www.cdc.gov/injury/index.html">http://www.cdc.gov/injury/index.html</a>
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Access data about the leading causes of death and injuries, customized by age, geography or injury topic.

National Fire Protection Association	<a href="http://www.nfpa.org/safety-information">http://www.nfpa.org/safety-information</a>
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Access national outreach materials and fire and burn prevention programs targeted to both children (Learn Not to Burn®) and older adults (Remembering When™).

Safe States Alliance	<a href="http://www.safestates.org/">http://www.safestates.org/</a>
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Connect with professionals who are committed to strengthening the practice of injury prevention throughout state health departments.

Safety Lit	<a href="http://www.safetylit.org/">www.safetylit.org/</a>
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Keep abreast of latest research through abstracts of reports from researchers who work more than 30 distinct professional disciplines relevant to preventing and researching unintentional injuries, violence, and self-harm.

Society for the Advancement of Violence and Injury Research	<a href="https://savr.wildapricot.org/">https://savr.wildapricot.org/</a>
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Join a multidisciplinary group of professionals who are interested in promoting scholarly activity in the continued development of the fields of injury prevention and control research, policy and program development, and teaching.

United States Fire Administration	<a href="https://www.usfa.fema.gov/prevention/">https://www.usfa.fema.gov/prevention/</a>
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Access fire prevention and safety education programs that have been developed in partnership with other federal agencies, the fire and emergency response community, the media, and safety interest groups.

### **Resources about Infant and Child Safety**

Bright Futures (American Academy of Pediatrics and Maternal and Child Health Bureau)	<a href="https://brightfutures.aap.org/Pages/default.aspx">https://brightfutures.aap.org/Pages/default.aspx</a>
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Review theory-based and evidence-driven guidance for all preventive care screenings and well-child visits, including materials for families.

Children's Safety Network	<a href="http://www.childrenssafetynetwork.org/">http://www.childrenssafetynetwork.org/</a>
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Partner with a group of professionals who are dedicated to working with state, territorial and community Maternal & Child Health and Injury & Violence prevention programs to create an environment where all children and youth are safe and healthy.

First Candle	<a href="http://www.firstcandle.org/">http://www.firstcandle.org/</a>
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Review information about issues specific to the first year of life, especially safe sleep,

connect families with resources for a crib or for grief support.

Heads Up (Centers for Disease Control and Prevention)	<a href="http://www.cdc.gov/HeadsUp">http://www.cdc.gov/HeadsUp</a>
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Whether you are a clinician, parent, youth sports coach, high school coach, or school professional, this site will help you recognize, respond to, and minimize the risk of concussion or other serious brain injury. Download free training and resources, check out videos and podcasts, connect with us, and more.

Healthy Children	<a href="http://www.healthychildren.org/english/safety-prevention/Pages/default.aspx">http://www.healthychildren.org/english/safety-prevention/Pages/default.aspx</a>
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Delve into materials from the AAP designed for parents and caregivers about child health and safety topics.

Injury Free Coalition for Kids	<a href="http://www.injuryfree.org/index.cfm">http://www.injuryfree.org/index.cfm</a>
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Consider starting or joining a coalition in your area and gain support from a national coalition comprised of hospital-based professional whose injury prevention efforts are anchored in research, education, and advocacy.

<i>The National Action Plan for Child Injury Prevention.</i>	<a href="http://www.cdc.gov/safekid/NAP/overviews/index.html">http://www.cdc.gov/safekid/NAP/overviews/index.html</a>
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Find information to advance national child injury prevention activities, with particular attention on: data and surveillance, research, communication, education and training, health systems and health care, and policy.

TIPP, The Injury Prevention Program (American Academy of Pediatrics, AAP)	<a href="http://patiented.solutions.aap.org/Handout-Collection.aspx?categoryid=32033">http://patiented.solutions.aap.org/Handout-Collection.aspx?categoryid=32033</a>
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Explore numerous counseling messages and fact sheets organized by child's age.

Safe Kids Worldwide	<a href="http://www.safekids.org">www.safekids.org</a>
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Learn about child safety topics through media announcements, fact sheets and infographics and about child safety programs in communities near you.

<i>Unintentional Injuries in Childhood (Spring/Summer 2000 edition of The Future of Children)</i>	<a href="http://www.princeton.edu/futureofchildren/">http://www.princeton.edu/futureofchildren/</a>
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Read articles about the history and epidemiology of injury prevention and a systematic review of the effectiveness of interventions in the clinical setting (the review supports counseling by health care providers especially when combined with distribution of low-cost safety devices).

### **Resources about Older Adult Safety**

American Geriatric Society and British Geriatrics Society (AGS/BGS)	<a href="http://www.americangeriatrics.org/health_care_professionals/clinical_practice/clinical">http://www.americangeriatrics.org/health_care_professionals/clinical_practice/clinical</a>
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	<a href="#">_guidelines_recommendations/prevention_of_falls_summary_of_recommendations</a>
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Access clinical practice guidelines for prevention of falls in older adults.

Centers for Medicare and Medicaid Services	<a href="http://www.cms.gov">www.cms.gov</a>
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Explore this website to learn about opportunities within the “Welcome to Medicare” preventive visit as well as annual wellness visits.

Go4Life (National Institute of Health)	<a href="https://go4life.nia.nih.gov/">https://go4life.nia.nih.gov/</a>
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Explore this site for resources to help you promote exercise and physical activity with older patients, including safety and motivational tips and educational materials.

Health in Aging (American Gerontology Society)	<a href="http://www.healthinaging.org/about/">http://www.healthinaging.org/about/</a>
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Explore this site for resources to share with your patients, including general safety, medication safety, travel safety, etc.

STEADI (Centers for Disease Control and Prevention)	<a href="http://www.cdc.gov/STEADI">www.cdc.gov/STEADI</a>
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Use this site to address older patient’s fall risk, identify modifiable risk factors, and offer effective interventions by accessing screening and clinical decision support tools, instructional videos and online trainings, case studies, tips for talking with patients, and educational materials for patients, their family and caregivers.