

PROTECTING PREGNANT & REPRODUCTIVE AGE WOMEN



Empower women to protect themselves

Distribute Zika Prevention Kits or encourage women and families to build their own.

- Zika Prevention Kits include items that will reduce the risk of getting Zika, such as insect repellent, permethrin spray, and condoms.
- For more information about Zika Prevention kits and how to build them, visit <http://www.cdc.gov/zika/prevention/prevention-kit.html>.

Raise awareness about Zika in your state and how women and families can protect themselves.

- Share information at events where women and families might be present, for example health fairs, or community and neighborhood festivals.
- Ask local food banks, women's shelters, or home visiting services to provide information to their clients.
- Supply health communications materials for patients and professionals to healthcare provider groups in your state, such as managed care organizations, doctors' offices, HMOs, and clinics, especially Federally Qualified Health Clinics.
- Reach out to Child and Adolescent Health Centers (CAHC), school-based health centers, and family planning clinics to incorporate prevention messages into their programs.

Stay informed

Ensure healthcare providers in your jurisdiction are aware of CDC resources and updated clinical guidance for pregnant and reproductive age women.

- CDC has published updated clinical guidance based on the latest available research. <http://www.cdc.gov/zika/hc-providers/index.html>
- CDC has up-to-date information and resources available on the Zika website: <http://www.cdc.gov/zika>
- Call or email CDC for direct access to experts to help answer your Zika questions:
 - CDC-INFO is available to answer the public's questions via 1-800-CDC-INFO
 - CDC also maintains a 24/7 Pregnancy Hotline for healthcare providers of patients with possible Zika virus infection. Access this service by calling 770-488-7100 or email ZikaMCH@cdc.gov.

Contribute to what we know

Support the US Zika Pregnancy Registry.

- In collaboration with state, tribal, local and territorial health departments, CDC established the US Zika Pregnancy Registry to collect information about women infected with Zika during pregnancy and their infants.
- The priority for this registry is to collect data that can be used for action. The information collected will direct public health efforts to mitigate the impact of Zika and guide recommendations for the monitoring and management of women infected with Zika during pregnancy.
- For more information about the registry and how you can contribute to what is known about Zika, visit <http://www.cdc.gov/zika/hc-providers/registry.html>