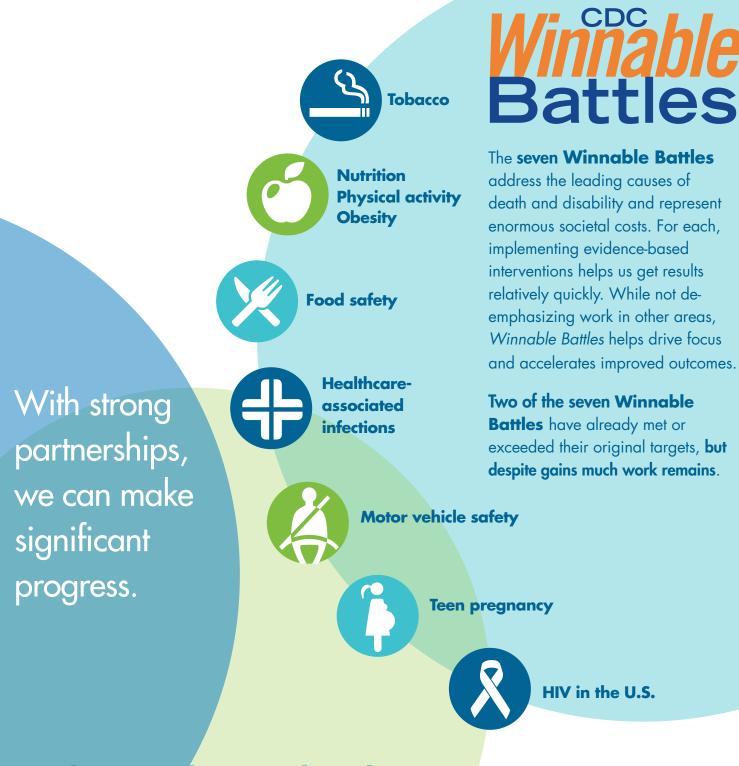
CDC Winnable Battles are making a difference

and together we can do more.



We know what works. The time is now to put knowledge into action.



Strategies that Work



Implement effective policies such as comprehensive smokefree laws and run ad campaigns that depict the dangers of smoking and exposure to second-hand smoke. Tobacco kills almost **500,000** people in the U.S. each year, that's **1,300** a day.

About 35% of U.S.

adults and 17% of

children and adolescents

(ages 2 – 19) are obese.

Each year, 1 in 6

foods or beverages.

Americans gets sick by

consuming contaminated



Improve the health of Americans where we live, learn, work and play with strategies such as adoption of comprehensive school physical activity programs and increasing access to healthier foods and beverages through implementation of standards such as the Federal Food Service Guidelines.



Improve foodborne illness surveillance data to enable earlier detection of outbreaks, quicker response, and better monitoring of the effectiveness of interventions.



Enhance and promote use of the National Healthcare Safety Network to develop data needed to identify infection problem areas, measure progress of prevention efforts, and drive progress toward elimination of HAIs.



Increase proper restraint use (seat belts, car seats, booster seats). Motor vehicle crashes are the leading cause of death in the first three decades of American lives.



Promote the use of effective contraceptive methods, including long-acting reversible contraception (LARC) by sexually active teens. LARC (IUDs and implants) is a safe and effective birth control option for most teens and young women, including those who have not given birth.



Work towards viral suppression among all persons living with HIV by improving diagnosis, linkage and retention in care, and antiretroviral provision and adherence.

For more information, visit <u>www.cdc.gov/winnablebattles</u>

About **1 in 25** patients get a healthcare-associated infection each year while receiving medical care in

Motor vehicle crashes killed over **32,700** people in 2013.

United States hospitals.

Despite recent declines, teen births in the U.S. are up to **9 times** higher than in most other developed countries.

1.2 million people in America are living with HIV and approximately **50,000** new infections occur annually in the U.S.