

Snort. Sniffle. Sneeze.

No Antibiotics Please.

Treat colds and flu with care.  
Talk to your healthcare provider.

As a parent, you want to help your child feel better. But antibiotics aren't always the answer. They don't fight the viruses that cause colds and flu. What will? Fluids and plenty of rest are best. Talk to your healthcare provider. Find out when antibiotics work—and when they don't. The best care is the right care.

For more information, please call **1-800-CDC-INFO**  
or visit **[www.cdc.gov/getsmart](http://www.cdc.gov/getsmart)**.

