### Online Supplemental Material

### Table I. Association between specific post migration problems and symptoms of depression in Bhutanese refugees, Arizona, Georgia, New York, and Texas, 2012

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | **Men (n=204)** |  | **Women (n=182)** |
| **Post migration problem** | Experienced in USa | Depressed | Not Depressed | aORb (95% CI) |  | Depressed | Not Depressed | aORb (95% CI) |
| **Resettlement to US** |  |  |  |  |  |  |  |  |
| Language barriers  | A lot | 26 (81) | 89 (52) | 2.3 (0.8 – 6.4) |  | 42 (88) | 81 (60) | 3.1 (1.1 – 8.6) |
|  | No/A little | 6 (19) | 83 (48) | 1 |  | 6 (12) | 53 (40) | 1 |
| Inability to pay living expenses  | A lot | 16 (50) | 32 (19) | 4.1 (1.8 – 9.5) |  | 23 (48) | 22 (16) | 4.5 (2.0 – 10.2) |
|  | No/A little | 16 (50 | 140 (81) | 1 |  | 25 (52) | 112 (84) | 1 |
| Being unable to find work  | A lot | 20 (62) | 53 (31) | 3.5 (1.5 – 8.4) |  | 26 (54) | 44 (33) | 2.6 (1.3 – 5.4) |
|  | No/A little | 12 (38) | 119 (69) | 1 |  | 22 (46) | 90 (67) | 1 |
| Lack of choice over future  | A lot | 24 (75) | 66 (38) | 3.6 (1.5 – 8.8) |  | 38 (79) | 51 (38) | 5.5 (2.4 – 12.4) |
|  | No/A little | 8 (25) | 106 (62) | 1 |  | 10 (21) | 83 (62) | 1 |
| **Family-related anxiety** |  |  |  |  |  |  |  |  |
| Separation from family  | A lot | 8 (25) | 14 (8) | 2.7 (1.0 – 7.7) |  | 16 (33) | 18 (13) | 2.4 (1.0 – 5.6) |
|  | No/A little | 24 (75) | 158 (92) | 1 |  | 32 (67) | 116 (87) | 1 |
| Worries about family back at home  | A lot | 19 (59) | 47 (27) | 3.9 (1.7 – 9.1) |  | 36 (75) | 49 (37) | 5.0 (2.3 – 11.0) |
|  | No/A little | 13 (41) | 125 (73) | 1 |  | 12 (25) | 85 (63) | 1 |
| **Religion/culture** |  |  |  |  |  |  |  |  |
| Discrimination  | A lot | 3 (9) | 11 (6) | 1.4 (0.4 – 5.5) |  | 4 (8) | 5 (4) | 2.7 (0.6 – 12.2) |
|  | No/A little | 29 (91) | 161 (94) | 1 |  | 44 (92) | 129 (96) | 1 |
| Lack of community structures  | A lot | 9 (28) | 7 (4) | 5.8 (1.8 – 18.5) |  | 6 (13) | 6 (4) | 2.7 (0.7 – 9.6) |
| for resolving family disputes | No/A little | 23 (72) | 165 (96) | 1 |  | 42 (87) | 128 (96) | 1 |
| Lack of religious community  | A lot | 10 (31) | 26 (15) | 1.8 (0.7 – 4.5) |  | 12 (25) | 22 (16) | 1.3 (0.6 – 3.2) |
|  | No/A little | 22 (69) | 146 (85) | 1 |  | 36 (75) | 112 (84) | 1 |
| Difficulty maintaining cultural  | A lot | 17 (53) | 31 (18) | 3.9 (1.6 – 9.1) |  | 14 (29) | 20 (15) | 1.7 (0.7 – 3.9) |
| and religious traditions | No/A little | 15 (47) | 141 (82) | 1 |  | 34 (71) | 114 (85) | 1 |
| **Access to health resources** |  |  |  |  |  |  |  |  |
| Poor access to healthcare  | A lot | 10 (31) | 43 (25) | 2.0 (0.8 – 5.0) |  | 28 (58) | 38 (28) | 4.4 (1.9 -10.2) |
|  | No/A little | 22 (69) | 129 (75) | 1 |  | 20 (42) | 96 (72) | 1 |
| Poor access to counseling services  | A lot | 11 (34) | 30 (17) | 2.4 (1.0 – 5.9) |  | 21 (44) | 16 (12) | 5.5 (2.3 – 13.1) |
|  | No/A little | 21 (66) | 142 (83) | 1 |  | 27 (56) | 118 (88) | 1 |
| **Aid/Support** |  |  |  |  |  |  |  |  |
| Little help from government  | A lot | 9 (28) | 59 (34) | 0.7 (0.3 – 1.7) |  | 20 (42) | 39 (29) | 1.9 (0.9 – 4.0) |
|  | No/A little | 23 (72) | 113 (66) | 1 |  | 28 (58) | 95 (71) | 1 |
| Little help from charities or other agencies | A lot | 10 (31) | 36 (21) | 1.6 (0.7 – 4.1) |  | 13 (27) | 34 (25) | 1.1 (0.5 – 2.5) |
|  | No/A little | 22 (69) | 136 (79) | 1 |  | 35 (73) | 100 (75) | 1 |

a Proportion reporting “Quite a bit” or “Extremely” categorized as “A lot;” Proportion reporting “Not at all,” “A little,” “Did not experience” categorized as “No/A little.”

b Adjusted for state of residence and age