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A Potential Cellular Explanation for the Increased Risk of *Clostridium difficile* Infection Due to Hypoalbuminemia: A Response to Di Bella SD et al

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In their intriguing investigation, reported in “The protective role of albumin in *Clostridium difficile* infection: A step towards solving the puzzle” (citation Di Bella SD et al 2015), Di Bella SD and colleagues explored the cellular mechanism of potential protective effect of albumin in *C. difficile* infection (CDI). Their findings deepen our understanding of the association between low albumin levels and increased risks for CDI. ¹ We applaud their effort.

Previous epidemiological work has found that hypoalbuminemia is a robust risk factor for mortality for hospitalized patients across a spectrum of clinical categories ²³⁴. Di Bella et al’s study points out that hypoalbuminemia plays a role in the predisposition to CDI, due to compromising the cellular protective property of albumin. Future studies may further explore the mechanism of low albumin levels and other pathological manifestations.

References

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