

MORBIDITY AND MORTALITY WEEKLY REPORT



- 853 The Great American Smokeout November 19, 1992
- 854 Cigarette Smoking Among Southeast Asian Immigrants — Washington State, 1989
- 861 Cigarette Smoking Among American Indians and Alaskan Natives — Behavioral Risk Factor Surveillance System, 1987–1991

The Great American Smokeout — November 19, 1992

Since 1977, the American Cancer Society (ACS) has sponsored the Great American Smokeout to foster community-based activities that encourage cigarette and smokeless-tobacco users to stop using tobacco products for at least 24 hours. Local activities for the Great American Smokeout include distributing anti-tobaccouse materials to interested schools, hospitals, businesses, and other organizations; encouraging retail businesses not to sell tobacco products and restaurants and other businesses to be smoke-free for the day; and providing media coverage of prominent local citizens who have pledged to stop smoking for the day.

During 1991, 83% of adults in the United States knew of the Great American Smokeout, an increase of approximately 2% from 1990 (1). Approximately one third of U.S. smokers participated in this national campaign: 7.1 million (14.2%) smokers reported quitting for the day, and 10.6 million (21.3%) reported reducing the number of cigarettes consumed on that day (1). In addition, approximately 1 million more smokers reported quitting smoking for 1–3 days after the Smokeout in 1991 than did in 1990 (1). Although fewer black and Hispanic smokers knew of the Smokeout, an estimated 25% of those who did know participated, and 14% of black and Hispanic smokers who participated reported that they were not smoking 1–3 days after the Smokeout (1).

This year, the Great American Smokeout will be on Thursday, November 19. This year's objective is for 25% of smokers to give up smoking for the 24-hour period. The goal of the Smokeout is to encourage cessation and, by doing so, to help smokers to realize that if they can quit for 24 hours, they can quit permanently. Information is available from local chapters of the ACS; telephone numbers of these local chapters are available by telephoning (800) 227-2345.

Reported by: American Cancer Society, Atlanta. Office on Smoking and Health, National Center for Chronic Disease Prevention and Health Promotion, CDC.

Reference

1. Lieberman Research Inc. A study of the impact of the 1991 Great American Smokeout: summary, Gallup Organization. New York: American Cancer Society, 1991.

Cigarette Smoking Among Southeast Asian Immigrants — Washington State, 1989

Since 1975, approximately one million Southeast Asians have immigrated to the United States (1). In general, the efforts of local public health agencies to meet the needs of these immigrants have focused on identifying and treating acute and chronic diseases rather than identifying and modifying health-risk behaviors (e.g., smoking) among these immigrants (2-4). However, efforts to determine the prevalence of smoking suggest that smoking rates are high, especially among men of Southeast Asian origin (5-7). During 1989, to characterize cigarette smoking among Southeast Asian immigrants, the Seattle-King County (Washington) Health Department surveyed newly arriving Southeast Asian immigrants who intended to reside in the county regarding their health problems and health-risk behaviors. This report summarizes survey findings regarding their smoking habits.

Washington has the third largest population of Southeast Asian immigrants (an estimated 50,000) in the United States; approximately 32,000 reside in Seattle-King County (B. Duong, Division of Refugee Assistance, Washington State Department of Social and Health Services, personal communication, 1992). Each year since 1982, approximately 1000 persons immigrating to the United States from Vietnam, Cambodia, and Laos have received medical screening interviews and examinations at Seattle-King County Department of Public Health clinics. During 1989, Southeast Asian ,immigrants were interviewed in their native language by trained interpreters at the Seattle-King County Central Clinic (one of two county public health clinics). Persons aged ≥18 years were asked if they were current smokers (i.e., "Do you smoke now?"), and smokers were asked how many cigarettes they smoked per day. A convenience sample of medical interview records were analyzed for 274 Vietnamese, 147 Laotian, and 112 Cambodian immigrants. Of the 533 records analyzed, 280 (52.5%) were for women.

The overall prevalence of smoking (23.1%) differed substantially by sex and age (Table 1). Men (42.5%) were more likely than women (5.7%) to smoke, and prevalence of smoking was higher for men aged \geq 30 years (54.6%) than for men aged 18–29 years (29.5%). Among men, prevalence of smoking was highest for Laotians (51.2%), followed by Vietnamese (41.7%) and Cambodians (32.8%) (Table 2).

Reported by: FJ Frost, PhD, K Tollestrup, PhD, Lovelace Medical Foundation, Albuquerque. D Vu, Fred Hutchinson Cancer Research Center, Minority High School Apprentice Program; ER Alexander, MD, J Riess, Seattle-King County Dept of Public Health, Seattle; Washington State Center for Health Statistics, JM Kobayashi, MD, State Epidemiologist, Washington Dept of Health. Epidemiology Br, Office on Smoking and Health, National Center for Chronic Disease Prevention and Health Promotion, CDC.

Editorial Note: In Washington during 1988, the overall prevalence of smoking for men was 25.5%; therefore, the findings in this report suggest that, in 1989, Southeast Asian male immigrants were 1.6 times more likely to smoke than were men statewide. In comparison, the prevalence of smoking among Southeast Asian female immigrants during 1989 was one fourth that among all women in Washington (8). Previous reports also have documented a high prevalence of smoking among Southeast Asian male immigrants, especially Vietnamese (6-7), and low rates of smoking among Southeast Asian female immigrants (7).

For at least two reasons, the findings in this report may underestimate actual smoking prevalence among Southeast Asian immigrants arriving in Seattle. First, during the immigration health screening interviews, respondents and their family members often

Southeast Asian Immigrants — Continued

discussed how to answer questions, including those about smoking. Several respondents were advised by family members to deny that they smoked because of concern about criticism or penalties (D. Vu, Fred Hutchinson Cancer Research Center, personal observation, 1989). Second, the results regarding the number of cigarettes these immigrants smoked per day were unreliably recorded and interviewers did not repeat questions regarding smoking habits. In addition, although these results were stratified by country of origin, the findings reported represent a small convenience sample of newly arriving immigrants screened at one health clinic and, therefore, may not be generalizable to newly arriving Vietnamese, Laotian, and Cambodian immigrants elsewhere or to the existing Southeast Asian immigrant population in the United States.

Educational efforts to reduce smoking in the overall U.S. population may not be as effective for recently-arrived immigrants because of differences in language and culture; in particular, many immigrants may neither understand nor believe health risks are associated with smoking (7). To develop culturally appropriate smoking-prevention and smoking-cessation programs in Washington and other locations, the knowledges, attitudes, and behaviors of Southeast Asian immigrants concerning smoking require further characterization (9). In addition, educational materials must be tailored to the cultural background of these immigrants, available in their native languages, and evaluated for effectiveness. Finally, prevalence of smoking in these and other immigrant populations should be monitored through public health surveillance efforts to determine whether smoking rates change in relation to years of residence in the United States.

References

- 1. Lin-Fu JS. Population characteristics and health care needs of Asian Pacific Americans. Public Health Rep 1988;103:18–27.
- 2. Nolan CM, Elarth AM. Tuberculosis in a cohort of Southeast Asian refugees: a five-year surveillance study. Am Rev Respir Dis 1988;137:805–9.

(continued on page 861)

	м	en		Wa	men	Total			
No.	(%)	(95% Cl ⁺)	No.	(%)	(95% CI)	No.	(%)	(95% CI)	
36	(29.5)	(22.2–39.7)	3	(3.0)	(0.6- 8.3)	39	(17.6)	(12.6-22.6)	
22	(53.7)	(37.4-69.3)	3	(5.6)	(1.2–15.7)	25	(26.3)	(18.8-37.5)	
30	(54.5)	(40.6-68.1)	7	(8.3)	(3.3-15.8)	37	(26.6)	(19.8-35.2)	
19	(55.9)	(37.9–72.8)	3	(7.1)	(1.5–19.1)	22	(28.9)	(19.3–40.6)	
107	(42.5)	(36.2–49.2)	16	(5.7)	(3.8–10.4)	123	(23.1)	(19.5–26.7)	
	No. 36 22 30 19 107	Mo. (%) 36 (29.5) 22 (53.7) 30 (54.5) 19 (55.9) 107 (42.5)	Men No. (%) (95% Cl [†]) 36 (29.5) (22.2–39.7) 22 (53.7) (37.4–69.3) 30 (54.5) (40.6–68.1) 19 (55.9) (37.9–72.8) 107 (42.5) (36.2–49.2)	Men (%) (95% Cl ⁺) No. 36 (29.5) (22.2–39.7) 3 22 (53.7) (37.4–69.3) 3 30 (54.5) (40.6–68.1) 7 19 (55.9) (37.9–72.8) 3 107 (42.5) (36.2–49.2) 16	Men Wo No. (%) (95% Cl [†]) No. (%) 36 (29.5) (22.2–39.7) 3 (3.0) 22 (53.7) (37.4–69.3) 3 (5.6) 30 (54.5) (40.6–68.1) 7 (8.3) 19 (55.9) (37.9–72.8) 3 (7.1) 107 (42.5) (36.2–49.2) 16 (5.7)	Men Women No. (%) (95% Cl [†]) No. (%) (95% Cl) 36 (29.5) (22.2–39.7) 3 (3.0) (0.6– 8.3) 22 (53.7) (37.4–69.3) 3 (5.6) (1.2–15.7) 30 (54.5) (40.6–68.1) 7 (8.3) (3.3–15.8) 19 (55.9) (37.9–72.8) 3 (7.1) (1.5–19.1) 107 (42.5) (36.2–49.2) 16 (5.7) (3.8–10.4)	Men Women No. (%) (95% Cl [†]) No. (%) (95% Cl) No. 36 (29.5) (22.2–39.7) 3 (3.0) (0.6– 8.3) 39 22 (53.7) (37.4–69.3) 3 (5.6) (1.2–15.7) 25 30 (54.5) (40.6–68.1) 7 (8.3) (3.3–15.8) 37 19 (55.9) (37.9–72.8) 3 (7.1) (1.5–19.1) 22 107 (42.5) (36.2–49.2) 16 (5.7) (3.8–10.4) 123	Men Women To No. (%) (95% Cl [†]) No. (%) (95% Cl) No. (%) 36 (29.5) (22.2–39.7) 3 (3.0) (0.6– 8.3) 39 (17.6) 22 (53.7) (37.4–69.3) 3 (5.6) (1.2–15.7) 25 (26.3) 30 (54.5) (40.6–68.1) 7 (8.3) (3.3–15.8) 37 (26.6) 19 (55.9) (37.9–72.8) 3 (7.1) (1.5–19.1) 22 (28.9) 107 (42.5) (36.2–49.2) 16 (5.7) (3.8–10.4) 123 (23.1)	

TABLE 1. Prevalence of smoking among Southeast Asian immigrants, by sex and age — Washington State, 1989*

*n=533.

[†]Confidence interval.

TABLE 2. P	revalence	of smoking	among	Southeast	Asian	male	immigrants,	by a	age
and country	of origin	- Washing	ton Stat	te, 1989*					

Age group		Cambo	odian		Lao	tian	Vietnamese			
(yrs)	No.	(%)	(95% CI ⁺)	No.	(%)	(95% CI)	No.	(%)	(95% CI)	
18–29	3	(13.0)	(2.8-33.0)	11	(33.3)	(18.0–51.9)	22	(33.3)	(21.9-45.4)	
≥30	16	(45.7)	(28.8–63.4)	25	(65.9)	(43.3–75.1)	28	(51.9)	(37.8–65.7)	
Total	19	(32.8)	(20.7–45.6)	38	(51.2)	(41.1–64.9)	50	(41.7)	(33.0–51.3)	

*n=253.

[†]Confidence interval.



FIGURE I. Notifiable disease reports, comparison of 4-week totals ending November 7, 1992, with historical data — United States

*Ratio of current 4-week total to mean of 15 4-week totals (from previous, comparable, and subsequent 4-week periods for the past 5 years). The point where the hatched area begins is based on the mean and two standard deviations of these 4-week totals.

TABLE I. Summary — cases of specified notifiable diseases, United States, cumulative, week ending November 7, 1992 (45th Week)

	Cum. 1992		Cum. 1992
AIDS* Anthrax Botulism: Foodborne Infant Other Brucellosis Cholera Congenital rubella syndrome Diphtheria Encephalitis, post-infectious Gonorrhea Haemophilus influenzae (invasive disease) Hansen Disease Leotospirosis	39,229 1 16 45 1 77 97 8 4 101 416,877 1,120 130 39	Measles: imported indigenous Plague Politomyelitis, Paralytic [†] Psittacosis Rabies, human Syphilis, primary & secondary Syphilis, congenital, age < 1 year ⁵ Tetanus Toxic shock syndrome Trichinosis Tuberculosis Tuberculosis Tubaremia Typhoid fever	200111 1392 120 2,028 11 - 79 - 29,072 1,639 28 201 23 19,203 146 337
Lyme Disease	6,682	Typhus fever, tickborne (RMSF)	423

*Updated monthly; last update October 31, 1992.

Four cases of suspected policimyelitis have been reported in 1992; 6 of the 9 suspected cases with onset in 1991 were confirmed, and 5 of the 8 suspected cases with onset in 1990 were confirmed; all were vaccine associated.

⁵Reports through second quarter 1992.

	1	voven	Der 7,	1992, 8		venno	er 5, 1	331 (4501 1	veek)		
		Aseptic Menin-	Enceph	alitis			Her	patitis (\	firal), by 1	уре	Legionel-	Lyme
Reporting Area	AIDS*	gitis	Primary	fectious	Gono	rmea	A	В	NA,NB	Unspeci- fied	losis	Disease
	Cum. 1992	Cum. 1992	Cum. 1992	Cum. 1992	Cum. 1992	Cum. 1991	Cum. 1992	Cum. 1992	Cum. 1992	Cum. 1992	Cum. 1992	Cum. 1992
UNITED STATES	39,229	9,523	577	101	416,877	520,608	17,699	12,804	5,010	624	1,105	6,682
NEW ENGLAND	1,447	349	24	-	8,729	12,520	516	438	90	21	45	1,467
Maine N H	44	37	3	-	76	147 174	28	19	6 20	1	2 7	5 36
vt.	23	21	5	-	23	49	12	12	11	-	2	6
Mass.	722	153	10	-	3,183	5,371	252	344	47	20	24	212
K.I. Conn	538	112	3	-	589 4 766	1,080	133	18	6	-	10	265
	10 273	781	24	7	42 839	61 649	1 375	1 698	306	23	299	3 846
Upstate N.Y.	1,304	401			9,279	11,107	292	431	184	13	109	2,272
N.Y. City	6,024	131	5	1	17,193	23,972	623	322	5	-	7	19
N.J. Pa	1,805	249	19	6	1,523	10,025	225	44Z 503	30	10	149	990
	3 477	1 595	145	29	80 666	98 294	2 365	1 501	647	23	286	125
Ohio	659	419	48	2	24,198	30,441	384	204	78	4	138	56
Ind.	342	203	10	12	7,941	9,830	649	174	25	2	26	19
lił. Mich	1,662	44/	62 22	9	26,/10	28,426	525	254	388	11	25	23
Wis.	191	32	3	-	3,415	6,550	676	360	72		31	
W.N. CENTRAL	1,110	522	37	6	21,280	25,728	2,356	579	248	34	70	305
Minn.	188	75	15	-	2,602	2,665	650	66	20	2	6	149
lowa Mo	613	223	8	3	1,349	15 660	986	386	191	25	25	101
N. Dak.	8	1	3 3	-	52	73	107	1	4	1	2	1
S. Dak.	8	9	2	1	153	317	200	5			15	1
Neor. Kans.	52 163	28	4	2	4,193	3,775	125	30 55	13	-	5	17
S. ATLANTIC	8.687	1.525	148	45	126.058	153.383	1.131	2,191	823	112	170	564
Del.	112	52	6	-	1,549	2,528	51	186	172	1	23	194
Md.	1,115	187	13	-	14,010	17,331	203	341	32	9	32	150
D.C. Va	621 541	26	31	12	5,031	15 941	103	160	2/8	47	10	105
W. Va.	44	37	68	-	736	1,113	7	46	2	24	-	12
N.C.	590	187	25	-	21,601	31,125	101	371	79		34	69
5.C. Ga.	1.144	191	2	-	35.009	33.683	163	257	102		7	23
Fla.	4,261	559	2	33	24,471	31,005	468	710	126	30	23	27
E.S. CENTRAL	1,204	465	21	-	42,932	53,135	290	1,149	1,216	2	54	59
Ky. Tann	187	169	13	-	4,105	5,217	97	83	1 106	-	25	22
Ala.	416	119	3	-	14,793	17,423	46	116	1,130	1	6	20
Miss.	215	70	1	-	10,383	12,414	34	4	1	1	•	-
W.S. CENTRAL	3,753	1,072	57	5	45,818	58,462	1,741	1,624	145	144	21	107
Ark.	244	14	7		6,173	6,746	118	78	7	4 3	1	16
Okla.	219	-	3	ź	4,791	6,110	168	169	37	5	9	25
Tex.	2,657	995	39	2	22,287	32,032	1,265	1,222	25	132	7	61
MOUNTAIN	1,140	350	27	5	10,620	10,660	2,547	639	252	55	82	16
Mont.	18	11	1	1	102	85	82	32	27	1	9	- 2
Wyo.	4	6	2	-	49	86	12	12	49	-	ī	5
Colo.	354	108	9	1	3,792	2,982	689	97	84	23	17	-
N. MOX. Ariz	333	4/	4	1	818 3 730	3 934	272	1/6	2/ 24	8 14	26	2
Utah	109	16	3	i	285	278	323	17	27	7	2	6
Nev.	194	42	2	-	1,743	2,261	92	88	14	-	21	1
PACIFIC	8,138	2,864	94	4	37,935	46,777	5,378	2,985	1,283	210	78	193
vvasn. Oreg.	458 257	-	1	-	3,268 1 433	4,243	696 404	304	139	8 9	13	13
Calif.	7,289	2,759	86	3	32,186	39,368	4,057	2,410	879	183	63	179
Alaska Havvaii	13	16	7	:	590	775	67	17	4	1	-	-
Guerra	121	99	-	1	458	638	154	1/	195	3		-
P.R.	1,478	2 151	1	-	50 192	27 484	5	361	- 162	6 17	1	1
V.I.	9	-	-	-	90	332	4	7	-	<i></i>	:	-
Amer. Samoa	-	-	-	-	46	53	1	1	-	-	-	-
	-	-	-	-	67	85	3	-	-	-	-	-

TABLE II. Cases of selected notifiable diseases, United States, weeks ending November 7, 1992, and November 9, 1991 (45th Week)

N: Not notifiable U: Unavailable *Updated monthly; last update October 31, 1992.

ł

C.N.M.I.: Commonwealth of Northern Mariana Islands

Measles (Rubeola) Meningococcal Pertussis Rubella Mumps Imported* Total Malaria Indiaenous Infections **Reporting Area** Cum Cum. Cum Cum. Cum Cum. Cum Cum. Cum. Cum. 2.334 1.308 9.088 1.855 2.166 2.388 UNITED STATES 2.028 NEW ENGLAND . . q -Maine -N.H. -A Vt. **^** . Mass. . RI ---Conn. 4,673 MID. ATLANTIC . Ā Upstate N.Y. 1,775 . . N.Y. City 1.034 -N.J. 1,463 _ Pa. -E.N. CENTRAL . š Â, _ . Ohio --Ind. . R -. ш. --Mich. . . . Wis. W.N. CENTRAL -23 Minn. -ž ŝ . . . lowa Mo. -N. Dak. -S. Dak. . Nebr. Λ . -Å -Kans. S. ATLANTIC . Del. . Md. --_ D.C. 1† Va. W. Va ΔΔ N.C. -S.C. . . . Ga Fla. -E.S. CENTRAL -Ky. Tenn . ---Ala. . . Miss. --1,049 . W.S. CENTRAL -Ark. La. --Okla. . . . • 1,038 . . . Tex. 1,255 MOUNTAIN Mont. Idaho . Wyo. . Colo. Ŕ Ν N . N. Mex. Ariz. ã litah . -Nev. --PACIFIC 2,152 Wash. Ν N . Oreg. 1.965 Calif. Alaska з -. 1† Hawaii . . -Guam -. . -P.R. -V.I. -. -. -Amer. Samoa . . _ . . . C.N.M.I. -. -. . -

TABLE II. (Cont'd.) Cases of selected notifiable diseases, United States, weeks ending November 7, 1992, and November 9, 1991 (45th Week)

*For measles only, imported cases include both out-of-state and international importations. N: Not notifiable U: Unavailable [†] International [§] Out-of-state

					1001 0,	1001 (-	10111 110	CK/	
Reporting Area	Syı (Primary &	philis Secondary)	Toxic- Shock Syndrome	Tuber	culosis	Tula- remia	Typhoid Fever	Typhus Fever (Tick-borne) (RMSF)	Rabies, Animal
	Cum. 1992	Cum. 1991	Cum. 1992	Cum. 1992	Cum. 1991	Cum. 1992	Cum. 1992	Cum. 1992	Cum. 1992
UNITED STATES	29,072	36.271	201	19,203	19.730	146	337	423	6.670
NEW ENGLAND	609	898	14	457	572	1	27	7	760
Maine	2	3	1	19	33	•	-	-	-
Vt.	/0	12		6	5	:		-	22
Mass.	290	430	5	252	308	1	17	3	28
K.I. Conn.	35 211	45 406	2	42 122	75 142	:	- 9	2	701
MID. ATLANTIC	3.781	6.224	25	4.116	4.585	1	91	45	1.834
Upstate N.Y.	283	563	10	364	375	-	14	15	1,239
N.Y. City	2,256	3,176	-	2,673	2,838	÷	38	6 13	16 290
Pa.	1,126	1,427	15	585	609	-	14	11	289
E.N. CENTRAL	4,420	4,328	48	1,953	1,966	1	36	28	146
Ohio	705	569	15	284	314	-	6	16	13
ING. III.	242	2.018	5	1.015	1.016	1	25	4	38
Mich.	831	1,030	20	416	351	-	3	3	15
Wis.	591	548	-	69	85	-	1	3	61
W.N. CENTRAL	1,297	779	37	444	453	53	6	31	973 150
lowa	44	63	7	34	55	-	1	3	162
Mo.	1,005	474	8	195	205	38	2	22	29
N. Dak. S. Dak.	1	1	3	21	30	11	-	1	140
Nebr.	1	15	4	20	18	2	1	:	12
Kans.	161	165	8	45	50	2	-	5	358
S. ATLANTIC	7,934	10,655	21	3,678	3,740	5	32	132 14	1,578 184
Md.	553	856	2	334	347	1	7	16	463
D.C.	336	634	÷	94	162	:	1	1	16
Va. W.Va.	634 19	/98	3	304	288	2	1	5	42
N.C.	2,141	1,743	3	468	477	1	-	57	44
S.C.	1,060	1,358	1	346	368	1	2	8	152 317
Fla.	1,458	2,469	4	1,244	1,262	-	17	3	43
E.S. CENTRAL	3,762	3,955	3	1,190	1,341	9	5	61	174
<u>К</u> у.	150	94	-	346	304	2	1	6	59
lenn. Ala	1,067	1,295	3	287	439		1	3	73
Miss.	1,270	1,097	-	205	266	-	3	-	1
W.S. CENTRAL	5,399	6,548	4	2,379	2,349	42	15	102	644
Ark.	728	581	1	188	200	29	1	20	40
Okla.	370	179	2	133	153	11	-	81	283
Tex.	2,040	3,367	1	1,896	1,821	-	13	1	313
MOUNTAIN	302	506	16	490	532	28	5	11	232
Mont. Idaho	7	64	1	21	9	12	1	3 1	7
Wyo.	5	8	i		5	1	-	4	81
Colo.	50	80	6	52	70 63	4	2	-	24
Ariz.	152	320	2	220	278	-		-	66
Utah	7	6	4	61	40	2		1	6 17
Nev.	41	54	-	64	01	3	1		
Wash	1,568	2,378	33	4,496	4,192	6 2	120	0	329
Oreg.	41	80	ĭ	115	108	-	ž	3	2
Calif.	1,443	2,118	29	3,838	3,584	2	103	3	314
Hawaii	8	47	-	230	178	-	7	-	-
Guam	3	1	-	58	8	-	3	-	-
P.R.	290	378	-	200	203	-	ĭ	-	41
V.I. Amer Semon	62	91	-	3	3	-	-	-	-
C.N.M.I.	6	5	-	50	18	-	1	-	-

TABLE II. (Cont'd.) Cases of selected notifiable diseases, United States, weeks ending November 7, 1992, and November 9, 1991 (45th Week)

U: Unavailable

ł

	ļ	All Cau	ses, By	/ Age (Y	'ears)		P&1 [†]			All Cau	uses, By	/ Age (Y	'ears)		P&I [†]
Reporting Area	All Ages	≥65	45-64	25-44	1-24	<1	Total Reporting Area		All Ages	≥65	45-64	25-44	1-24	<1	Total
NEW ENGLAND	596	431	93	35	20	17	39	S. ATLANTIC	1,172	709	218	154	44	45	53
Boston, Mass.	134	86	26	10	1	11	13	Atlanta, Ga.	166	93	38	21	8	6	4
Bridgeport, Conn.	34	28	4	2	-	-	4	Baltimore, Md.	179	103	38	25	8	5	16
Cambridge, Mass.	31	25	4	1	1	-	4	Charlotte, N.C.	75	50	11	6	5	3	7
Fall River, Mass.	2/	23	3	1		-	-	Jacksonville, Fla.	89	5/	12	13	4	2	2
nartioro, conn.	24	30	10	3		-	-	Norfolk Va	79	3/	10	11	3	Ê	5
Lowen, Mass.	- ² 4	16	2	1	1	-		Richmond Va	68	45	'7	10	2	Ă	3
New Bedford, Mass	. 33	26	4	i	ż	-	1	Savannah, Ga.	62	41	13	6	ž	-	5
New Haven, Conn.	51	37	9	3	1	1	2	St. Petersburg, Fla.	50	38	4	2	-	6	2
Providence, R.I.	43	34	6	2	1	-	-	Tampa, Fla.	160	111	29	15	1	3	5
Somerville, Mass.	4	1	2	1	-	-	-	Washington, D.C.	157	81	33	28	7	8	4
Springfield, Mass.	46	33	8	2	1	2	3	Wilmington, Del.	15	12	3	-	-	-	-
Waterbury, Conn.	35	31	3	1		-	3	E.S. CENTRAL	785	486	164	76	31	28	49
worcester, mass.	00	49	э	4	•	3	9	Birmingham, Ala.	132	79	26	12	11	4	7
MID. ATLANTIC	2,580	1,694	470	304	59	52	119	Chattanooga, Tenn.	63	36	24	1	2	-	5
Albany, N.Y.	58	43	10	1	-	4	2	Knoxville, Tenn.	64	43	15	4	1	1	6
Allentown, Pa.	24	21	2	1	-		-	Lexington, Ky.	68	42	16	6	3	1	5
Buffalo, N.Y.	100	72	19	5	3	1	3	Memphis, Tenn.	220	137	36	25	8	14	15
Camden, N.J.	36	21	10	5	-		1	Mobile, Ala.	53	28	10	1		3	
Elizabeth, N.J.	10	27	2	3	-			Montgomery, Ala.	127	23	27	10	5	2	á
Incerv City N I	49	31	7		1	1		Nastivine, term.	137	32	21	10	5	5	
New York City, N.Y.	1.320	834	238	192	30	26	47	W.S. CENTRAL	1,324	824	248	154	54	41	61
Newark, N.J.	76	28	21	19	4	4	4	Austin, Tex.	63	35	11	11	1	5	4
Paterson, N.J.	33	22	8	2	1	-	1	Baton Rouge, La.	35	23	8	3			1
Philadelphia, Pa.	416	273	85	38	13	6	22	Corpus Christi, lex.	246	145	E0	20	v v	ů,	0
Pittsburgh, Pa.§	76	55	11	7	1	2	4	Dallas, lex.	240	140	10	29	ŝ	1	2
Reading, Pa.	24	16	6	2		:	.3	Et Worth Tex	76	45	ġ	15	2	5	1
Rochester, N.Y.	130	93	19	10	4	4	15	Houston, Tex.	376	211	73	57	21	13	29
Schenectady, N.Y.	2/	20	ź	-	-	-	-	Little Rock, Ark.	56	43	7	3	1	2	2
Svracuse NV	82	60	17	2	2	1	÷	New Orleans, La.	96	60	17	4	9	4	-
Trenton, N.J.	25	19	3	3	-		2	San Antonio, Tex.	175	117	39	12	3	4	7
Utica. N.Y.	20	17	ĭ	ž	-	-	2	Shreveport, La.	29	22	4		2	1	6
Yonkers, N.Y.	Ű	Ű	Ű	Ū	υ	U	υ	Tulsa, Okla.	109	80	12	14	3	-	3
	2 211	1 265	410	220	127	57	124	MOUNTAIN	740	467	159	67	24	23	51
Akron Obio	2,211	1,303	415	230	137	- 1	124	Albuquerque, N.M.	89	48	20	14	5	2	3
Canton Ohio	37	30	6	ĭ	-		4	Colo. Springs, Colo	. 40	26	7	4	1	2	6
Chicago, III.	549	216	108	115	99	11	25	Denver, Colo.	88	48	19	14	6	1	6
Cincinnati, Ohio	136	96	27	8	2	3	13	Las Vegas, Nev.	124	89	24	8	1	2	6
Cleveland, Ohio	166	109	32	10	4	11	4	Digden, Utan	20	1/	27	3	4	10	17
Columbus, Ohio	227	160	36	14	9	8	6	Pueblo Colo	20	20	3/	3		10	
Dayton, Ohio	120	87	24	6	2	1		Salt Lake City, Utah	95	58	22	ğ	1	5	ė
Detroit, Mich.	241	140	50	44	5	13	1	Tucson, Ariz.	81	56	20	3	1	ĩ	3
Evansville, ind.	63	33	10	É	1		Å	DA CIFIC	4 050						-
Gary Ind	20		5	ž	2	1	ĭ	PACIFIC Baskalay, Calif	1,858	1,213	344	181	5/	56	98
Grand Rapids, Mich	n. 68	42	15	4	3		5	Freeno Calif	10	e/	11	÷	,	Ā	-
Indianapolis, Ind.	190	132	33	19	5	1	22	Glendale Calif	23	17	'6	í	-	-	2
Madison, Wis.	59	40	14	4	1	-	1	Honolulu, Hawaii	56	35	12	8	-	1	ĥ
Milwaukee, Wis.	124	94	25	5	-	-	8	Long Beach, Calif.	77	49	13	ğ	4	ż	ĕ
Peoria, III.	51	32	12	4	2	1	8	Los Angeles, Calif.	530	307	118	69	20	10	21
Rockford, III.	43	33	4	4	1	1	4	Pasadena, Calif.	31	25	1	1	2	2	-
South Bend, Ind.	23	19	.				i .	Portland, Oreg.	126	84	28		10	4	4
Youngetown Ohio	ŭ	ŭ	ŭ	ŭ	ŭ	ŭ	ŭ	Sacramento, Calif.	151	111	16	13	3	8	13
Toungstown, onio								San Diego, Calif.	143	/9	31	20	4	8	10
W.N. CENTRAL	733	505	130	51	31	16	43	San Jose Calif	1/11	8/	24	20	3	2	10
Des Moines, Iowa	66	46	12	4	1	3	9	Santa Cruz, Calif	30	22	- 54 R	1		3	10
Duluth, Minn.	31	20	8	1	1	1	3	Seattle, Wash	164	124	22	10	3	5	2 R
Kansas City, Kans.	122	10 (21	20	10	11		- 0	Spokane, Wash.	52	41	8	ž	-	ĭ	-
Lincoln Nebr	29	23	20	2	- 1		2	Tacoma, Wash.	92	69	14	4	3	ż	3
Minneapolis. Minn.	165	122	22	13	5	3	14	τοται	11 000	7 00 4		1 050	45-		
Omaha, Nebr.	77	48	20	5	ž	Ĩ	4	IUIAL	11,999,	7,094	2,245	1,252	45/	335	637
St. Louis, Mo.	119	75	26	9	4	5	-								
St. Paul, Minn.	58	44	7	5	1	1	2								
Wichita, Kans.	41	30	8	2	1	-	-								

TABLE III. Deaths in 121 U.S. cities,* week ending November 7, 1992 (45th Week)

*Mortality data in this table are voluntarily reported from 121 cities in the United States, most of which have populations of 100,000 or more. A death is reported by the place of its occurrence and by the week that the death certificate was filed. Fetal deaths are not included.

Theoremonia and influenza. ⁹Because of changes in reporting methods in these 3 Pennsylvania cities, these numbers are partial counts for the current week. Complete counts will be available in 4 to 6 weeks. ¹Total includes unknown ages.

U: Unavailable.

Southeast Asian Immigrants — Continued

- 3. Poss JE. Hepatitis B virus infection in Southeast Asian children. Journal of Pediatric Health Care 1989;3:311–5.
- 4. Swerdlow AJ. Mortality and cancer incidence in Vietnamese refugees in England and Wales: a follow-up study. Int J Epidemiol 1991;20:13–9.
- 5. Bates SR, Hill L, Barrett-Connor E. Cardiovascular disease risk factors in an Indochinese population. Am J Prev Med 1989;5:15–20.
- Jenkins CNH, McPhee SJ, Bird JA, Bonilla NTH. Cancer risks and prevention behaviors among Vietnamese refugees. West J Med 1990;153:34–9.
- 7. CDC. Cigarette smoking among Chinese, Vietnamese, and Hispanics—California, 1989–1991. MMWR 1992;41:362–7.
- 8. Anda RF, Waller MN, Wooten KG, et al. Behavioral risk factor surveillance, 1988. MMWR 1990;39(no. SS-2):1-21.
- 9. CDC. Reducing the health consequences of smoking: 25 years of progress—a report of the Surgeon General. Rockville, Maryland: US Department of Health and Human Services, Public Health Service, 1989; DHHS publication no. (CDC)89-8411.

Cigarette Smoking Among American Indians and Alaskan Natives — Behavioral Risk Factor Surveillance System, 1987–1991

Cardiovascular disease and cancer are two of the leading causes of premature death among American Indians and Alaskan Natives (1). Although cigarette smoking contributes to these diseases, cigarette smoking behaviors among American Indians and Alaskan Natives have not been well characterized nationally (2,3). To better assess the impact of smoking on these populations, CDC analyzed data obtained from the Behavioral Risk Factor Surveillance System (BRFSS) during 1987–1991. This report summarizes the findings from this study.

Data were analyzed for 3102 American Indians and Alaskan Natives and for 297,438 white persons aged \geq 18 years from 47 states and the District of Columbia. Data were from the BRFSS, a telephone interview survey that uses a standardized, multistage, cluster sampling design. Data were weighted to provide estimates representative of each state. Current smokers were defined as persons who reported current smoking and who had smoked at least 100 cigarettes. Survey participants were asked the average number of cigarettes smoked per day. SESUDAAN (4) was used to calculate prevalence estimates, standard errors, and confidence intervals (5).

During 1987–1991, the prevalence of smoking was higher among American Indian and Alaskan Native men (33.4%) and women (26.6%) than among white men (25.7%) and women (23.0%). Although the prevalence of smoking declined with increasing education and income for white men, among American Indian and Alaskan Native men with a college education or more, the rate of smoking was substantially higher (37.5%) than for whites (14.6%) (Table 1).

The average number of cigarettes smoked per day among smokers was lower for American Indian and Alaskan Native men (19.4) and women (15.5) than for white men (21.4) and women (17.7)—a relation that was consistent across age, education, and income categories (Table 2).

Reported by: Epidemiology Br, Office on Smoking and Health, and Behavioral Risk Factor Surveillance Br, Office of Surveillance and Analysis, National Center for Chronic Disease Prevention and Health Promotion, CDC.

Editorial Note: The higher prevalence of smoking among American Indians and Alaskan Natives described in this report is consistent with findings from other national surveys (6,7). However, because many American Indians and Alaskan Natives in rural areas do not have telephones (8), this telephone survey may overrepresent urban respondents.

American Indians and Alaskan Natives — Continued

Explanations for the higher smoking prevalence among American Indians and Alaskan Natives may include lower educational attainment, lower income levels, traditional cultural practices involving tobacco use, and concurrent alcohol use (2,9). Culturally sensitive and empirically tested prevention and cessation efforts may be necessary to adequately address tobacco use in these populations.

The year 2000 national health objectives have targeted a smoking prevalence of 20% or less among American Indians and Alaskan Natives (objective 3.4f) (15% among the total population [objective 3.4]) (10). To achieve this objective, smoking-cessation and smoking-prevention efforts must be targeted and intensified for these groups.

References

- 1. Indian Health Service. Trends in Indian health, 1990. Rockville, Maryland: US Department of Health and Human Services, Public Health Service, 1990.
- US Department of Health and Human Services. Report of the Secretary's Task Force on Black and Minority Health. Vol 1: executive summary. Washington, DC: US Department of Health and Human Services, 1987; DHHS publication no. 86-621-604.
- 3. CDC. Reducing the health consequences of smoking: 25 years of progress—a report of the Surgeon General. Rockville, Maryland: US Department of Health and Human Services, Public Health Service, 1989; DHHS publication no. (CDC)89-8411.
- Shah BV. SESUDAAN: standard errors program for computing of standardized rates from sample survey data. Research Triangle Park, North Carolina: Research Triangle Institute, 1981.

	Ame		White						
		Men	1	Women		Men	1	Women	
Category	%	(95% CI [§])	%	(95% CI)	%	(95% CI)	%	(95% CI)	
Age (yrs)									
18-24	21.2	(12.2-30.2)	28.0	(17.1–38.8)	23.7	(22.6-24.9)	23.7	(22.7-24.7)	
25-44	39.7	(33.3-46.2)	27.0	(21.8-32.1)	29.7	(29.1-30.3)	26.7	(26.2-27.2)	
45–54	39.0	(25.9-52.1)	36.8	(24.0-49.6)	29.2	(28.1-30.3)	27.3	(26.3-28.3)	
≥55	28.2	(18.1–38.3)	14.3	(8.4–20.3)	18.4	(17.8–19.0)	16.4	(15.9–16.9)	
Education									
Less than high									
school diploma	40.5	(31.3–49.7)	29.3	(20.6–37.9)	34.1	(33.0–35.2)	26.4	(25.5–27.2)	
High school									
diploma	30.8	(23.6–38.1)	27.2	(20.8–33.7)	32.2	(31.5–33.0)	27.1	(26.6–27.7)	
Some college	28.4	(20.9–36.0)	26.6	(19.0–34.1)	24.3	(23.6–25.0)	22.8	(22.2–23.4)	
Undergraduate									
degree or higher	37.5	(19.7–55.3)	20.4	(6.7–34.1)	14.6	(14.0–15.1)	13.2	(12.7–13.8)	
Annual income									
<\$10,000	42.5	(29.8–55.2)	28.5	(21.7–35.3)	29.5	(28.1-31.0)	24.7	(23.9-25.6)	
\$10,000–\$14,999	42.8	(31.4-54.2)	30.9	(19.0-42.9)	29.6	(28.3-31.0)	26.6	(25.6-27.6)	
\$15,000-\$19,999	27.0	(16.5-37.5)	27.4	(16.4–38.4)	29.7	(28.4-31.0)	27.8	(26.7 - 28.9)	
\$20,000-\$24,999	32.5	(19.6-45.4)	19.6	(11.0-28.2)	30.5	(29.3-31.8)	26.2	(25.2 - 27.3)	
\$25,000-\$34,999	27.0	(16.1 - 38.0)	26.6	(14.4-38.9)	27.1	(26.2-28.0)	25.3	(24.4 - 26.1)	
≥\$35,000	31.0	(21.2-40.8)	23.4	(11.8–35.0)	22.1	(21.4-22.7)	19.6	(19.0-20.2)	
Total	33.4	(28.8–37.9)	26.6	(22.4–30.8)	25.7	(25.3-26.0)	23.0	(22.7–23.3)	

TABLE 1. Prevalence of cigarette smoking among American Indian, Alaskan Native, and white adults,* by sex, age, education, and income — United States, Behavioral Risk Factor Surveillance System, 1987–1991[†]

*Persons aged ≥18 years who reported having smoked at least 100 cigarettes and who were currently smoking.

Aggregated, weighted data.

[§]Confidence interval.

American Indians and Alaskan Natives — Continued

- Remington PL, Smith MY, Williamson DF, Anda RF, Gentry EM, Hogelin GC. Design, characteristics, and usefulness of state-based behavioral risk factor surveillance: 1981–1987. Public Health Rep 1988;103:366–75.
- Lefkowitz D, Underwood C. Personal health practices: findings from the Survey of American Indians and Alaska Natives. Rockville, Maryland: Public Health Service, Agency for Health Care Policy and Research, 1991; AHCPR publication no. (PHS)91-0034. [National Medical Expenditure Survey research findings no.10].
- 7. CDC. Cigarette smoking among adults-United States, 1990. MMWR 1992;41:354-5,361-2.
- Sugarman JR, Warren CW, Oge L, Helgerson SD. Using the Behavioral Risk Factor Surveillance System to monitor year 2000 objectives among American Indians. Public Health Rep 1992;107:449–56.
- 9. Schinke SP, Moncher MS, Holden GW, Botvin GJ, Orlandi MA. American Indian youth and substance abuse: tobacco use problems, risk factors and preventive interventions. Health Educ Res 1989;4:137–44.
- Public Health Service. Healthy people 2000: national health promotion and disease prevention objectives—full report, with commentary. Washington, DC: US Department of Health and Human Services, Public Health Service, 1991; DHHS publication no. (PHS)91-50212.

	Ame	rican Indian a	nd Al	askan Native		White					
		Men		Women		Men	1	Women			
Category	No.	(95% Cl ^{\$})	No.	(95% CI)	No.	(95% CI)	No.	(95% CI)			
Age (yrs)											
18-24	16.6	(12.8–20.3)	14.7	(10.9–18.4)	16.1	(15.6-16.5)	14.6	(14.2-15.0)			
25-44	20.1	(17.2-23.1)	15.8	(14.0–17.6)	21.5	(21.2-21.7)	17.9	(17.7-18.2)			
45–54	20.9	(14.6-27.3)	14.9	(11.7–18.2)	24.9	(24.3-25.4)	20.0	(19.6-20.5)			
≥55	18.0	(11.9–24.1)	18.0	(11.2–24.8)	22.2	(21.7–22.7)	17.6	(17.2–17.9)			
Education Less than high											
school diploma High school	23.7	(19.8–27.7)	15.1	(12.4–17.9)	22.4	(21.9–22.9)	19.3	(18.9–19.7)			
diploma	17.7	(14.3–21.0)	14.8	(12.8–16.7)	21.6	(21.3–21.9)	17.8	(17.6–18.1)			
Some college Undergraduate	18.8	(14.7-22.8)	17.9	(14.6–21.2)	20.9	(20.5–21.3)	17.1 16.4	(16.8–17.4)			
	12.0	().1 10.77		(0.4 10.1)	20.2	(10.7 20.7)	10.4	(10.0 10.0)			
	10 2	/15 1_21 2)	19.0	(15.0-21.1)	10 0	(19.2-20.6)	10 1	(17 7-18 5)			
¢10,000	16.0	(11.9-22.0)	14.6	(10.0-2.1.1)	20.1	(19.2 - 20.0)	17.7	(17.2-18.1)			
¢15 000 ¢10 000	14.2	(11.0-22.0)	12.2	(10.4-10.0)	20.1	(10.9-20.7)	19.2	(17.2-10.1)			
\$19,000-\$19,999	21.2	(15.6_29.1)	12.3	(10.0-15.0)	21.4	(20.0-22.0)	17.7	(17.2-10.7)			
\$20,000-\$24,555 ¢25,000-\$24,955	21.0	(15.0-20.1)	16.7	(3.2-15.1) (14.1-19.2)	21.0	(21.0-22.2) (21.5-22.4)	17.6	(17.2 - 10.1)			
\$25,000 – \$34,999 ≥\$35,000	19.6	(13.6–25.5)	16.3	(14.1=13.2)	21.9	(21.5–22.3)	17.7	(17.4–18.1)			
Total	19.4	(17.2–21.6)	15.5	(13.9–17.1)	21.4	(21.2–21.6)	17.7	(17.6–17.9)			

TABLE 2. Mean number of cigarettes smoked daily by current smokers among American Indian, Alaskan Native, and white adults,* by sex, age, education, and income — United States, Behavioral Risk Factor Surveillance System, 1987–1991[†]

*Persons aged ≥18 years who reported having smoked at least 100 cigarettes and who were currently smoking. These data include only persons who reported smoking one or more cigarettes per day.

[†]Aggregated, weighted data.

[§]Confidence interval.

The Morbidity and Mortality Weekly Report (MMWR) Series is prepared by the Centers for Disease Control and Prevention (CDC) and is available on a paid subscription basis from the Superintendent of Documents, U.S. Government Printing Office, Washington, DC 20402; telephone (202) 783-3238.

The data in the weekly *MMWR* are provisional, based on weekly reports to CDC by state health departments. The reporting week concludes at close of business on Friday; compiled data on a national basis are officially released to the public on the succeeding Friday. Inquiries about the *MMWR* Series, including material to be considered for publication, should be directed to: Editor, *MMWR* Series, Mailstop C-08, Centers for Disease Control and Prevention, Atlanta, GA 30333; telephone (404) 332-4555.

Director, Centers for Disease Control and Prevention	Editor, <i>MMWR</i> Series
William L. Roper, M.D., M.P.H.	Richard A. Goodman, M.D., M.P.H.
Deputy Director, Centers for Disease Control and Prevention Walter R. Dowdle, Ph.D. Director, Epidemiology Program Office Stephen B. Thacker, M.D., M.Sc.	Managing Editor, <i>MMWR</i> (weekly) Karen L. Foster, M.A. Writers-Editors, <i>MMWR</i> (weekly) David C. Johnson Barbara J. Reynolds Caran R. Wilbanks Editorial Assistant, MMWR (weekly) Darlene D. Rumph

☆U.S. Government Printing Office: 1993-733-131/67043 Region IV

Penalty for Private Use \$300

FIRST-CLASS MAIL POSTAGE & FEES PAID PHS/CDC Permit No. G-284