



S

E

P

S

I

S

**S**hivering,  
fever,  
or  
very cold

**E**xtrême  
pain or  
general  
discomfort  
("worst  
ever")

**P**ale or  
discolored  
skin

**S**leepy,  
difficult  
to wake  
up,  
confused

"**I** feel  
like I  
might  
die"

**S**hort  
of  
breath