People living with diabetes worldwide

Today **387 MILLION**

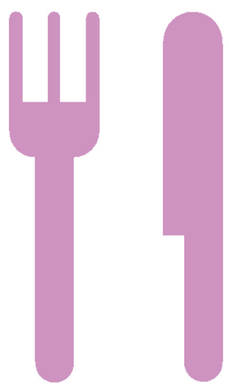
2035 **MORE THAN 1/2 BILLION**

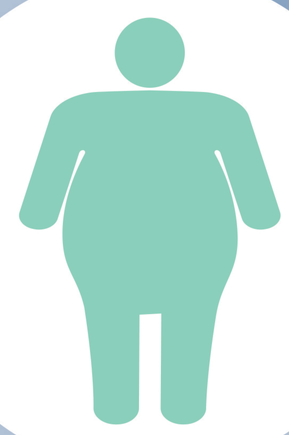
WAYS TO PREVENT OR DELAY TYPE 2 DIABETES

Exercise

Manage weight

Eat healthy





Learn more at www.cdc.gov/diabetes

Data courtesy of the International Diabetes Federation (www.idf.org)