CENTERS FOR DISEASE CONTROL



MORBIDITY AND MORTALITY WEEKLY REPORT

# Current Trends

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## Elimination of Rubella and Congenital Rubella Syndrome — United States

The administration of more than 123 million doses of rubella vaccine since 1969, the year of licensure, has successfully prevented epidemics of rubella and congenital rubella syndrome (CRS) from occurring in the United States (1, 2). Reported cases of rubella and CRS are at all-time lows. The provisional 1984 totals for rubella cases and confirmed and compatible cases of CRS are 745 and two, respectively. Compared to prevaccine years, the number of reported rubella cases has decreased 98.7% overall, with 90% or higher declines recorded for all age groups (3-5). Similarly, the number of reported confirmed and compatible CRS cases has declined by 97.1% since 1970, the year the highest number of such cases was reported (4). Although there is believed to be underreporting of both rubella and CRS, these figures represent considerable progress.

Rubella vaccination has had a dramatic effect on the occurrence of rubella and CRS. Nonetheless, CRS cases continue to be reported at a low endemic level because the current 10%-20% susceptibility rate to rubella in the childbearing-aged population (6-8) has changed little from that noted in prevaccine years (9). The initial vaccination strategy adopted by the United States was aimed at controlling rubella in preschool-aged and young school-aged children, the known reservoirs for rubella transmission (9). The intent was to prevent exposure of susceptible pregnant women to rubella virus (10). Accordingly, the primary target group for vaccination was children of both sexes. Secondary emphasis was placed on vaccinating susceptible adolescents and young adults, especially women. While more than 95% of school enterers now provide evidence of immunization against rubella, comparable levels of rubella immunization have not been achieved in the postpubertal population. As a result, there is continuing endemic rubella activity among adolescents and young adults (3,11).

As the highly immune cohorts of young children enter the childbearing age, CRS can be expected to disappear from this country. However, since this process will take 10-30 years, potentially preventable cases of CRS will occur (2). It is estimated that each case incurs an average lifetime cost of over \$200,000 (12). Furthermore, unnecessary instances of miscarriages, stillbirths, and induced abortions resulting from congenital infection will continue to occur.

Recent focus on the continued occurrence of rubella in childbearing-aged populations has led to increased efforts to effectively vaccinate this population and thus hasten the elimination of CRS (*3-5,11*). The number of doses of rubella vaccine administered in the public sector to postpubertal individuals doubled between 1978 and 1981 (*3*). The trend of increasing vaccination of this population is continuing. This has been accomplished in part by vaccinating susceptible students attending junior and senior high schools, clients of family planning clinics, hospital personnel, college and university students, women following premarital screening, and women immediately postpartum.

## U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES / PUBLIC HEALTH SERVICE

## Rubella and Congenital Rubella Syndrome – Continued

There still are, however, gaps in attempts to hasten CRS elimination. A number of states do not require proof of rubella immunity for postpubertal female elementary and secondary school students. The same is true of many colleges, universities, and health-profession institutions. When women are seen by internists or obstetricians/gynecologists, rubella immune status is not commonly considered. When women are screened for rubella immunity either premaritally or prenatally or in family planning clinics, only a low proportion of susceptibles so identified are subsequently vaccinated.

An initiative to hasten elimination of rubella has recently begun. As with measles elimination, efforts to eliminate CRS are aimed at (1) achieving and maintaining high immunization levels, (2) intensified surveillance of rubella and CRS, and (3) prompt outbreak control (2, 11). Specific activities will focus on further increases in the delivery of rubella vaccine to women of childbearing age and enhancement of the lay and medical communities' awareness of the current rubella and CRS situation.

Vaccination of a nonschool-based population poses many logistical problems. A multifaceted approach that involves both the public and private sectors will be needed (2, 13). Furthermore, information that may help identify select groups at increased risk of not being vaccinated will have to be sought to help focus vaccination efforts. However, considering the economic impact of CRS and the other outcomes of rubella infection during pregnancy, any effort that can hasten the elimination of CRS should be undertaken.

Reported by Div of Immunization, Center for Prevention Svcs, CDC.

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## Preventing Lead Poisoning in Young Children — United States

CDC has issued a new statement on preventing lead poisoning in young children (1). This statement replaces the 1978 statement (2), which defined levels for elevated blood lead, undue lead absorption, lead toxicity, and lead poisoning. The 1985 statement is intended to serve as a guideline for lead-poisoning prevention programs in the United States.

Since 1978, investigators have reported adverse effects from low-level lead exposure on children's behavior and intelligence (3), hemoglobin formation in red blood cells (4), and

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#### MMWR

## Lead Poisoning -- Continued

metabolism of vitamin D (5). These studies demonstrate that little or no margin of safety is associated with a level of 30 micrograms of lead per deciliter ( $\mu$ g/dl) of whole blood—the lowest level defined as elevated in CDC's 1978 statement.

To be successful, a screening program designed to prevent childhood lead poisoning requires, not only an acceptable and cost-effective screening procedure, but also medical follow-up and means of preventing the child from future exposure to lead (6). The erythrocyte protoporphyrin (EP) test is recommended as the screening test for lead toxicity because it can be easily performed on a drop of blood obtained from a finger prick and placed in a portable fluorometer. Since EP levels increase in both lead poisoning and iron deficiency, follow-up testing for elevated blood lead and/or iron deficiency must be done.

Some major changes in the 1985 statement compared with the 1978 statement are:

- 1. An elevated blood lead level, which reflects excessive absorption of lead, is defined as a concentration of lead in whole blood of 25  $\mu$ g/dl or greater (formerly 30  $\mu$ g/dl or greater).
- Lead toxicity is defined as an elevated blood lead level with an EP level in whole blood of 35 μg/dl or greater (formerly 50 μg/dl or greater).
- 3. Lead is most harmful to children between the ages of 9 months and 6 years. Ideally, all children should be screened. As more children are screened for iron deficiency by EP testing, simultaneous lead screening of these same groups becomes feasible.
- 4. For EP levels greater than 35  $\mu$ g/dl, EP values obtained with hematofluorometers are generally lower than EP values obtained by the extraction method. Therefore, separate cut-off levels are used for classifying the urgency of medical follow-up.
- Greater reliance is placed on the calcium disodium EDTA mobilization ("Provocative Chelation") test in determining whether a full course of chelation therapy is indicated for children with blood lead levels in the 25-55 μg/dl range.

The revised lead statement, Preventing Lead Poisoning In Young Children: A Statement by the Centers for Disease Control: January 1985, will be available on request after March 1, 1985, from: Publication Activities, Center for Environmental Health, Centers for Disease Control, Atlanta, Georgia 30333; (404) 452-4102.

Reported by Special Studies Br, Chronic Diseases Div, Center for Environmental Health, CDC.

**Editorial Note:** The second National Health and Nutrition Examination Survey (NHANES II, 1976-1980) found that children from all geographic and socioeconomic groups are at risk of lead poisoning (7). An estimated 3.9% (or nearly one of 25) of the children in the United States under 5 years of age had blood lead levels of 30  $\mu$ g/dl or greater—levels possibly causing adverse physiologic and neurobehavioral effects. Between 1976 and 1980, the overall mean blood lead levels dropped from 14.6  $\mu$ g/dl to 9.2  $\mu$ g/dl, and this corresponded with a decline in the sales of leaded gasoline during this period (8).

Lead-based paint continues to be the major source of high-dose lead exposure and asymptomatic lead poisoning for children in the United States. Since 1977, paint produced for household use must, by regulation, contain no more than 0.06% (600 parts per million [ppm]) lead by dry weight, but some paints manufactured in the 1940s for indoor use contained more than 50% (500,000 ppm) lead. An estimated 27,000,000 households in this country remain contaminated by lead paint (9).

Typically, symptomatic lead poisoning occurs among children under 6 years old living in deteriorated, pre-World War II housing. Repeated ingestion of nonfood substances has been shown to be associated with lead poisoning in young children (10), but it is not a prerequisite for lead poisoning (11), since children's normal mouthing behavior alone is sufficient to cause those living in contaminated homes to have high lead exposure. Lead poisoning has been reported in children whose parents moved to a city as "urban homesteaders"; the children were exposed to chips, dust, or fumes from lead-based paint when the old houses were remodeled or renovated (10).

## Lead Poisoning – Continued

Other potential sources of lead exposure include the use of imported lead-glazed pottery for cooking (12) or storing food and hobbies and activities involving lead, such as working with stained glass or casting lead objects.

The highest priority for screening should be given to 12- to 36-month-old children who live in or frequently visit older, dilapidated housing, who live near lead smelters or other industrial sources of lead, or whose parents work with materials containing lead.

Screening all children for lead toxicity—including those not suspected of having been exposed to lead—is feasible, since the EP test can also be used as the screening for iron deficiency. Recently, in a nutritional assistance program, the EP test was used to screen children for iron deficiency (13), and some Hmong refugee children were found to have lead toxicity. The source was traced to a Hmong folk remedy used for treating infants and children with fevers.

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		5th Week End	ling	Cumula	tive, 5th Week	Ending
Disease	Feb. 2, 1985	Feb. 4, 1984	Median 1980-1984	Feb. 2, 1985	Feb. 4, 1984	Median 1980-1984
Acquired Immunodeficiency Syndrome (AIDS)	154	68	N	509	348	N
Aseptic meningitis	55	88	88	311	464	433
Encephalitis: Primary (arthropod-borne						
& unspec.)	18	21	13	60	75	78
Post-infectious	1	-	1	5	5	7
Gonorrhea: Civilian	16,575	15,247	19,189	74,295	81,011	92,424
Military	393	409	622	1.414	2,049	2,572
Hepatitis: Type A	474	402	513	1,707	1,785	2,202
Type B	552	516	375	1.978	2,121	1,666
Non A, Non B	74	71	N	316	302	N
Unspecified	91	71	183	353	363	752
Legionellosis	12	5	N	48	31	N
Leprosy	1	1	4	10	16	14
Malaria	13	16	16	49	61	61
Measles: Total*	11	101	40	23	143	143
Indigenous	i	52	N	- 3	87	N
Imported	10	49	N	20	56	N
Meningococcal infections: Total	65	64	62	224	257	277
Civilian	65	64	62	224	257	269
Military		-	-			1
Mumps	46	61	75	199	301	379
Pertussis	17	15	29	84	117	95
Rubella (German measles)	2	7	35	16	35	137
Syphilis (Primary & Secondary): Civilian	527	607	645	2,214	2,648	2,915
Military	3	2	7	15	33	42
Toxic Shock syndrome	8	13	Ň	29	43	Ň
Tuberculosis	282	388	442	1.380	1,559	1.912
Tularemia	5	500	2	13	1,000	1,512
Typhoid fever	6	4	27	13	26	32
Typhus fever, tick-borne (RMSF)	°	1	1	2	20	6
Rabies, animal	51	84	93	237	337	422
nables, aminar	51	04	33	237	337	422

### TABLE I. Summary-cases of specified notifiable diseases, United States

### TABLE II. Notifiable diseases of low frequency, United States

	Cum. 1985		Cum. 1985
Anthrax	-	Plaque	
Botulism: Foodborne	· ·	Poliomyelitis: Total	-
Infant	3	Paralytic	-
Other	- 1	Psittacosis (W. Va. 6, Ariz, 1, Calif, 2)	14
Brucellosis (Upstate N.Y. 2, Mich. 1, Calif. 1)	5	Rabies, human	-
Cholera	- 1	Tetanus (W. Va. 1)	3
Congenital rubella syndrome	-	Trichinosis	4
Diphtheria	-	Typhus fever, flea-borne (endemic, murine)	
Leptospirosis	5		

\*Five of the 11 reported cases for this week were imported from a foreign country or can be directly traceable to a known internationally imported case within two generations.

			Febru	iary 2, 1	985 and F	ebruary 4,	1984 (	5th We	ek)			
		Aseptic	Encep	halitis	Gonorrhea		н	epatitis (V	Legionel-			
Reporting Area	AIDS	Menin- gitis	Primary	Post-in- fectious	(Civ	ilian)	A	В	NA,NB	Unspeci- fied	losis	Leprosy
	Cum. 1985	1985	Cum. 1985	Cum. 1985	Cum. 1985	Cum. 1984	1985	1985	1985	1985	1985	Cum. 1985
UNITED STATES	509	55	60	5	74,295	81,011	474	552	74	91	12	10
NEW ENGLAND Maine	17 1	1	2	-	2,449 101	2,728 106	9	28	4	21	1	-
N.H.	-	1	1	-	47	61	-	3	1	-	-	-
Vt. Mass	11	:	1	-	26 843	33 985	- 5	16	3	19	-	-
R I. Conn	1	-	-	-	186 1,246	134 1,409	2 2	3	-	2	1	-
MID ATLANTIC	218	5	2	-	9,864	9,583	29	68	6	-	1	1
Upstate N.Y.	41	5	2	-	958	1,417	15	37	4	4	-	-
N Y City N J	130 31	:	:	-	4,278 1,352	4,116 1,374	3 8	9 5	2	1	-	1
Pa	16	-	-	-	3,276	2,676	3	17	2	-	1	-
E N CENTRAL Ohio	36 9	12 3	20 8	2 1	10,544 2,798	12,130 2,662	42 8	51 10	5	2	5 4	-
Ind	2	-	4	-	959	1,607	3	8	1	1	-	-
lll Mich	15 6	2 7	7	-	3,601 3,019	3,462 3,245	3 28	3 30	4	1	1	-
Wis	4	, -	í	1	167	1,154	-	-	-	-	-	-
W N CENTRAL	8	2	3	-	4,300	3,603	13	21	2	1	1	-
Minn Iowa	1	-	3	-	639 449	555 463	3 1	6 2	1	1	-	-
Mo	4	-	-	-	1,952	1,550	-	12	1	-	1	-
N Dak S Dak	1	2	-	-	24 91	39 122	- 9	1	-	-		-
Nebr		-	-	-	400	270	-	-	-	-	-	-
Kans	2	-	-	-	745	604	-	-		-	-	-
S ATLANTIC Del	57 1	9	8 1	-	15,614 355	20,247 335	17 2	77 1	8	4	1	-
Md	7	1	2	-	2,089	2,867	-	4	3	2		-
D C Va	10 6	3		-	1,257 1,657	1,438 2,082	1	6 14	1	-	-	-
W Va	-	-	-	-	255	216	-	2	-	-	-	-
N C S C	6 1	1	5	-	3,008 2,222	3,091 1,879	1	7 9	1	-	-	-
Ga	7	-		-	-	3,968	1	12	2	1	1	-
Fla	19	4	-	-	4,771	4,371	12	22			-	-
E S CENTRAL Ky	4	5 3	2	2	6,310 714	6,561 866	14 13	39 17	2 1	1	-	-
Tenn	-	-	1	-	2,577	2,687	-	14	1	-	-	-
Ala Miss	2 1	1 1	1	2	2,035 984	2,111 897	1	6 2	-	-	-	-
W S CENTRAL	36	5	3	-	11,757	11,096	55	20	5	26	-	-
Ark La	1	-	-	-	1,112 2,390	1,020 2,748	1 5	5	1	-	-	-
Okla	-	2	3	-	1,166	1,287	14	2 13	3 1	4 22	-	-
Tex	35	3	-	-	7,089	6,041	35			7	-	-
MOUNTAIN Mont	12	4	3	-	2,464 80	2,384 117	55 3	36 1	3 1	-	-	-
Idaho	-	-	-	-	82	104	3	-	-	-	-	-
Wyo Colo	4	-	2	-	45 630	63 604	11	1 5	-	1	-	-
N Mex	2	-	-	-	316	293	14	13	1	2	-	-
Ariz Utah	4	4	1	-	806 106	641 135	14 5	11	1	4	-	-
Nev	2	-	-	-	399	427	5	5	-	-	-	-
PACIFIC	121	12	17	1	10,993	12,679	240	212	39	23	3	9
Wash Oreg	1	-	1	-	620 662	788 643	12 19	10 15	2 2		-	1
Calif	116	11	16	1	9,262	10,791	209	186	35	23	3	7
Alaska Hawaii	:	1		2	292 157	275 182	-	1	-	-	-	1
Guam		U			-	31	U	U	U	U	υ	-
PR VI	8	2	1	-	419 39	301 49	14	8	1	-		-
Pac Trust Terr	-	Ū	-	-		40 -	Ű	Ū	Ū	Ū	U	-

## TABLE III. Cases of specified notifiable diseases, United States, weeks ending Eebruary 2 1095 and Eebruary 4 1094 (5th Week)

N Not notifiable

February 2, 1985 and February 4, 1984 (5th Week)															
	Malaria	Measles (Rubeola) Menin- gococcal Indigenous Imported * Total Infostions		Mur				Duballa.							
Reporting Area	Cum.	1985	Cum	Impoi 1985	Cum.	Total Cum	Infections Cum.		Cum.		Pertussis Cum.	Cum		Rubella Cum	
	1985	L	1985		1985	1984	1985	1985	1985	1985	1985	1984	1985	1985	Cun 198
UNITED STATES	49	1	3	10	20	143	224	46	199	17	84	117	2	16	35
NEW ENGLAND Maine	1	-	-	-	2	-	15 1	1	7 1	-	1	2	:	2	1
N.H. Vt.	-	-	-	-	-	-	2	-	-	-	-	1	-	1 -	
Mass. R.I.	1	-	-	-	•	-	3	1	5	-	1	-	-	1	-
Conn.	-	-	-	1	-	-	6 3	-	1	2	2	1	2	-	
VID ATLANTIC	7	-	-	1	1	-	24	4	31	2	16	5	1	5	
Jpstate N.Y. N.Y. City	2 2	-	-	1†	1	-	8 1	4	26	1	4	5	i	1	-
N.J. Pa.	- 3	-	-	-	-	-	8	-	3	-	4	-	:	3 1	-
		-		-	-		7	-	2	1	8	-	-	-	-
IN. CENTRAL	4 1	-	1	-	-	103	48 20	14 6	59 31	2	19 8	15	-	-	4
nd. I.	-	-	:	-	-	-	5	3	6	2	10	5	2	-	-
Aich.	3	-	-	-	2	11 92	3 16	5	8 13	:	1	5 3	-	:	3
Vis.	-	-	1	-	-	-	4	-	1	-	-	2	-	-	-
V.N. CENTRAL finn.	1	:	-	-	-	-	12 3	2	6	4	5	41	-	1	2
owa No.	- 1	-	-	-	-	-	2	-	1	-	1	2 3		-	-
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	7	1	1	1	1	-	34	4	17	6	11	14	-	1	2
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I.C. I.C.	1	-	-	-	-	-	10 5	2	1	2	4	1		1	-
ba. Ia.	2	1	1	-	-	:	3 7	1	2 3	1 2	1	3	-	-	1
S. CENTRAL	2					2	13	•	1	2	5	3		-	1
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V.S. CENTRAL	1	-	-	-	-	7	13	4	16	-	4	12		1	4
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OUNTAIN				5	8	17	15	4	25		-		-	•	3
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olo.	-	-	-	-	-	-	4	1	4	1	ī	9	-	-	-
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tah ev.	:	2	-	-	:	17	2	1	2	-	-	-	-	-	2
ACIFIC	26	-	1	3	10	14	50	13	37	2	23	14	-	-	•
/ash. reg.	4	-	-	-	-	2	6	1	2	-	1	6	1	5	19
alif.	20	-	1	3†	9	10	3 41	N 11	N 30		4 15	4 4	1	5	- 19
laska awaii	1 1	-	-	-	1	2	-	1	1 4	2	1 2	-	-	-	
uam	-	υ	-	U		9	-	U	-	υ	-		U	-	1
R. I.	-	2	15 2	-	-	-	8	2	11	-	1	-	2	2	1
	-	∠	2	-	-						-	-	-	-	

TABLE III. (Cont'd.) Cases of specified notifiable diseases, United States, weeks ending February 2, 1985 and February 4, 1984 (5th We .....

\*For measles only, imported cases includes both out-of-state and international importations. †International

0	Syphilis (Primary &	(Civilian) Secondary)	Toxic- shock Syndrome	Tuber	culosis	Tula- remia	Typhoid Fever	Typhus Fever (Tick-borne) (RMSF)	Rabies Anima
Reporting Area	Cum. 1985	Cum. 1984	1985	Cum 1985	Cum 1984	Cum. 1985	Cum. 1985	(RMSF) Cum. 1985	Cum 1985
JNITED STATES	2,214	2,648	8	1,380	1,559	13	13	2-1	237
IEW ENGLAND	54	71		48	46		1		_
faine	2	í	-	2	4		-	-	-
i.H. (t.	-	-	-	-	3	-	-	-	-
lass	26	46	-	32	16	-	-	-	
3	1	3	-	6	9	-	-	-	-
Conn	25	21	-	8	14	-	1	-	-
ID ATLANTIC	316	330	-	345	298	-	1	-	57
lpstate N Y	15	31	-	34	41	-	1	-	9
IY City IJ	200 62	187 62	-	170 56	131 71		-	-	-
a	39	50	-	85	55		-	-	48
			-						
N CENTRAL	118 10	148 29	3 1	162 30	195 49	-	-	1	4
nd	8	21	-	19	21		-	-	-
1	77	72	-	75	79	-	-	-	1
lich Vis	18 5	17 9	2	29 9	36 10	-	-	-	3
	•					-		-	
V N CENTRAL	19	49	1	28	41	4	2	-	29
linn Swa	6	12 4	1	4 12	3 8	-	2	-	1 17
10	8	26	-	5	19	3	-	-	4
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ATLANTIC el	539 3	828	1	275 3	362	3	3	1-1	17
ld	47	44	-	32	53	-	1	-	-
С	25	23	-	18	8	-	-	-	-
a / Va	32	44 5	-	9 10	30 12	-	1	-	5
С	68	73	-	24	62	3	-	1	-
С	75	86	-	36	51	-	-	-1	2
a	289	146 407	1	30 113	39 103	-	1		10
-									
S CENTRAL	215	169 7	-	102 15	142 30	1	-	-	14 2
y enn	9 36	45	-	31	51	1		-	1
la	88	60	-	53	58	-	-	-	11
ISS	82	57	-	3	3	-	-	-	-
S CENTRAL	477	586	1	102	99	1	-	-	46
rk	32	20	-	6	1	-	-	-	6
a kla	109 22	134 13	1	41 16	22 12	1	-	-	3
ex execution of the second sec	314	419	-	39	64	-	-	-	33
OUNTAIN	~~				20	~			35
OUNTAIN ont	92	59	-	21 2	29 1	3	-	-	35
aho	1	2	-	-	i	-	-	-	-
yo .	2	1	-	-	-	-	-	-	2
olo Mex	19 7	7 8	-	2	- 9	1	-	-	1
1Z	58	20	-	14	16	-	-	-	21
ah	1	3 18	-	3	1	2	-	-	-
8v	4	18	-	3	1	-		-	
CIFIC	384	408	2	297	347	1	6	-	35
ash		17	1	5	17	:	-	-	-
reg alif	15 362	13 366	1	9 275	13 282	1	6	-	35
aska	-	-	-	-	8	-	-	-	-
awaii	7	12	-	8	27	-	-	-	-
Jam	-		U	-	-	-	-	-	-
R	105	91	-	16	22	-	1	-	1
l.		1				-		-	

# TABLE III. (Cont'd.) Cases of specified notifiable diseases, United States, weeks ending

U Unavailable

TABLE IV. Death	in 121 U.S. cities,* week ending
February	2, 1985 (5th Week)

		All Caus	es, By A	ge (Year	s)					All Cause	es, By Ag	ge (Years	5)		
Reporting Area	All Ages	≥65	45-64	25-44	1-24	< 1	P&I** Total	Reporting Area	All Ages	≥65	45-64	25-44	1-24	<1	P&I** Total
NEW ENGLAND	824	618	131	40	15	19	78	S. ATLANTIC	1,520	973	364	95	34	53	62
Boston, Mass. Bridgeport, Conn.	231	166	43	12	4	6	29	Atlanta, Ga.	178	105	49	16	6	2	4
Cambridge, Mass	67 26	53 23	6 1	6 2	1	1	4	Baltimore, Md. Charlotte, N.C.	349	206	95	25	10	13	6
Fall River, Mass.	25	21	4	-	2	-	1	Jacksonville, Fla.	81 129	52 86	18 35	4 6	2 2	5	4 7
Hartford, Conn.	73	51	13	2	2	4	3	Miami, Fla.	147	85	49	8	1	4	3
Lowell, Mass. Lynn, Mass.	24 18	22 14	1	-	-	1	2	Norfolk, Va.	57	32	11	4	1	9	1
New Bedford, Mass		22	4	1	1	-	2	Richmond, Va. Savannah, Ga.	92	54	31	3	2	2	5
New Haven, Conn.	86	57	19	6	ź	2	1 2	St. Petersburg, Fla.	58 163	35 135	15 16	6 6	2 3	3	3
Providence, R.I.	86	69	11	2	3	ī	11	Tampa, Fla.	80	37	28	9	3	5	21 4
Somerville, Mass. Springfield, Mass.	15	11	2	1	1	-	2	Washington, D.C.	119	104	1	5	3	6	3
Waterbury, Conn.	57 24	41 19	13 3	1		2	4	Wilmington, Del.	67	42	16	3	2	4	1
Worcester, Mass	67	49	10	5	1	2	3 10	E.S. CENTRAL	854	546	207	40	20	~ •	
				•	•	•	10	Birmingham, Ala	122	78	31	46 6	30 3	24 4	56 7
	3,349	2,287	703	213	68	77	211	Chattanooga, Tenr		40	12	2	1		7
Albany, N.Y. Allentown, Pa.	64 14	40 13	15 1	3	4	2	1	Knoxville, Tenn	78	48	21	5	4	-	1
Buffalo, N.Y.	232	163	42	19	3	4	22	Louisville, Ky Memphis, Tenn	134 191	85	27	8	5	9	9
Camden, N.J.	59	36	17	2	4	-	22	Mobile, Ala	64	125 45	45 10	10 4	7 2	4 2	16
Elizabeth, N.J.	25	19	3	3	-	-	2	Montgomery, Ala	77	48	17	7	4	1	2 4
Erie, Pa.† Jersey City, N.J.	56 57	47 37	8 15	-	-	1	9	Nashville, Tenn	133	77	44	4	4	4	10
	1,795	1,219	372	3 131	40	2 33	2 119	W.S. CENTRAL	1 005						
Newark, N.J.	125	61	36	10	5	13	3	Austin, Tex.	1,305 51	806 28	284 10	97 9	46 2	71 2	84 7
Paterson, N.J.	45	29	10	3	1	2	2	Baton Rouge, La	46	34	4	6	1	1	1
Philadelphia, Pa.† Pittsburgh, Pa.†	318 109	205 75	76	21	7	9	23	Corpus Christi, Tex	65	42	14	5	2	2	i
Reading, Pa.	30	25	23 4	7	-	4	5 2	Dallas, Tex El Paso, Tex	217	126	50	18	6	17	10
Rochester, N.Y.	143	117	21	2	3	- 2	12	Fort Worth, Tex.	70 100	38 53	23 23	5 8	1 6	3 9	10 12
Schenectady, N.Y.	32	24	6	1	-	1	-	Houston, Tex	170	102	45	6	11	6	5
Scranton, Pa.† Syracuse, N.Y.	20 106	15 73	5	-		-	1	Little Rock, Ark	54	32	10	5	3	4	7
Trenton, N.J.	46	33	25	3 2	1	4 2	2 1	New Orleans, La. San Antonio, Tex	137 224	88	33	10	1	5	1
Utica, N.Y.	24	18	5	ī	-	-	2	Shreveport, La	73	142 51	42 13	17 5	9 1	14 3	23 1
Yonkers, N.Y.	49	38	10	1	-	-	1	Tulsa, Okla	98	70	17	3	3	5	6
E.N. CENTRAL	2,632	1,843	477	129	73	109	132	MOUNTAIN	780	509	170	52	29	18	46
Akron, Ohio Canton, Ohio	70 42	47 33	16 7	1	4	3	4	Albuquerque, N.Me Colo. Springs, Colo	× 105	66	23	10	6	-	4
Chicago, III §	568	465	13	29	18	42	6 17	Denver, Colo	43	25 84	14 25	3 4	3	1	9
Cincinnati, Ohio	208	140	46	9	6	7	25	Las Vegas, Nev	115	72	25	9	3 6	3 1	12
Cleveland, Ohio	201	125	54	7	5	10	4	Ogden, Utah	26	17	4	2	-	3	í
Columbus, Ohio Dayton, Ohio	131 144	92 102	26	6 4	3 2	4	7	Phoenix, Ariz	179	111	40	14	9	5	1
Detroit, Mich.	312	190	35 69	29	11	1 13	3 10	Pueblo, Colo. Salt Lake City, Utal	32 50	23 27	5	2	2	-	4
Evansville, Ind.	55	36	17	1	· -	1	3	Tucson, Ariz	111	84	13 20	5 3	1 2	3 2	8
Fort Wayne, Ind	66	47	8	5	1	5	3			-		Ū	-	-	0
Gary, Ind. Grand Rapids, Micl	18 h 62	7 44	5 15	1 3	5	-	1 9	PACIFIC Berkeley, Calif.	2,431	1,727	442	146	49	55	201
Indianapolis, Ind.	209	132	52	11	- 5	9	9 5	Fresno, Calif.	25 86	17 65	5	2 4	1	- 3	1
Madison, Wis.	37	22	11	1	1	2	4	Glendale, Calif.	28	16	13 9	3	1	3	17
Milwaukee, Wis	160	110	35	6	2	7	5	Honolulu, Hawaii	75	55	14	5	1	-	10
Peoria, III. Rockford, III.	53 60	35 46	9 8	5 4	2	2	5 7	Long Beach, Calif.	127	82	25	10	4	6	6
South Bend, Ind.	46	37	7	4	1	1	5	Los Angeles, Calif. Oakland, Calif.	639 96	453 67	120 15	36 9	13 4	13 1	29 6
Toledo, Ohio	122	79	32	4	5	2	7	Pasadena, Calif.	40	33	3	2	4	2	2
Youngstown, Ohio	68	54	12	2	-	-	2	Portland, Oreg	150	111	28	7	3	1	20
W.N. CENTRAL	845	588	175	38	18	26	61	Sacramento, Calif. San Diego, Calif.	159 181	116	28	8	-	7	20
Des Moines, Iowa	69	500	12	2	1	20	8	San Francisco, Cali		114 176	38 46	11 19	6 4	4 9	20 16
Duluth, Minn	24	17	5	ī	-	ī	-	San Jose, Calif.	235	173	38	16	5	3	26
Kansas City, Kans.	32	21	9	1	1	-	1	Seattle, Wash	203	158	28	11	4	2	14
Kansas City, Mo. Lincoln, Nebr	117 29	80 23	28 3	5 1	1 2	3	14	Spokane, Wash	39	27	8	1	2	1	8
Minneapolis, Minn	29 90	62	3 19	2	3	4	1 9	Tacoma, Wash	94	64	24	2	1	3	5
Omaha, Nebr	95	64	20	5	2	4	5	TOTAL	14,540	T 9.897	2,953	856	362	452	931
St. Louis, Mo.	210	154	35	11	3	7	10		.,		2,000				551
St. Paul, Minn.	63 116	43 72	15 29	5 5	Ē	÷	2								
Wichita, Kans.	110	12	29	5	5	5	11								

Mortality data in this table are voluntarily reported from 121 cities in the United States, most of which have populations of 100,000 or more. A death is reported by the place of its occurrence and by the week that the death certificate was filed. Fetal deaths are not included

\*\* Pneumonia and influenza

the denomination of changes in reporting methods in these 4 Pennsylvania cities, these numbers are partial counts for the current week. Com-plete counts will be available in 4 to 6 weeks.
the total includes unknown ages.

§ Data not available. Figures are estimates based on average of past 4 weeks.

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### MMWR

## Lead Poisoning - Continued

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## Epidemiologic Notes and Reports

## Hepatitis B among Dental Patients — Indiana

Between April 1, and December 30, 1984, nine cases of clinical hepatitis B (HB) occurred in a rural Indiana county (population 35,000); this was nine times the normal yearly HB incidence for the past decade. Two of the cases resulted in fatal fulminant hepatitis; an additional case was complicated by polyarteritis nodosa, mononeuritis multiplex, and paralysis. All cases except one had been treated by a dentist in the county.

In mid-September, the dentist, who had practiced general family dentistry in the county for 20 years and saw between 100 and 150 patients per week, noted that all three of the cases to date had been his patients. Because of his possible involvement, he was tested for hepatitis B surface antigen (HBsAg) and found to be positive. He then voluntarily suspended his practice and notified health authorities. Initial investigation by the Indiana State Board of Health and CDC revealed that seven patients who had developed clinical HB between April 1 and October 1 were among the dentist's patients. All were positive for HBsAg, subtype *ad*, and all of six available sera were positive for the IgM fraction of hepatitis B core antibody (anti-HBc IgM), indicating probable recent infection. Although the dentist had no known history of HB infection, his serum was positive for HBsAg, subtype *ad*, and hepatitis e antigen (HBeAg) but negative for anti-HBc IgM.

The dentist did not routinely wear gloves when treating patients but denied lacerations or dermatitis on the hands. He gave no history of hepatitis and had no knowledge of HB carriers in his practice. Other than practicing dentistry, he denied all risk factors for HB. He was not a blood donor and had never been tested serologically for hepatitis. On April 25, and May 30, 1984, he had received his first two doses of HB vaccine.

Further investigation of the outbreak by CDC in late October concentrated on case-finding and interviews of the dentist, his assistants, and the known HB patients and their families. Appropriate blood specimens were also taken. A comparison of the dentist's 1984 patient list with reported HB cases in Indiana uncovered no new cases. However, a review of county resi-

## Hepatitis B - Continued

dents rejected for blood donation because of HBsAg-positivity found one patient, who, asymptomatic at the time, had been treated by the dentist several times between May and July and was rejected for blood donation in August. Since she had donated blood in March, her HB infection was considered outbreak-related. Clinical disease, however, did not develop until November 13, nearly 3 months after she became antigen-positive.

The spouse of one HB patient was found to be HBsAg positive, serotype *ad*, HBeAg positive, and anti-HBc IgM negative. He had not been treated by the dentist within the last 2 years but had other risk factors for HB. No other patient's family member had positive HB markers. The patients had no histories of risk factors for HB except traumatic dental work (procedures that produced bleeding) by the dentist 3-5 months before onset of symptoms. None of the HB patients were taking hepatotoxic drugs. Antibody and antigen tests for delta virus were negative on the dentist and all seven of the HB patients tested.

In mid-December, a large seroprevalence study was carried out on the dentist's patients in an attempt to determine the degree of subclinical transmission; results of this study are pending. The dentist has not resumed his practice.

Reported by RH Hamm, MD, RB Peare, MD, WL Painter, KC Allman, M Hamilton, K Cutting, CL Barrett, MD, State Epidemiologist, Indiana State Board of Health; Hepatitis Br, Div of Viral Diseases, Center for Infectious Diseases, CDC.

**Editorial Note:** HB is a significant health risk for dental professionals (1, 2) but is only rarely associated with transmission from dentist to patient. Seven HB outbreaks traced to dentists or oral surgeons have been reported. In each instance, the dental professional was a chronic carrier of HB virus and was HBeAg positive, indicating high titers of HB virus in blood. None used gloves when treating patients. Transmission of HB virus was thought to occur by transfer of infective serum from the dentist's hands into the patient's mouth through small abrasions, lacerations, or dermatitis. When subclinical transmission was studied, the overall rate of infection ranged from 1.5 infections per 100 patients screened to 11.1/100. The risk of transmission correlated with the amount of trauma involved in the dental procedure. For those dentists who remained carriers and returned to work, wearing gloves was usually successful in preventing further transmission (3).

The present outbreak illustrates again that HBsAg-positive dentists can unknowingly transmit infection to patients. Available epidemiologic and serologic data suggest that the Indiana dentist was infected before January 1984, too early to be affected by HB vaccine started in April, and that he probably obtained his infection while treating an HB-carrier patient. The dentist and the HB patients had matching antigenic subtypes. However, since *ad* subtype is extremely common in the United States, this does not prove that the dentist was the source of the outbreak as convincingly as the time/place clustering in his practice and the lack of other risk factors among the HB patients.

The 22% case-fatality rate in this outbreak is much higher than the usual rate of 1% of hospitalized HB patients. Furthermore, one patient suffered severe polyarteritis nodosa, a complication seen in no more than 1 of 500 cases. Neither coinfection with delta virus nor the use of hepatotoxic drugs explain the unusual amount of severe disease in this outbreak. CDC is continuing to investigate the possibility that a non-B hepatitis virus could be a cofactor in the outbreak.

This is the first reported outbreak of HB traceable to a dentist that has involved deaths. It illustrates an uncommon but serious consequence of HB infection in the dental profession. Outbreaks of this type should reinforce efforts to deliver HB vaccine to dental professionals early in their careers.

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## Hepatitis B - Continued

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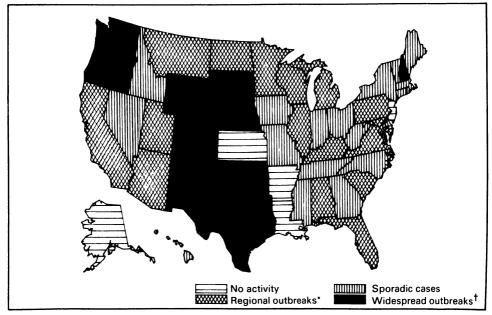
## Update: Influenza Activity - United States

Ten states reported widespread outbreaks of influenza-like illness, and 16 states reported regional outbreaks for the week ending February 2, 1985 (Figure 1). This was an increase in the number of states reporting widespread outbreaks from one state for the week ending January 19 and seven for the week ending January 26 (1).

The most recent states to report their first isolates of influenza type A(H3N2) virus for the season were Nebraska and Rhode Island. States reporting type A(H3N2) this season are Alabama, Alaska, Arizona, Arkansas, California, Colorado, Connecticut, Florida, Georgia, Hawaii, Illinois, Iowa, Kentucky, Louisiana, Maryland, Massachusetts, Michigan, Minnesota, Mississippi, Missouri, Montana, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, New York, Ohio, Oklahoma, Oregon, Pennsylvania, Rhode Island, South Carolina, Tennessee, Texas, Utah, Washington, West Virginia, and Wisconsin.

During the last week of January, isolates of influenza type B virus from sporadic cases were reported for the first time this season from New York and South Dakota. Four other states (Hawaii, New Jersey, Ohio, and Texas) have reported type B viruses this season.

# FIGURE 1. Influenza morbidity reported by state — United States, week ending February 2, 1985



\*Outbreaks involving areas with less than 50% of state's population.

<sup>†</sup>Outbreaks involving areas with more than 50% of state's population.

## Influenza – Continued

Reported by V Pallidino, MD, S Litson, PhD, K Szabo, MD, Nassau County Medical Center, Long Island, New York; P Dennehy, MD, Providence Hospital, Providence, Rhode Island; State and Territorial Epidemiologists; State Laboratory Directors; Other collaborating laboratories; Statistical Svcs Br, Div of Surveillance and Epidemiologic Studies, Epidemiology Program Office, Influenza Br, Div of Viral Diseases, Center for Infectious Diseases, CDC.

Reference

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## Notice to Readers

## Ansamycin LM427

Since October 1983, CDC's Division of Tuberculosis Control, Center for Prevention Services, has supplied the experimental drug, ansamycin LM427, under a "compassionate" investigational new drug permit to physicians treating patients with serious mycobacterial disease unresponsive to conventional therapy. Beginning Monday, February 18, 1985, physicians requesting the drug for *new* patients should contact the CDC Drug Service at (404) 329-3670 during normal working hours. Ansamycin LM427 is not released at night or during weekends. The Division of Tuberculosis Control ([404] 329-2530) will continue to provide medical consultation on the treatment of mycobacterial disease.

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Director, Epidemiology Program Office Carl W. Tyler, Jr., M.D.	Assistant Editor Karen L. Foster, M.A.
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