NOVEMBER IS NATIONAL DIABETES MONTH



MILLION REASONS to control diabetes

26 million people are living with diabetes & 79 million more are at risk

These staggering numbers mean that 105 million Americans have diabetes or prediabetes

Now is the time to "Take Charge" of your diabetes Visit: cdc.gov/diabetes

yourdiabetesinfo.org 1.800.CDC.INFO





US Department of Health and Human Ser Isease Control and Prevention