

NOVEMBER IS NATIONAL DIABETES MONTH

26

MILLION REASONS
to control diabetes

26 million people are living with diabetes
& 79 million more are at risk

These staggering numbers mean that 105 million
Americans have diabetes or prediabetes

Now is the time to “Take Charge” of your diabetes

Visit: cdc.gov/diabetes
yourdiabetesinfo.org 1.800.CDC.INFO



U S Department of
Health and Human Ser
isease
Control and Prevention