A Dangerous Trend – Smokeless Tobacco Use Among High School Athletes

Past 30-day use of combustible tobacco products dropped from 2001 to 2013 among all high school students **(31.5% to 19.5%)**, while past 30-day use of smokeless tobacco remained unchanged among non-athletes **(5.9%)**, and increased among athletes **(10.0% to 11.1%)**.

Smokeless tobacco is NOT without risk

SMOKELESS TOBACCO USE CAN...

Lead to **nicotine addiction**

Cause cancer of the mouth, esophagus and pancreas

Cause **diseases** of the mouth

Increase the risk for death from heart disease and stroke

CDC