Disability and HEALTH

Adults living with disabilities are more likely to:

- **BE OBSE**: 38.4% with Disabilities 24.4% Without Disabilities
- **SMOKE**: 10.3% with Disabilities 16.7% Without Disabilities
- **HAVE HIGH BLOOD PRESSURE**: 41.7% with Disabilities 26.3% Without Disabilities
- **BE INACTIVE**: 36.3% with Disabilities 23.9% Without Disabilities

Disability and LIVELIHOOD

- Nearly half of those with an annual household income of less than $15,000 reported a disability.
- 1 in 3 unemployed adults who are able to work reported a disability.
- 4 in 10 adults who have not completed high school reported a disability.

Disability and COMMUNITIES

- 1 in 4 women have a disability.
- 3 in 10 non-Hispanic blacks have a disability.

Percentage of adults with select functional disability types

- Mobility
  - Serious difficulty walking or climbing stairs: 13.0% with disabilities, 10.6% without disabilities
- Cognition
  - Serious difficulty concentrating, remembering, or making decisions: 6.5% with disabilities, 4.6% without disabilities
- Vision
  - Blind or serious difficulty seeing, even with glasses: 3.6% with disabilities, 2.5% without disabilities
- Self-care
  - Difficulty dressing or bathing: 4.6% with disabilities, 3.6% without disabilities
- Independent living
  - Difficulty doing errands alone: 6.5% with disabilities, 4.6% without disabilities

Disability Costs

- $400 billion per year in Healthcare Expenditures

Disability is especially common in these groups:

- Minorities
  - 1 in 4 women have a disability
  - 3 in 10 non-Hispanic blacks have a disability

Making a Difference

Join CDC and its partners to work together to improve the health of people living with disabilities.