

# Students When to Wash Hands

Wash your hands to stay healthy. Wash your hands with soap and water for 20-30 seconds. Tell your teacher if the water is finished.



When you get to school



Before and after you eat



After you use the toilet



After playing



After touching pee, poop, vomit, snot, spit, or blood

If you feel sick, call  
115  
Together, we can get to zero!

U.S. Centers for Disease Control and Prevention