

# Teachers and Staff When to Wash Hands

As teachers and staff members, stay healthy and be good examples for students. Always wash your hands with soap and water for 20-30 seconds:



Before entering the school



Before preparing food, eating,  
or helping children eat



After using the toilet or  
helping a child use the toilet



After touching another person



After touching body fluids: pee, poop,  
vomit, tears, snot, spit, blood, or sweat

If you feel sick, call  
115  
Together, we can get to zero!

U.S. Centers for Disease Control and Prevention