If you are a recent Ebola survivor, sex without a condom can put your partner at risk.

Ebola Survivors:

READ THIS BEFORE YOU HAVE SEX





Men who survive Ebola can still have the virus in their semen. Scientists are studying if Ebola can be spread through sex. If you are an Ebola survivor, protect your partner by not having sex (oral, anal, or vaginal) until we know more. If you do have sex, use a condom every time you have sex.

If you have sex, here is how you can protect yourself and your partner.

1. CAREFULLY OPEN AND REMOVE THE CONDOM.



2. USE THE CONDOM WHEN THE PENIS IS HARD.





4. PINCH AIR OUT OF THE TIP OF THE CONDOM.



5. UNROLL THE CONDOM ALL THE WAY DOWN THE PENIS.



6. HAVE SEX WITH A CONDOM EVERY TIME



AFTER SEX, ONLY THE SURVIVOR SHOULD TOUCH THE USED CONDOM.

7. AFTER SEX, THE SURVIVOR SHOULD HOLD CONDOM ON THE BOTTOM OF THE PENIS AND PULL OUT OF THE VAGINA.



8. THE PARTNER WHO IS THE SURVIVOR SHOULD REMOVE THE CONDOM.



Female Survivor



9. ONLY THE SURVIVOR SHOULD DISPOSE OF THE CONDOM SAFELY IN A PIT LATRINE OR TOILET.



WASH HANDS WITH SOAP AND WATER FOR 20-30 SECONDS. YOU MAY USE HAND SANITIZER OR CHLORINATED WATER IF SOAP AND WATER ARE NOT AVAILABLE.