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## Molecular Regulation of Cardiomyocyte Differentiation

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### Abstract

The heart is the first organ to form during embryonic development. Given the complex nature of cardiac differentiation and morphogenesis, it is not surprising that some form of congenital heart disease is present in approximately one percent of newborns. The molecular determinants of heart development have received much attention over the past several decades. This has been driven in large part by an interest in understanding the etiology of congenital heart disease coupled with the potential of utilizing knowledge from developmental biology to generate functional cells and tissues that could be used for regenerative medicine purposes. In this review, we highlight the critical signaling pathways and transcription factor networks that regulate cardiomyocyte lineage specification in both *in vivo* and *in vitro* models. Special focus will be given to epigenetic regulators that drive the commitment of cardiomyogenic cells from nascent mesoderm and their differentiation into chamber-specific myocytes as well as regulation of myocardial trabeculation.

### Keywords

cardiac development; cardiomyocyte; transcription factor; molecular regulation

### Introduction

Molecular regulation of heart formation has fascinated biologists for more than a century. Driven by both the need for greater understanding of the etiology of congenital heart disease and its potential in regenerative medicine, investigators in cardiac developmental biology

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None

have devoted significant efforts in recent years to address fundamental mechanisms that underlie the complex patterning of the developing heart. In this review, we aim to summarize succinctly the critical regulators of this process. In particular, we focus on interactions between signaling molecules and transcription factor networks during cardiomyocyte lineage commitment and myocardial chamber specification. Furthermore, we highlight recent articles in this area and draw particular attention to epigenetic factors that play a role in these processes. For a detailed discussion of earlier works on this topic, we recommend several excellent reviews that address myocardial development in different model organisms including mouse, fish, frogs, and chick.<sup>1, 2</sup> We hope this article will inform and inspire greater interest in cardiac development among investigators in cardiovascular biology and spur new collaborations between basic and clinical scientists interested in congenital heart disease.

## Overview of Morphological Development

The following overview is intended to orient the reader with respect to major morphological processes that will be discussed in further detail in subsequent sections. The heart is formed from bilateral heart fields that are established during the gastrulation process (see Figure 1). The heart field precursors migrate anteriorly and laterally from the primitive streak to form the antero-lateral plate mesoderm which undergoes rapid migration towards the midline. Subsequent fusion at the midline, led by closure of the foregut,<sup>3</sup> gives rise to the linear heart tube. Notably, elongation of the heart tube occurs primarily via addition of second heart field (SHF)-derived cardiomyocytes to both poles, producing an embryonic organ that consists of the truncus arteriosus most cranially followed by the bulbus cordis, ventricle, atrium and sinus venosus. It is at this stage that the heart becomes functional as blood is pumped from the venous pole to the arterial pole.<sup>4</sup> The heart's ability to generate blood flow at this stage is critical to the continuation of cardiogenesis and to other processes in embryogenesis that respond to hemodynamic signals.<sup>5-9</sup> The process of rightward looping occurs in conjunction with the addition of the SHF cells to both poles of the linear heart tube. Concurrently, the developing atria migrate and become cranially positioned relative to the ventricles. Complex remodeling, selective proliferation, myocardial subpopulation specification, septation, and valve development then result in the formation of the four-chambered heart.

## Specification of cardiac mesoderm and formation of the cardiac crescent

During gastrulation, the three primary germ layers are formed with mesoderm sandwiched between ventral endoderm and dorsal ectoderm. Myocardial precursor cells expressing the T-box transcription factor *T (Brachyury)* migrate from the posterior epiblast through the anterior portion of the primitive streak. These cells subsequently move laterally and, as the embryonic coelom forms, will occupy bilateral regions of lateral splanchnic mesoderm that is adjacent to underlying endoderm.<sup>10</sup> The population of cardiac progenitor cells then converges at the midline and organizes into a crescent, with the peak of the crescent located cranially and the tails of the crescent extending caudally. Pro-cardiogenic signals from underlying foregut endoderm and anti-cardiogenic signals from midline structures and the neural plate determine the precise size and shape of the heart fields (Figure 2).<sup>10</sup>

A cascade of transcription factor activation ultimately results in cardiac specification and differentiation. During the primitive streak stage of mouse embryonic development, the T-box transcription factor *Eomesodermin* (*Eomes*) activates the basic helix-loop-helix transcription factor *Mesoderm Posterior 1* (*Mesp1*).<sup>11, 12</sup> *Mesp1* expression at the start of gastrulation represents the first known molecular step towards cardiogenesis. *Mesp1* and family member *Mesp2* are the earliest markers of cardiovascular specification in the developing embryo.<sup>13</sup> The mechanism by which *Mesp1* promotes cardiac specification is multi-faceted in that *Mesp1* drives expression of cardiac transcription factors while also repressing genes that maintain pluripotency.<sup>14</sup> As cardiac precursors migrate away from the primitive streak to form the cardiac crescent, they down-regulate *Mesp1* and *Mesp2* while activating other transcription factor networks that drive cardiac specification.

Among the pro-cardiogenic factors expressed in endoderm and mesoderm are Hedgehog, bone morphogenetic proteins (BMPs)<sup>15, 16</sup>, fibroblast growth factors (FGFs), and non-canonical Wnt/JNK.<sup>17</sup> Canonical Wnt ligands, including Wnt1 and Wnt3a, secreted from the neural tube inhibit cardiac mesoderm specification<sup>18</sup>, as do BMP antagonists Noggin and Chordin secreted from the notochord. Canonical Wnt/ $\beta$ -catenin inhibitors, including Dkk-1 and Crescent, are also secreted by the endoderm underlying cardiac mesoderm and serve to counteract the inhibitory Wnt signals emanating from the neural plate.<sup>19, 20</sup> Interestingly, selective elimination of canonical Wnt/ $\beta$ -catenin signaling in endoderm via deletion of  $\beta$ -catenin results in formation of ectopic cardiac tissue in overlying mesoderm.<sup>21</sup> The mechanism by which inhibition of Wnt/ $\beta$ -catenin signaling in endoderm induces cardiac specification is thought to be due to activation of the homeodomain transcription factor *Hex* in endoderm.<sup>22</sup> Notably, *Hex* is associated with induction of cardiac transcription factors such as *Nkx2-5* and *Tbx5* but does not directly activate expression of cardiac contractile genes, such as those encoding myofilament proteins.<sup>22</sup>

## First and Second Heart Fields

The earliest cells to express *Mesp1* form the first heart field (FHF), which makes up the cardiac crescent. A later wave of *Mesp1* produces cardiac progenitors of the second heart field (SHF), which are derived from pharyngeal mesoderm and lie anterior and medial to the cells of the FHF.<sup>23–26</sup> Clonal analysis in mice suggests that these progenitor cells are committed to the FHF or SHF early, likely prior to the onset of *Mesp1* expression.<sup>27</sup> As the cells of the FHF differentiate and proliferate during the formation of the linear heart tube, the cells of the SHF retain their undifferentiated myocardial progenitor identity and become positioned dorsally relative to the heart tube<sup>28</sup>. Lineage tracing studies in both chick and mouse embryos have demonstrated that the cells of the FHF contribute primarily to the left ventricle with small contributions to the atria while the SHF will form the right ventricle, outflow tract, atria and inflow myocardium (see Figure 3).<sup>24, 25, 29–32</sup> Within the SHF, progenitor cells that will give rise to the right ventricle and outflow tract are considered anterior SHF, while precursors of the atria and inflow tract are termed posterior SHF.<sup>33</sup> SHF progenitors demonstrate increased proliferation and delayed differentiation compared to their FHF counterparts<sup>34</sup> and differentiate as they contribute to both the venous and arterial poles of the linear heart tube, promoting its elongation.

The FHF cells are identified by the expression of *Tbx5* and the first wave of *Nkx2-5*.<sup>35, 36</sup> Recently, early expression of ion channel gene *HCN4* was also reported to be FHF-specific, leading to identification of the atrioventricular (AV) node and parts of the early conduction system as FHF-derived structures.<sup>37, 38</sup> Of note, early FHF-specific *HCN4* expression is distinct from later expression in the cardiac conduction system and sinoatrial node.<sup>37</sup> The second heart field is marked by expression of the LIM homeodomain transcription factor *Islet1 (Isl1)*.<sup>31, 35, 39</sup> Recently, expression of *Tbx1* in the second heart field was shown to coordinate SHF contribution to the two poles of the linear heart tube.<sup>40</sup> Other genes expressed in SHF progenitor cells include *Prdm1*, *Pitx2*, *Six1*, *Fgf8*, and *Fgf10*.<sup>28, 31–33, 41, 42</sup> As cardiac differentiation progresses during addition of SHF cells to the linear heart tube, these genes will be down-regulated as the next wave of cardiac transcription factors becomes activated, including *Nkx2-5*, *Gata4* and *Mef2c*.<sup>24, 32</sup> A summary of the key transcription factor interactions that regulate FHF and SHF differentiation is shown in Figure 4.

In both human and mouse embryonic stem (ES) cell models, *Isl1*-expressing cells have been shown to give rise to cardiomyocytes as well as smooth muscle cells and endothelium (Figure 3).<sup>39, 43</sup> The existence of a multipotent *Isl1*+ progenitor cell *in vivo* is postulated from the contribution of *Isl1*-expressing SHF to the smooth muscle cells of the great vessels (aorta and pulmonary trunk) and endothelial cells of the proximal coronary artery. However, limited data exist to support the diversification of cardiovascular lineage cells from a single *Isl1*+ cell. Nevertheless, a population of *Isl1*+ progenitors has been identified in both mouse and human hearts in the fetal and early postnatal stages.<sup>43, 44</sup> Reportedly, these cells represent residual SHF progenitor cells given the significant decline in the number of these cells after early fetal development and the absence of these cells in the adult heart. The potential that these cells may participate in myocardial injury repair has motivated a number of investigators to examine the presence of *Isl1*+ cells in the heart after infarction.<sup>45</sup> Thus far, no reactivation of *Isl1*+ cells or their contribution to new cardiomyocyte formation has been found.

The characteristic delayed differentiation and continued proliferation of SHF progenitors are regulated by FGF, Hedgehog and canonical Wnt/ $\beta$ -catenin signaling pathways. *Fgf8* has been identified as a necessary signaling molecule for SHF deployment as evidenced by the observation that conditional ablation of *Fgf8* in mesoderm results in formation of hearts that are without a right ventricle or outflow tract.<sup>46</sup> Other FGF family members involved in SHF development include *Fgf10*<sup>47</sup> and *Fgf3*.<sup>48</sup> *Shh* is expressed in adjacent pharyngeal endoderm and is required for SHF proliferation.<sup>49</sup> Interestingly, *Shh* has been shown to activate a set of forkhead-containing transcription factors including *Foxa2*, *Foxc1* and *Foxc2*, which then activate *Tbx1*.<sup>50, 51</sup> *Tbx1* in turn is critical for activation of *Fgf3*, *Fgf8* and *Fgf10*, and for suppression of *Mef2c* and SRF.<sup>46, 47, 52–54</sup> Canonical Wnt/ $\beta$ -catenin pathways activate proliferation in SHF cells in mouse embryos and also promote maintenance of multipotency of *Isl1*+ progenitors derived from ES cells.<sup>43, 55</sup>

## Neural Crest and Proepicardial Contributions

Other cell lineages also contribute significantly to heart development alongside the first and second heart fields. Classically, the postotic neural crest has been described to give rise to a population of cells, known as the cardiac neural crest, that migrate from the neural tube in a dorsolateral fashion to reach the caudal pharyngeal arches, from where they continue on to migrate into the cardiac outflow tract.<sup>56</sup> These cells are responsible for establishing the aorticopulmonary septum, which divides the outflow tract into the aorta and pulmonary artery, and give rise to the smooth muscle cells in the tunica media of both vessels in the distal region of the arterial pole.<sup>29, 57</sup> Recently, Arima *et al.* have demonstrated that the preotic neural crest also contributes to the conotruncal region and interventricular septum.<sup>58</sup> In addition, Escot *et al.* have identified SDF1 as a chemotactic agent driving the cardiac neural crest cell migration towards the pharyngeal arches.<sup>59</sup> Further, Holler *et al.* observed a marked reduction in the neural crest-derived cells found in the outflow tract following loss of *Hand2* expression in murine embryos.<sup>60</sup> Ablation of these cells results in persistent truncus arteriosus, arterial pole alignment defects, and aberrant myocardium calcium transients stemming from elevated *Fgf8* expression, which normally appears to be modulated by the cardiac neural crest cells.<sup>61</sup> In addition, cardiac neural crest will contribute the autonomic and sensory innervation of the heart. Anomalies involving the cardiac neural crest cells are of clinical interest as they are responsible for a multitude of human cardiocraniofacial defects, such as DiGeorge Syndrome (DGS) and velocardiofacial syndrome (VCFS) due to the loss of *Tbx1* in the context of 22q11 deletion.<sup>62</sup> The deployment of cardiac neural crest cells in a coordinated fashion and their dependence on exchanges of signal with SHF cells is highlighted by the requirement of Jagged-1/Notch signaling in the SHF cells to regulate *Fgf8* expression that is essential for cardiac neural crest cell migration and endothelial-mesenchymal transition. The exogenous replacement of *Fgf8* appears to rescue the developmental defect in explant assay of endocardial cushion.<sup>63, 64</sup>

Cells of the proepicardial organ migrate to cover the surface of the developing heart. Though little is known about the molecular drivers of this migration, studies in mouse embryos suggest that the interplay between the  $\alpha 4$  integrins and vascular adhesion molecule 1 (VCAM-1) is essential in maintaining the epicardial lining after embryonic day 11.<sup>65, 66</sup> Some of these cells undergo an epithelial-to-mesenchymal transition and invade the underlying myocardium. Del Monte *et al.* have shown that Notch1 activity may play a critical role in this process by promoting blood vessel progenitor migration through the compact myocardium.<sup>67</sup> These cells then differentiate into cardiac fibroblasts and vascular smooth muscle cells of the coronary vessels.<sup>68, 69</sup> Specific subpopulations from within the proepicardium may also contribute to coronary endothelium.<sup>70</sup> Interestingly, two studies report the differentiation of epicardial cells into cardiomyocytes,<sup>71, 72</sup> however, significant controversies exist in this area. For additional discussion, the readers are encouraged to review articles that cover these lineages in greater detail.<sup>73–76</sup>

## Specification of Chamber Myocardium

The cardiomyocytes that make up the linear heart tube are termed “primary myocardium” based on their slow proliferation rate, limited automaticity, slow conduction velocity and poor contractility.<sup>77, 78</sup> The cardiomyocytes that make up the outflow tract, inner curvature, atrioventricular canal and sinus horns retain this primary phenotype. As atrial and ventricular cells selectively proliferate and differentiate, “ballooning” of the outer curvature of the heart tube occurs. The linear heart tube’s peristaltic pumping may drive this ballooning process, as endocardial and myocardial cells alter their shape, size, and proliferation in response to mechanical stress from blood flow and contraction.<sup>79–81</sup> The atrial and ventricular cells obtain a chamber myocardium identity, with associated fast conduction velocity, increased automaticity, increased contractility and enhanced sarcomere organization.<sup>82</sup>

Multiple transcription factors have been shown to regulate cardiac chamber morphogenesis including the T-box transcription factors *Tbx2*, *Tbx3*, *Tbx5* and *Tbx20* as well as *Nkx2-5*, *Gata4*, *Cited1*, *Irx4*, *Irx1/Irx3/Irx5* and *Hand1* (Figure 5). *Tbx5* and *Tbx20* act in combination with *Nkx2-5* and *Gata4* to promote specification of chamber myocardium, which includes induction of atrial natriuretic factor (encoded by *Nppa*), gap junction proteins *connexin 40* (*Cx40*) and *connexin 43* (*Cx43*) as well as the cytoskeletal protein Chisel (encoded by *Smpx*).<sup>4, 82, 83</sup> Additionally, *Tbx5* cooperates with *Nkx2-5* to regulate expression of the transcriptional repressor *Id2*, which contributes to patterning of the right and left ventricular bundle branches.<sup>84, 85</sup> The multiple roles of *Tbx5* are consistent with the varied cardiac phenotypes observed in patients with Holt-Oram syndrome.<sup>86</sup> In contrast, *Tbx2* and *Tbx3* can also interact with *Nkx2-5* and *Gata4* to repress chamber specification.<sup>87, 88</sup> Suppression of chamber specification by *Tbx3* allows for the expression of the pacemaker channel *HCN4* in cells at the sinoatrial junction that will give rise to the sinoatrial node.<sup>85, 89</sup>

Regions of chamber versus primary myocardium are exquisitely regulated by overlapping regions of these various T-box transcription factors, leading to the proposed T-box code hypothesis.<sup>1</sup> Whereas *Nkx2-5* and *Gata4* are highly expressed throughout the linear heart tube, the T-box transcription factors have more narrow expression patterns.<sup>78, 83</sup> As a result of retinoic acid signaling, *Tbx5* is expressed in a graded fashion with peak expression caudally in the area of the inflow tract and primitive atrium with diminished expression in the primitive ventricle and absence in the outflow tract.<sup>86, 90</sup> *Tbx2* and *Tbx3* are expressed in the primary myocardium of the outflow tract, inner curvature, AV canal and inflow tract, with *Tbx2* expression extending more rostrally compared to *Tbx3*.<sup>78</sup> *Tbx2* has been shown to inhibit proliferation and suppress expression of chamber myocardium-specific genes including *Cx40*, *Cx43*, *Smpx* and *Nppa*.<sup>87, 91</sup> Notably, *Tbx20* is broadly expressed throughout the linear heart tube and deletion of *Tbx20* in mice results in defects in chamber development, at least in part due to expansion of *Tbx2* expression (Figure 5).<sup>92–95</sup>

Within the chamber myocardium, each of the four chambers is marked by unique gene expression patterns. The mouse atria and ventricles express myosin light chain isoforms *MLC2a* and *MLC2v*, respectively.<sup>96</sup> Both ventricles additionally express the homeobox gene



*Irx4*, which activates ventricular myosin heavy chain 1 (*MHCI*) and suppresses the atrial *MHCI* isoform in chick.<sup>97</sup> In both mouse and chick, *Tbx5* expression is absent in the right ventricle.<sup>86</sup> In chick, the right ventricle is also distinguished by *Tbx20* expression, which the left ventricle lacks.<sup>35</sup> The basic helix-loop-helix transcription factors *eHAND* and *dHAND* are expressed in the systemic and pulmonary ventricles, respectively, even in situs inversus mouse embryos.<sup>98</sup> In atrial development, high expression of the homeobox gene *Pitx2* in the left atrium suppresses *Shox2*, thereby inhibiting genes associated with sinoatrial node development and preventing ectopic pacemaker specification.<sup>99</sup>

## Trabeculation of the Ventricular Myocardium

Trabeculation and subsequent compaction of the ventricular myocardium facilitate septation, confer greater contractility and conductivity, and help establish the coronary circulation system in the developing heart.<sup>100–104</sup> Paracrine signaling between the endocardium and the maturing myocardium is an essential driver for the formation of the organized muscular ridges lining the ventricular wall (Figure 6), a process initiated towards the end of cardiac looping.<sup>105</sup>

Central to endocardium-to-myocardium regulation of trabeculation is the transmembrane receptor Notch1.<sup>101, 106</sup> When the extracellular domain of Notch1 binds to ligands such as Delta4 and Jagged, proteolytic cleavage releases the intracellular domain (NICD) into the cytoplasm.<sup>107</sup> NICD then associates with its transcriptional cofactor RBPJK and translocates to the nucleus<sup>108, 109</sup> NICD/RBPJK upregulates myocardial expression of *BMP10*, which stimulates proliferation by decreasing the activity of cell cycle inhibitor P57<sup>kip2</sup> and by up-regulating *Tbx20* and *Hey2* activity.<sup>110, 111</sup> Since *Notch1* is predominantly expressed in endocardial cells lining the base of trabeculae at E9.0, Notch activity therefore promotes growth of the trabecular myocardium.<sup>101</sup> Endothelial-specific ablation of a NICD inhibitor, *Fkbp1a*, accordingly results in hypertrabeculation.<sup>112</sup> Curiously, inactivation of *Mib1*, an ubiquitinase that promotes ligand binding and subsequent activation of Notch1, in the myocardium also leads to hypertrabeculation. Additionally, *Mib1*-deficient mice have an abnormally thin compact myocardial zone.<sup>113</sup> The apparently contradictory effects of Notch1 regulator manipulation suggest that Notch1 plays a complex role in spatiotemporal regulation of trabecular growth.

Notch1 signaling also promotes neuregulin-1 (*Nrg1*) activity through EphrinB2.<sup>101</sup> *Nrg1*, one of the endothelial growth factors produced by the endocardium, binds to myocardial tyrosine kinase receptor ErbB4 and leads to its dimerization with ErbB2, thus activating signaling cascades modulating cell growth and migration<sup>114</sup>. *Nrg1*, *ErbB4*, and *ErbB2* null mice die *in utero* around E9.5–10.5 due to embryonic heart failure, with histological analyses revealing ventricular chambers lacking trabeculae.<sup>115–118</sup> Liu et al. have identified ErbB2 as a dual factor in cardiomyocyte proliferation and directional delamination during ventricular trabeculation.<sup>117</sup> Their assessment of the cardiac function in *ErbB2* mutants revealed decreased ventricular cardiac contractility and bradycardia, supporting previous reports that *Nrg1*/ErbB2/4 signaling modulating trabeculae formation may play an important physiological role in cardiac contractility.<sup>119</sup> Additionally, high-resolution imaging of cardiomyocytes in zebrafish embryos suggests that ErbB2 contributes to robust formation of

cardiomyocyte surface protrusions and contacts between non-neighboring cardiomyocytes, which may be required for initiating trabeculation.<sup>120</sup> Intriguingly, *EphrinB2* expression is altered by shear stress in embryonic stem cells *in vitro*, suggesting that trabeculation may simultaneously contribute to cardiac contractility while responding to the consequential increase in blood flow.<sup>121</sup> This interdependence between cardiogenesis, blood flow, and other embryonic processes presents challenges for experimental design.

Growth factor signaling from the myocardium to the endocardium also plays an essential role in sustaining trabeculation: mice that lack expression of *Angiopoietin-1*, the primary ligand produced in the myocardium for the endocardial Tie2 receptor, display ventricular morphology similar to that of the *Neuregulin/ErbB4* mutants with further aberrant phenotypes such as defective angiogenesis, a less intricately-folded immature endocardium, and embryonic lethality at E12.5.<sup>122</sup> Vascular endothelial growth factor (VEGF) is also produced in the myocardium and binds to the endocardial receptor Flk1. *Flk1*-deficient mice lack some endothelial lineages and therefore do not form trabeculae, causing embryonic lethality by E9.5.<sup>106, 123–125</sup> Conversely, overexpression of *VEGF* results in an attenuated compact zone and hypertrabeculation.<sup>126</sup>

The modes of communication between the endocardium and myocardium may be moderated or complemented by the cardiac jelly, the extracellular matrix between the two layers. Beginning at E7.5 in the normal embryo, expression of hyaluronic acid synthase-2 (*Has2*) contributes to formation of the extracellular matrix, while global *Has2* deficiency manifests as compact ventricular walls lacking trabeculation.<sup>127</sup> A potential mechanism through which *Has2* regulates trabeculation is offered by the example of *Has2* activation of ErbB2/3 in cushion mesenchyme formation.<sup>128</sup> In later stages of normal cardiac development, the metalloproteinase ADAMTS1 is highly expressed during E12.5–14.5.<sup>129</sup> During this time, ADAMTS1 eliminates cardiac jelly by cleaving versican, an extracellular matrix proteoglycan.<sup>129, 130</sup> Since versican appears to promote trabecular proliferation, ADAMTS1 expression thereby signals the conclusion of trabecular growth.<sup>130</sup> Based on investigations of similar versican cleavage activity in other embryonic processes, versican proteolysis not only disrupts functions served by intact versican but may also unmask distinct morphogenetic functions of the resulting fragments.<sup>131, 132</sup> Cleavage of versican by ADAMTS1 is facilitated by fibulin-1, another extracellular matrix protein that binds both ADAMTS1 and versican, and global deletion of ADAMTS1 or fibulin-1 results in hypertrabeculation.<sup>129, 130</sup> Endocardial-specific loss around E9.0 of *Brg1*, an ADAMTS1 inhibitor, allows ADAMTS1 to prematurely thin the cardiac jelly and terminates trabeculation.<sup>129</sup>

The development of the cardiac conduction system provides an additional example of cardiac jelly-mediated endocardium-to-myocardium signaling in relation to trabeculation. Recent work suggests that endocardial signals promote *Cx40* expression in the myocardium and that the cardiac jelly reduces the intensity of these molecular signals. This model is supported by the observation that the atrioventricular junction, where the endocardium and myocardium are separated by relatively thick cardiac jelly during valve formation, has low *Cx40* expression and delayed conduction through the atrioventricular node.<sup>133</sup> Endocardial promotion of connexin expression may also explain why the peripheral ventricular



conduction system, marked by *Cx40* in the mature heart, forms from trabecular cardiomyocytes closest to the endocardium.<sup>134</sup>

To further support the interdependence of trabeculation and cardiac conduction system development, three recent reports have identified mutations in either ion channel *HCN4* or ryanodine receptor *RYR2* in comorbid cases of left ventricular non-compaction and certain familial arrhythmias.<sup>135–137</sup> Whereas earlier surveys of LVNC patients suggested that the non-compact phenotype was arrhythmogenic, these reports motivate further investigation into the mechanisms by which *HCN4* and *RYR2*, genes previously associated with arrhythmic disorders, may also perturb myocardial structure.<sup>138</sup>

## Epigenetic Regulation of Heart Development

Acting in concert with signaling pathways and transcription factors, several epigenetic factors play a critical role in modulating cardiac lineage specification and cardiac morphogenesis during development. Included in the category of epigenetic regulators are histone modifications, ATP-dependent chromatin remodeling complexes and DNA methylation. Each of these regulatory modes influences gene expression by modulating the accessibility of regulatory DNA sequences to DNA binding proteins, such as transcription factors. As a result, epigenetic regulation adds an additional layer of complexity to the tight temporal and spatial control of cardiac gene expression during development.

Covalent modifications to histone proteins alter DNA-histone interactions, resulting in the establishment of looser or more accessible versus tighter or more restricted chromatin. Histone acetylation primarily promotes chromatin accessibility, thereby leading to transcriptional activation. The specific role of histone acetyltransferases (HAT) in heart development is still unclear. However, mice who carry a global loss-of-function mutation in the HAT gene *p300* die between E12.5 and E15.5, possibly due to the development of severe heart defects.<sup>139</sup> Interestingly, this effect may be due to acetylation and activation of *Gata4* by *p300*.<sup>140</sup> In addition, mice globally lacking the HAT *Moz* show aortic arch abnormalities and ventricular septal defects similar to those found in 22q11 deletion syndrome due to decreased acetylation and therefore transcription of *Tbx1*.<sup>141, 142</sup> In contrast to HATs, histone deacetylases (HDACs) remove acetyl groups from histones, resulting in formation of condensed chromatin and transcriptional repression. Cardiac-specific loss of either *Hdac1* or *Hdac2* has no significant effect while double mutants lacking both *Hdac1* and *Hdac2* in myocardium die in the neonatal period due to cardiac arrhythmias and dilated cardiomyopathy.<sup>143</sup> The deacetylase activity of these epigenetic factors may not be limited to histone modification. For example, *Hdac2* is thought to limit myocardial proliferation via a partnership with *Hopx* (homeodomain-only protein) that results in deacetylation of *Gata4*, thereby decreasing its transcriptional activity.<sup>144, 145</sup> Similarly, *Hdac3* may suppress *Tbx5* activity by altering acetylation of *Tbx5* residues.<sup>146</sup>

In contrast to histone acetylation, the effect of histone methylation is highly residue-specific, with methylation of histone H3 at lysine 4, 36 and 79 leading to gene activation while methylation at lysine 9 and 27 generally results in gene silencing. Both histone methyltransferases and demethylases have been shown to play critical roles in cardiac

development, and *de novo* mutations in genes associated with regulation of histone 3 lysine 4 and lysine 27 methylation have been detected in excess in children with non-familial congenital heart disease.<sup>147</sup> Loss of the histone methyltransferase *Smyd1* results in right ventricular hypoplasia, possibly due to diminished expression of key cardiac transcription factors *Hand2* and *Irx4*.<sup>148</sup> *Jarid2*, a member of the Jumonji family of histone demethylases, is a key regulator of cardiac trabeculation (discussed in the preceding section) via repression of endocardial Notch and *Nrg1*.<sup>149</sup>

ATP-dependent chromatin remodeling complexes harness energy from ATP hydrolysis to alter nucleosome packaging, and thus DNA accessibility.<sup>140</sup> Of the four families of ATP-dependent chromatin remodelers, the family best studied in cardiac development is the switching defective/sucrose non-fermenting (SWI/SNF) family. The Brg1/BRM-associated factor (BAF) complex contains twelve subunits, including the ATPase subunit encoded by either *brahma* (*Brm*) or *brahma-related gene 1* (*Brg1*).<sup>150</sup> *Brg1* has been shown to genetically interact with several cardiac transcription factors, including *Nkx2-5*, *Gata4*, *Tbx5* and *Tbx20*.<sup>151, 152</sup> Mice that are globally haploinsufficient for *Brg1* show a wide range of mild cardiac defects, including mild septal defects and aberrant conduction. Interestingly, mice with both haploinsufficiency for *Brg1* as well as haploinsufficiency for *Nkx2-5*, *Tbx5* or *Tbx20* show more severe and often lethal cardiac defects than single mutants alone.<sup>153–155</sup> *Brg1* also promotes myocardial proliferation through stimulation of *Bmp10*, and the thin myocardium phenotype observed in the absence of *Brg1* can be rescued with *Bmp10*.<sup>156</sup> Also of note, murine *Brg1* activates fetal beta-myosin heavy chain while repressing adult alpha-myosin heavy chain, thereby maintaining a fetal phenotype during development.<sup>156</sup> Finally, perhaps the most striking evidence demonstrating a central role for chromatin remodeling in cardiomyocyte lineage specification is the observation that overexpression of *Tbx5*, *Gata4*, and the BAF subunit *Baf60c* can promote transdifferentiation of non-cardiac mesoderm into cardiac tissue.<sup>157</sup>

DNA methylation involves the addition of a methyl group to cytosine in so-called CpG islands. Notably, DNA methylation patterns are wiped clean at the time of conception and are gradually re-introduced during embryogenesis. Recent genome-wide analysis of DNA methylation patterns in developing mouse hearts demonstrated overall stability in the amount of DNA methylation between E11.5 and E14.5.<sup>158</sup> However, less than 1% of methylation sites did show differential methylation patterns between the two time-points, of which about two-thirds were more highly methylated at E14.5.<sup>158</sup> Cardiac regulatory genes were highly enriched in this subset, including signaling molecules such as *Wnt2* and *Fgf2* as well as transcription factors such as *Gata6* and *Mef2c*.<sup>158</sup> Among those sites with the greatest amount of differential methylation, half also showed corresponding changes in expression of the associated gene.<sup>158</sup>

## Summary

As our understanding of the molecular regulation of cardiac development continues to improve, so will our ability to clarify the determinants of congenital heart disease as well as our capacity to generate cells for regenerative medicine therapies. In recent years, the identification of key transcription factors and their requirement in distinct stages of

cardiomyogenesis has helped lay the groundwork for determining the precise molecular mechanism involved in commitment of cardiac progenitor cells from their mesodermal precursors, chamber-specific cardiomyocytes from heart field progenitors, and trabecular versus compact myocardium from chamber myocytes. Furthermore, the elucidation of critical epigenetic modifiers that regulate expression of cardiac genes in a spatiotemporal manner has helped reveal essential mechanisms that modify chromatin at specific locations for transcription factors to execute their designated roles during development.

## Future Perspectives

In order to realize the tremendous potential made by our cumulative investment in cardiac development biology in recent decades to identify the pathogenic mechanisms of congenital heart diseases such as hypoplastic left heart syndrome, transposition of great vessels, double outlet right ventricle, and ventricular non-compaction, further clarification is needed on a number of key unresolved issues. For example, with regards to the understanding of heart field precursor commitment, we need greater insight into the differences in epigenetic regulation between FHF and SHF cells as they may explain the differences in the response to failure between the right and left ventricle. Specifically, the lack of requirement for *Isl1* expression in FHF cells and the differential effects of FGF and BMP signaling in SHF cells suggest that the biology of right ventricular cardiomyocytes at the single cell level may be very different from those in the left ventricle.

In the formation of chamber-specific cardiomyocytes, the distinct expression of T-box and Hand transcription factors along the linear and looping heart tube suggest differences in epigenetic regulation between atrial versus ventricular, as well as right versus left ventricular myocyte development. It would be of great value to elucidate the gene expression and epigenetic profile of all chamber myocyte precursors during the linear heart tube stage of development at the single cell level. This level of resolution could help us determine the key regulators at the earliest steps of chamber myocyte formation and their link to chamber-specific malformations.

Finally, in the context of trabecular versus compact myocardium formation for chamber-specific myocytes, we need a greater understanding of the role of specific signaling pathway and biomechanical influences on myocardial maturation. Identifying the answers to these questions may hold the key to our ability to accurately predict and diagnose congenital heart diseases and treat them in utero using novel interventional or molecular therapies. Indeed, one of the most significant barriers to translating pluripotent stem cell (PSC)-derived cardiomyocytes into regenerative therapies is the inability of these cells to reach full maturity both *in vitro* and *in vivo* after transplantation. Despite significant efforts to enhance the maturation of these cells by pacing, stretching, and co-culturing with non-myocytes, they remain largely immature. A better understanding of the key factors that regulate normal cardiomyocyte maturation during embryonic development should help guide, conceptually, the designing of new approaches to enhance the maturation of PSC-derived cardiomyocytes *in vitro*. If we are successful in this endeavor, the potential for screening and discovering new drugs using PSC-base disease models to treat defective signaling pathways in congenital heart disease could be significantly increased.

In summary, we believe that while major strides have been made in recent years to unravel the molecular underpinnings of cardiomyogenic lineage commitment, expansion, and maturation, there remain significant gaps in our knowledge that await further investigation. With the continuous advancements in stem cell and genome-editing technology, as well as detailed mechanistic analysis using model organisms, we shall be able to identify and pinpoint key regulators of cardiomyogenesis and devise approaches to correct their functional deficiency prior to the development of disease.

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## Non-standard abbreviations and acronyms

<b>Mesp1</b>	Mesoderm Posterior 1
<b>BMP</b>	bone morphogenetic protein
<b>FGF</b>	fibroblast growth factor
<b>FHF</b>	first heart field
<b>SHF</b>	second heart field
<b>AV</b>	atrioventricular
<b>LIM</b>	Lin11, Isl1, Mec3
<b>Isl1</b>	Isl1
<b>ES</b>	embryonic stem
<b>DGS</b>	DiGeorge syndrome
<b>VCFS</b>	velocardiofacial syndrome
<b>VCAM-1</b>	vascular adhesion molecule 1
<b>Cx</b>	connexin
<b>MHC</b>	myosin heavy chain
<b>N1ICD</b>	Notch1 intracellular domain
<b>Nrg1</b>	neuregulin-1
<b>VEGF</b>	vascular endothelial growth factor
<b>Has2</b>	hyaluronic acid synthase-2
<b>HAT</b>	histone acetyltransferase
<b>HDAC</b>	histone deacetylase
<b>Hopx</b>	homeodomain-only protein

<b>SWI/SNF</b>	switching defective/sucrose non-fermenting
<b>BAF</b>	Brg1/BRM-associated factor
<b>Brm</b>	brahma
<b>Brg1</b>	brahma-related gene 1
<b>Shh</b>	sonic hedgehog
<b>AVC</b>	atrioventricular canal
<b>p-OFT</b>	proximal outflow tract
<b>d-OFT</b>	distal outflow tract

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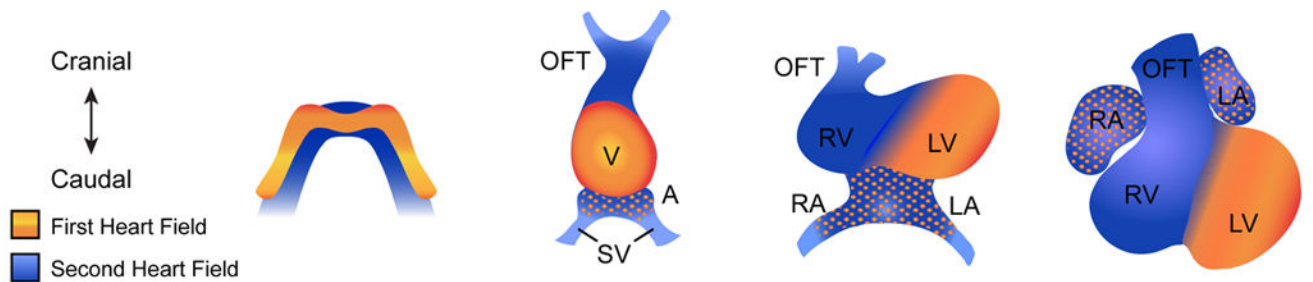


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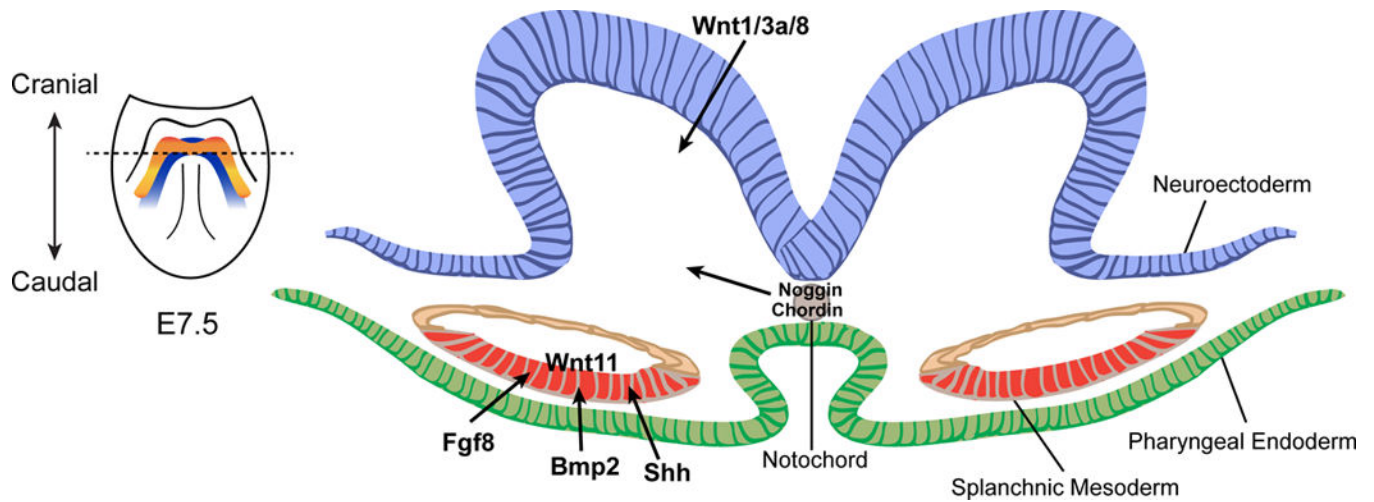
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Stage	Cardiac Crescent	Linear Heart Tube	Looping Heart	Chamber Specialization/Septation
Mouse Embryo Stage	E7.5	E8.0	E9-12	E10+
Human Embryo Stage	Day 15	Day 20	Day 28-30	Day 32+
Key Regulators	GATA4	GATA4	GATA4	GATA4
	NKX2.5	NKX2.5	NKX2.5	NKX2.5
	MESP1/2	TBX5	TBX5	TBX5
	ISL1	TBX20	MEF2C	PITX2
	BAF60C MEF2C	MEF2C	HAND1/2	TBX1

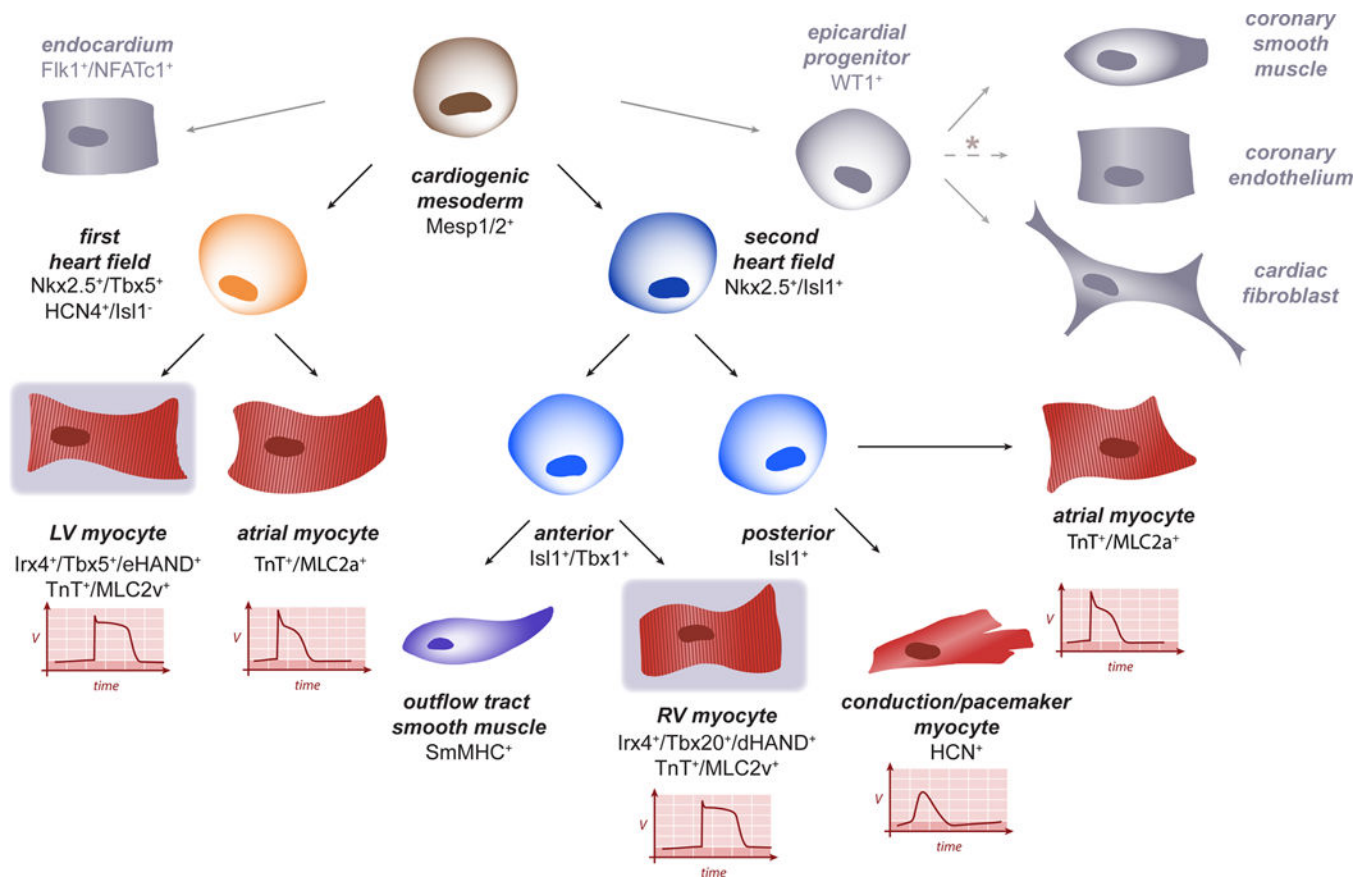
### Figure 1. Overview of heart development

The cardiac crescent consisting of the first and second heart field cardiac progenitors is established during late gastrulation. The subsequent proliferation and differentiation of cells in the first heart field (FHF) leads to the formation of a linear heart tube, giving rise primarily to the left ventricle and a portion of the atria. The cardiac progenitors in the anterior second heart field (SHF) contribute to the right ventricle and the outflow tract while the posterior SHF cells give rise to the atria and the inflow tract.<sup>159</sup> Extension and rightward looping of the linear heart tube allow cranial positioning of the atria with respect to the ventricles. Remodeling events modulate chamber formation, septation, and valve development, resulting in formation of the four-chambered heart. Transcription factors that regulate each stage of heart development are listed. FHF and its derivatives are shown in orange. SHF and its derivatives are shown in blue.



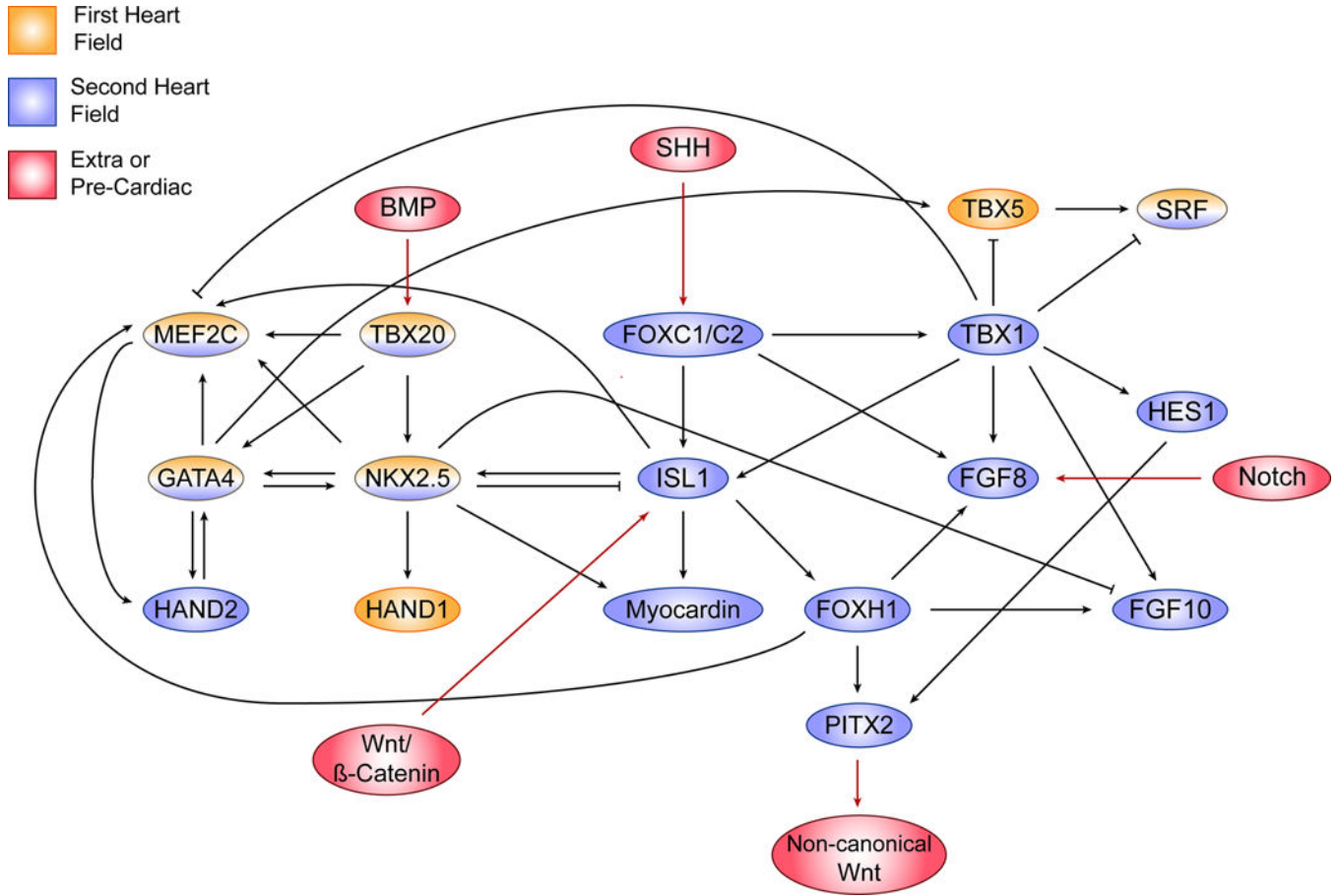
**Figure 2. Regulation of cardiac mesoderm specification**

Shown is a cross-section of an E7.5 mouse embryo detailing the signaling pathways that regulate cardiac specification within splanchnic mesoderm. Factors secreted by the adjacent endoderm that support cardiac mesoderm specification include FGF, BMP and Shh. Additionally, non-canonical Wnt ligands, such as Wnt11, expressed in splanchnic mesoderm also promote cardiac differentiation. Conversely, canonical Wnt ligands, including Wnt1, Wnt3a and Wnt8, secreted from the overlying neuroectoderm as well as BMP antagonists Noggin and Chordin secreted from the notochord inhibit cardiac mesoderm specification, thereby limiting the size of the cardiogenic fields. Abbreviations: FGF, fibroblast growth factor; BMP, bone morphogenetic protein; Shh, sonic hedgehog.



### Figure 3. Schematic of cardiovascular lineage diversification

The specification of cardiomyocytes in the first and second heart fields is shown in the context of other cardiac cells that also derive from a common cardiogenic mesoderm progenitor. In particular, *Isl1* expression distinguishes the first and second heart fields. Comparison of action potentials for mature myocytes reveals the range of function generated from each heart field. \*Developmental origin of the coronary endothelium is an active topic of investigation. While some evidence points to partial contributions to the coronary endothelium from the epicardium<sup>70, 160</sup>, other sources such as the endocardium<sup>161</sup> and the sinus venuses<sup>69</sup> have also been reported.



**Figure 4. Cardiac gene regulatory network**

The diagram shown is a brief overview of a subset of all known transcription factor interactions and signaling pathways that drive the differentiation of FHF (orange) and SHF (blue) cardiac progenitor cells during development. Factors colored by both orange and blue represent regulators of both FHF and SHF. Arrows indicate increased expression of one transcription factor or signaling molecule due to activity of another transcription factor. Signaling pathways that activate expression of certain transcription factors are shown in red.

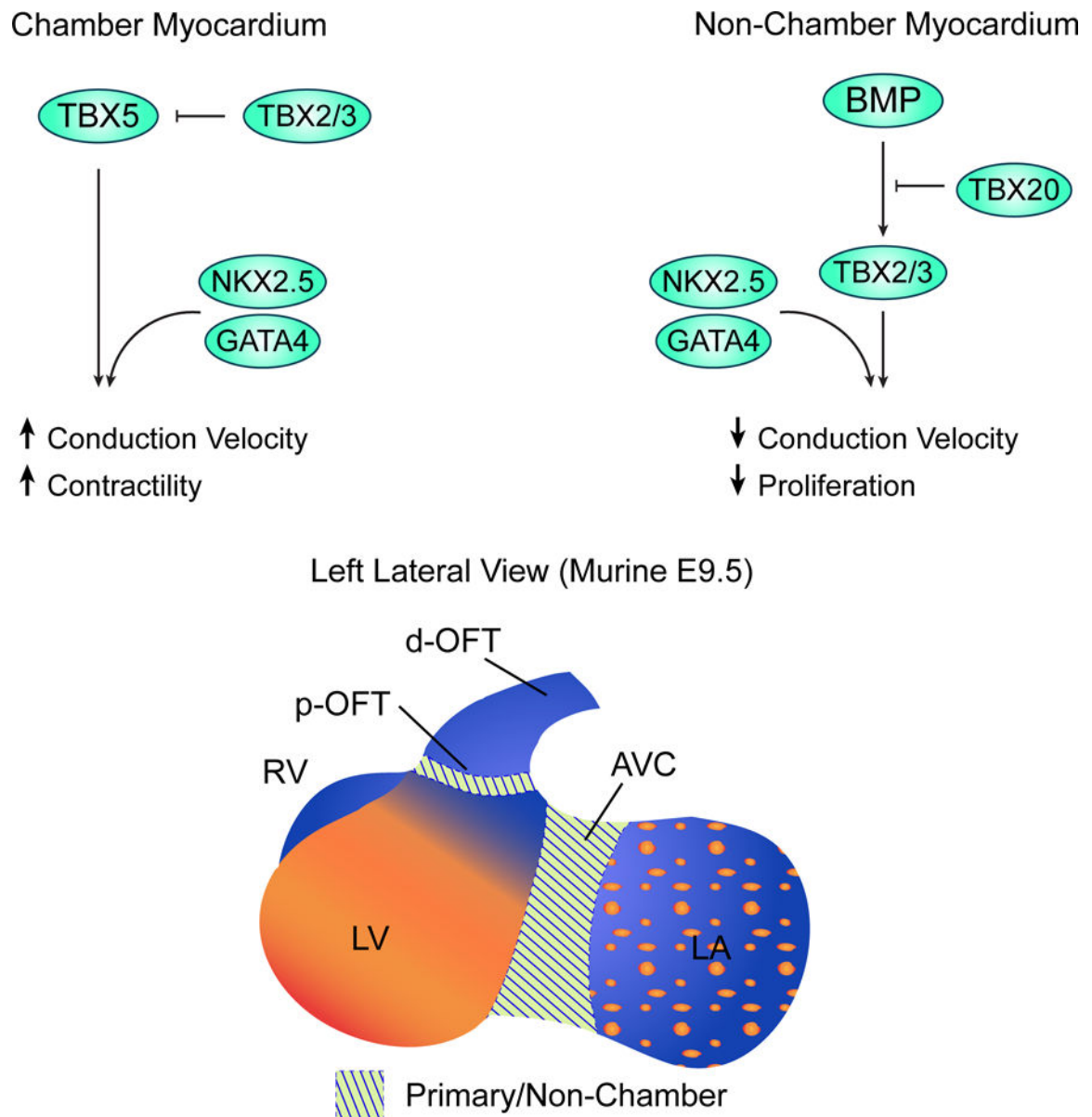
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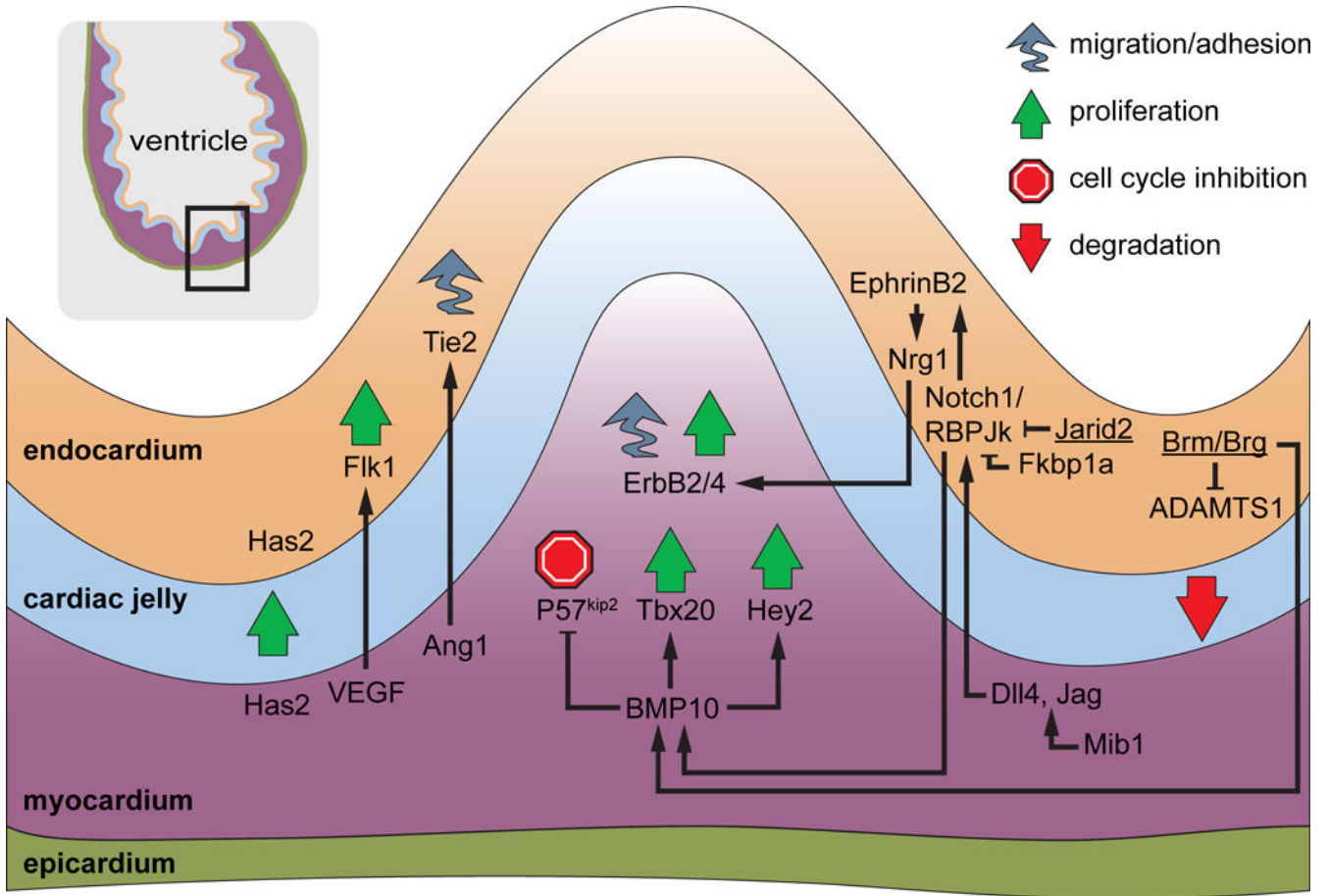




**Figure 5. Specification of chamber myocardium**

The specification of cells to the chamber myocardium is modulated by Tbx5 and Tbx20 in tandem with more broadly expressed factors Nkx2-5 and Gata4. Tbx2 and Tbx3 suppress the expression of chamber myocardium-specific genes, resulting in low proliferation rate, slow conduction velocity, and poor contractility characteristic to the primary myocardium. The primary myocardium phenotype becomes restricted to the AVC and p-OFT.

Abbreviations: AVC, atrioventricular canal; p-OFT, proximal outflow tract; d-OFT, distal outflow tract.



**Figure 6. Spatiotemporal regulation of trabeculation**

The development of ventricular trabeculae is governed by signal transduction involving the endocardium, myocardium, and cardiac jelly. Pathways implicated in trabeculation are depicted in approximate chronological order of expression from left to right. Beginning with establishment of the cardiac jelly and endothelium, trabeculation progresses via cellular proliferation and migration, and ends with degradation of the cardiac jelly. Factors involved in epigenetic mechanisms are underlined.