# Angiotensin receptor blockers: are they related to lung cancer? 

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#### Abstract

Introduction-Angiotensin receptor blockers (ARBs) are commonly used antihypertensive medication with several other additional proven benefits. Recent controversy on association of lung cancer and other solid malignancy with the use of ARBs is concerning, although the followup studies have shown no such association.

Methods-We used data from the Department of Veterans Affairs electronic medical record system and registries to conduct a retrospective cohort study that compared first-time ARB users with nonusers in $1: 15$ ratio, after balancing for many baseline differences using inverse probability of treatment weights. We conducted time-to-event survival analyses on the weighted cohort.

Results—Of the 1229902 patients in the analytic cohort, 346 ( $0.44 \%$ ) of the 78075 treated individuals had a newly incident lung cancer and $6577(0.57 \%)$ of 1151826 nontreated individuals were diagnosed with lung cancer. On double robust regression, the weighted hazard


[^0]ratio was 0.74 ( $0.67-0.83, P<0.0001$ ), suggesting a lung cancer reduction effect with ARB use.
There was no difference in rates by ARB subtype.
Conclusion-In this large nationwide cohort of United States Veterans, we found no evidence to support any concern of increased risk of lung cancer among new users of ARBs compared with nonusers. Our findings were consistent with a protective effect of ARBs.

## Keywords

angiotensin receptor blockers; cancer registry; Department of Veterans Affairs; drug safety; inverse probability of treatment weight; lung cancer; propensity score; survival analysis

## INTRODUCTION

Angiotensin receptor blockers (ARBs) are commonly prescribed for patients with hypertension: recently, there was a controversy regarding the utilization of ARBs and its association with an increased risk factor for lung cancer and other solid tumours [1,2]. Lung cancer is a major cause of morbidity with high fatality. The established risk factors for the development of lung cancer include smoking, environmental respiratory carcinogens and genetic factors.

The original report on the increased risk of lung cancer among ARB users originated in the form of a meta-analysis that used aggregate level clinical trial data [1,2]. The finding was subsequently refuted by additional meta-analyses, also using aggregate level data [2-4]. There were two individuallevel research studies [5,6], but they, instead of comparing ARB users vs. non-ARB users, compared ARB users with users of angiotensin-converting enzyme inhibitors (ACEi). In this case, as both the comparators are drugs that work similarly on the renin-angiotensin pathway, it may be speculated that the null association was probably secondary to common biological mechanisms. One study using individual-level data from the United Kingdom General Practice Research Database showed a statistical significant reduction of lung cancer among ARB users, when compared with ACEi users [6]. The Collaborative Transplant Study Report concluded an increased risk of respiratory tract cancer [7]. Hence, there is still some uncertainty on this topic; we used the electronic health record and cancer registry data from the United States Department of Veterans Affairs (VA), to evaluate whether Veterans receiving ARBs were at an increased risk of developing lung cancer compared with non-ARB users.

## MATERIALS AND METHODS

Linked individual-level data on all eligible Veteran patients were obtained for fiscal years 1999-2010 from VA data sources including the Central Cancer Registry (CCR), MedSAS, Decision Support System (DSS), Vital status file, health factors file [8] and the Corporate Data Warehouse (CDW) [9]. In this retrospective cohort study, we used the methods developed by Hernan et al. to evaluate whether ARB use was associated with an increased risk for lung cancer [10-12]. We generated a list of Veteran patients who received their first ARB dispensation at any time from 2003 to 2009, by querying two pharmacy data sources (DSS and CDW)from 1999 onwards. The goal was to identify for non-ARBs users and for
every ARB user in all the years from 2003 to 2009. To achieve this, we developed a calendar-year based staged random cohort selection method, starting with the year 2003 as follows; first, create a list of patients who were dispensed ARB treatment for the first time in the year 2003. Patients who filled their first ARB prescription without an outpatient clinician encounter within the prior 2 weeks' time were excluded, as the probability of receiving an ARB prescription without a VA clinical encounter is very low and it might represent patients who were filling a non-VA prescription at a VA pharmacy. These 2003 ARBdispensed patients were now considered as 'assigned to receive treatment' (treated) in the year 2003. To identify their 'assigned to receive no-treatment' (not-treated) counterparts for the same year, we randomly identified patients in $1: 15$ ratio from the remaining pool of patients (those who had a VA outpatient clinician encounter in the year 2003 but were not dispensed any ARB from the VA pharmacy until the end of year 2003), with their start date of follow-up being a randomly selected date of the many dates of their respective VA outpatient clinical encounters in the year 2003.

We repeated this patient selection method for the years 2004-2009, with the exception that patients who were already selected into prior year cohorts were not eligible to be selected into subsequent year cohorts; this ensured statistical independence between cohorts. After completing this staged cohort selection process, we pooled all patients together creating the definitive cohort. Also not allowed to be a part of the selection process were patients

1. who if selected would have at baseline a diagnosis of cancer in the VA CCR (excluding nonmelanoma skin cancer);
2. who would not have established VA clinical, pharmacy and laboratory care at least 6 months prior to date of treatment assignment;
3. with missing information of tobacco use in their VA health factor file; or
4. who would have been either less than 40 or more than 80 years of age (as the age group of $40-80$ accounts for $>98 \%$ of all lung cancer rates).

To account for the nonrandom treatment allocation, we computed propensity scores for the intention to start ARB treatment using a comprehensive set of baseline variables (Table 1). These baseline variables were derived from a look-back from 1999, using the most recent data for time-varying variables. To reduce statistical instability, patients in the not-treated group who had propensity scores beyond two standard deviations of the mean treated group propensity score were excluded [13]. We then weighted the cohort with the stabilized inverse probability of treatment weights (IPTWs) and created a weighted cohort. All patients were then followed until one of the following events: their last date of VA healthcare or related benefit; their death; date of diagnosis of lung cancer; or 31 December 2010 (a-priori determined end-point), whichever came first. All analyses were performed using SAS 9.2 (SAS Institute, Cary, North Carolina, USA) using the SAS Grid environment. Data access and analysis was performed by the author G.R. The ability of IPTW to balance baseline covariates was assessed using standardized difference (Fig. 1). Incidence curves were drawn for both types of exposures and for the absolute difference between exposures (Fig. 2). To evaluate effect measures, we conducted double-robust regression [14] by fitting an IPTWweighted Cox-proportional hazard model with adjustments for selected variables, that is age,
race, Hispanic ethnicity, smoking status, BMI [weight $(\mathrm{kg}) /$ height $\left(\mathrm{m}^{2}\right)$ ] and diabetes mellitus after checking for proportionality assumption and reported respective hazard ratios with $95 \%$ confidence intervals. The advantages of double-robust regression have been previously reported [14].

In addition to our main analysis, we described the trends in utilization of ARBs in the VA. We also conducted two subanalyses; we first stratified by ARB subtypes to evaluate any possible individual drug effect on lung cancer risk. Because the rate of dispensation of telmisartan and olmesartan was together less than $0.25 \%$, these two groups, being very small, were dropped: the ARB subtype analysis was restricted to candesartan, irbesartan, losartan and valsartan. Second, we stratified by smoking status, to evaluate the association between ARB use and lung cancer among three different stratums of smoking status.

This study was approved by the Institutional Review Board (IRB) of the Williams JB Dorn VA Medical Center and VA regulatory oversight organizations including the National Data Systems and the Patient Care Services. All data were stored and analysed using the resources of the Veterans Affairs Informatics and Computing Infrastructure (VINCI) by the author G.R.

## RESULTS

The final cohort consisted of 1228960 unique patients. Baseline covariates with the greatest influence on the propensity to prescribe ARB were diabetes mellitus, serum creatinine level, concurrent or past use of ACEis, insulin use, BMI, congestive heart failure, chronic renal failure, thiazide diuretics, low-density lipoprotein levels and essential hypertension. Baseline comparisons between treated and not-treated groups, both with and without weighting, are reported in Table 1 and standardized differences between the two groups are shown in Fig. 1. Because the untreated group was limited to those with propensity scores that were within two standard deviations of the treated group: the treated and not-treated appeared similar even before weighting with IPTW, improving statistical validity. The characteristics of the two groups represent patients likely to receive ARB and are not representative of the general VA patient population, explaining the high rate of hypertension (more than $96 \%$ ) in all groups.

A total of 78075 ( $6.4 \%$ ) patients were classified as treated with a total follow-up time of 350878 person-years (mean $4.5 \pm 2.1$ years) compared with 1151826 ( $93.7 \%$ ) classified as not-treated with a total follow-up time of 5098085 person-years (mean $4.4 \pm 2.0$ years). The number of lung cancers diagnosed in the treated and not-treated groups were 346 ( $0.44 \%$ ) and $6577(0.57 \%)$, respectively [relative risk (RR) 0.78 ( $0.70-0.86$ ); $P<0.001$ ]. The 10 -year number needed to treat (NNT) to reduce lung cancer incidence by one case is 329 . The difference in incidence rates for lung cancer in the two groups is shown in Fig. 2. After double-robust regression, the adjusted hazard ratio for ARB was $0.74(0.67-0.83, P<0.0001)$ (Table 2).

Smoking status at the start date of follow-up had the largest impact on the incidence of lung cancer with current smokers accounting for $5123(0.9 \%)$, former smokers accounting for
$1614(0.4 \%)$ and never smoker accounting for $187(0.1 \%)$. On subanalysis with recalculated
IPTW within the different strata of smokers, the reduction in cancer incidence among current smokers persisted with a hazard ratio of 0.72 ( $0.64-0.82 ; P<0.001$ ). Similar subanalysis among never-smokers and former smokers demonstrated an association in the same direction, but it did not reach statistical significance.

The number of patients who were censored, dead or lost-to-follow-up were similar between treated and not-treated groups at 67615 (86.6\%); 3981 (5.1\%); 6133 (5.5\%) vs. 979036 ( $85.0 \%$ ); $61365(5.3 \%)$; and 104848 ( $9.1 \%$ ). The number of patients in the treated group who were on ARB treatment for at least $75 \%$ of their respective duration of follow-up was 41338 ( $53.0 \%$ ); 27121 ( $34.7 \%$ ) were still on treatment at the end-of-follow-up. The number of patients who were on ARB for $25 \%$ or less of their respective duration of follow-up was $19405(24.9 \%)$. The number of patients in the not-treated group who were subsequently started onARB was small at $70735(6.1 \%)$, with the mean time to initiation of ARB being 2.9 years $( \pm 1.9)$.

Losartan [37 382 (48.7\%)] was the most common ARB subtype prescribed in the VA followed by irbesartan [17 992 (23.4\%)], valsartan [17 477 (22.8\%)] and candesartan [3757 $(4.9 \%)]$. There were temporal differences in the pattern of utilization of ARBs between 2003 and 2009. Irbesartan accounted for more than $58 \%$ of ARB dispensations in the calendar year 2003 and 2004, but in the calendar years 2005 to 2009, losartan became the most common ARB accounting for 49.5, 66.4, 69.2, 70.2 and $73.6 \%$ of all ARBs across those 5 years. Olmesartan and telmisartan had the lowest dispensation rates of 0.05 and $0.19 \%$, respectively, with no observed lung cancers, and therefore were excluded from further ARB subtype subanalysis. Candesartan was preferentially dispensed to patients with cardiac arrhythmia or those prescribed beta-blockers, whereas valsartan was used preferentially among those with a diagnosis of heart failure. The preferred ARB type among patients with diabetes mellitus was losartan. The crude rates of lung cancer were highest for candesartan and irbesartan, but this was not found in the time-to-event survival analysis model adjusted for smoking status, BMI, diabetes mellitus, race, ethnicity and age, in which no ARB subtype was found to be significantly different than losartan in relation to lung cancer (Table $3)$.

## DISCUSSION

We used retrospective data from the nationwide cohort of United States Veterans, to evaluate the impact of real-world use of ARBs on the long-term risks for the development of lung cancer. Our analysis included a total cohort of more than one million individual patients with over five million combined person-years of follow-up, potentially the largest long-term medication safety research study. We found that intention to dispense ARBs was not associated with an increased risk of lung cancer. On the contrary, it appeared to have a protective effect [hazard ratio $0.74(0.67-0.83, P<0.0001)$ ], with a small absolute risk reduction of 0.30 lung cancers per 1000 person-years in the ARB-treated group. As shown in weighted incidence curves (Fig. 2), the difference in risk among ARB-prescribed and nonprescribed group starts to emerge after the third year and consistently increases over the
consequent years. On stratified analysis, the protective effect was statistically significant only among those who at the start of follow-up were current smokers.

Our study findings are in contrast with those reported by Sipahi et al. [1], who reported a modest increase in risk. The meta-analyses showed that exposure to maximal daily doses of ARBs for at least 3 years increased lung cancer, but the excess risk does not become apparent at lower levels of total exposure. Although we were unable to include dose information in our analysis - due to data unavailability - it is most likely that lower drug doses are prescribed in the real world (especially in an elderly VA cohort). Further, the cancer protective effect appeared to be more prominent around the thirrd year after start of treatment. Our subanalysis did not reveal any ARB subtype effect, but this cannot be ruled out, as the use of telmisartan, the most prevalent ARB subtype in the study from Sipahi et al. [1], was almost negligible in the VA.

The Collaborative Transplant Study concluded that among kidney transplant recipients, ACEi/ARB treatment was associated with a significant increase in the rate of respiratory/ intrathoracic tumours in the subpopulation of patients with a history of smoking [7]. In contrast, we found that smokers on ARB (dominantly losartan) were in fact associated with a lower risk of lung cancer than nonsmokers on ARB.

To our knowledge, this is the first United States Veteran population-based study that evaluated the relationship between ARBs dispensation and lung cancer, the first to use individual-level linked claims, electronic medical records and cancer registry data inside the new VINCI environment. Such large studies that evaluate safety concerns are few. Recently, a Danish nationwide cohort study used predominant administrative claims data to show no significant cancer risk increase among new ARB users compared with new ACEi users [adjusted rate ratio, $0.99 ; 95 \%$ confidence interval (CI) 0.95-1.03] and, specifically, no significant difference in lung cancer risk (adjusted rate ratio, 0.92 ; 95\% CI 0.82-1.02) [5]. Similar to our findings, a study based on Taiwan National Health Insurance Database reported an independent association of ARB use with a decreased risk for cancer occurrence among patients with systemic hypertension (hazard ratio $0.66,95 \%$ CI $0.63-0.68, P<0.001$ ) [15]. Such beneficial results might be worth investigating, especially as any efficient cardiovascular therapy might prolong life and thereby expose the patient to an increased risk of cancer of all forms [16].

We believe that this study is the largest to date to investigate the relationship between ARB exposure and lung cancer risk. More epidemiological and clinical data are accumulating in this area and this investigation is timely, especially considering the recent meta-analysis carried out by Sipahi et al. [1]. With observational data, one can never be sure that a model for the treatment assignment mechanism (IPTW-weighted Cox-proportional hazard model) or a model for the counterfactual data is correct, so to partly overcome this limitation, we conducted a double-robust regression. In such a model, the resulting estimator is doublerobust when either a model for the treatment assignment mechanism or a model for the distribution of the counterfactual data is correctly specified, giving the investigators two opportunities for bias control [14], and improving on previous approaches. Another strength aspect of the design is using IPTW on the basis of propensity score to balance the two
comparative groups allowed us to control for measured confounders and to approximate

Nevertheless, although one can measure certain confounders, many can never be measured. This is especially an important limitation, as some of these confounders may rise due to medical activities that are not captured in the VA medical records: for instance, some patients who were classified as not-receiving ARB might have received ARBs outside the VA. However, this specific effect is probably minimal, as lower copay and governmental benefits administered by the VA pharmacy are strong incentives for Veterans to dispense their ARBs consistently via VA pharmacy. Although it is reasonable to expect that the treated and not-treated groups in this observational study are balanced on the variables used to generate the propensity scores, unlike a true-randomized experiment, the IPTW procedure will not balance unmeasured confounding such as latent or undiagnosed disease or disease severity. Thus, the bias from lack of information on unmeasured confounding variables cannot be excluded. However, most of the established confounders such as diabetes mellitus, age and smoking are measured in our study, and have been used in the computation of propensity scores; thus, the bias from major confounders is less likely. In addition, we have incorporated variables that may approximate instrumental variables (such as serum creatinine) that are expected to be related to ARB dispensation but unrelated (or very weakly related) to outcome; instrumental variables when balanced using propensity scores are thought to balance unmeasured confounders.

Other limitations are that nonadherence to the dispensed drugs might bias results towards the null, especially if ARBs were associated with lung cancer; however, a bias to the null would not explain the observed protective effect, which is away from the null. Also, by comparing treated to not-treated, a surveillance bias for lung cancer might have been created because patients under antihypertensive treatment are more likely to have opportunities to report symptoms of lung cancer to their physicians. However, this surveillance bias is also expected to reduce the effect measure towards one or the null and thus reduce the probability of detecting a reduced risk of lung cancer. Also, as this is an intention-to-treat analysis, cross-contamination between the two groups may bias the results. To investigate the risk of cross-contamination, we examined our data and found that only $6.1 \%$ of the not-treated group was prescribed ARBs after enrolment (started ARBs during interval follow-up); this crossover is also likely to move our findings towards the null, if ARBs are indeed protective. The observed rate of lung cancer for each age group may appear to be lower than the expected rate for a comparable US general population. This may be explained by nondifferential bias from incomplete reporting within a hospital-based cancer registry or the use of cancer as a baseline exclusion criterion. Finally, we are aware that our average follow-up time of 4.5 years may not fully account for the possible causal biological effect of ARB intake on cancer occurrence, but in this follow-up period, no increased risk was observed.

In conclusion, in this large nationwide cohort of United States Veterans, we found no evidence to support a concern of increased risk of lung cancer among those dispensed ARB (predominantly losartan) compared with those not dispensed by presenting evidence of a protective relationship. These findings are considered additional reassurance to the Foods
and Drug Administration conclusion that ARBs are at least not harmful for lung cancer incidence. Also, such findings are useful to stimulate further research on the subject, if indeed ARBs had any protective association.

## ACKNOWLEDGEMENTS

We wish to thank the VINCI program, the VA CCR and staff at the William JB Dorn VA Medical Center. J.R.H. was supported by an Established Investigator Award in Cancer Prevention and Control from the Cancer Training Branch of the National Cancer Institute (K05 CA136975); the South Carolina Cancer Disparities Community Network from the National Cancer Institute's Center to Reduce Cancer Health Disparities (Community Networks Program Center) (U54 CA153461, J.R.H., principal investigator); and the South Carolina Cancer Prevention and Control Research Network (U48 DP001936, J.R.H., principal investigator) from the Centers for Disease Prevention and Control.

## Abbreviations

| ACEi | angiotensin-converting enzyme inhibitors |
| :--- | :--- |
| ARB | angiotensin receptor blockers |
| FDA | Food and Drug Administration |
| VA | Department of Veterans Affairs |
| VINCI | Veterans Affairs Informatics and Computing Infrastructure |

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Figure 1.
Balance achieved for selected covariates. Only selected variables reported. Black vertical line represents standardized difference of 10 . Postweighting, all variables had a standardized difference of less than 10. ACEi, angiotensin-converting enzyme inhibitors; CCB, calcium channel blockers; CHF, congestive heart failure; CRF, chronic renal failure; HDL, highdensity lipoprotein; HTN, essential hypertension; LDL, low-density lipoprotein; race (AA), African-American; race (Haw or PI), race Hawaiian or Pacific Islander; race (mixed other), mixed other race; race (others), other race; race (W and AA), both white and AA.


Figure 2.
Weighted incidence curve for lung cancer. HR, hazard ratio.

## TABLE 1

Baseline covariates, before and after weighting with inverse probability of treatment weights

|  | Treated vs. untreated (not-weighted) 76797 vs. 151955 | Treated vs. untreated (weighted) 78075 vs. 1151826 |
| :---: | :---: | :---: |
| Demographics |  |  |
| Age | $63.2 \pm$ (9.3) vs. $62.9 \pm$ (9.7) | $62.9 \pm$ (9.6) vs. $63 \pm$ (9.7) |
| Male | 73101 (95.2\%) vs. 1098,944 (95.4\%) | 74957 (96\%) vs. 1098716 (95.4\%) |
| Race |  |  |
| White | 60293 (78.5\%) vs. 918584 (79.7\%) | 62675 (80.3\%) vs. 917671 (79.7\%) |
| African-American | 12829 (16.7\%) vs. 182836 (15.9\%) | 12026 (15.4\%) vs. 183360 (15.9\%) |
| Mix of white and African-American race | 1072 (1.4\%) vs. 15744 (1.4\%) | 1031 (1.3\%) vs. 15759 (1.4\%) |
| Mixed other races | 1399 (1.8\%) vs. 20722 (1.8\%) | 1427 (1.8\%) vs. 20730 (1.8\%) |
| Other races | 1204 (1.6\%) vs. 14069 (1.2\%) | 918 (1.2\%) vs. 14307 (1.2\%) |
| Hispanic ethnicity | 4227 (5.5\%) vs. 60932 (5.3\%) | 3939 (5\%) vs. 61062 (5.3\%) |
| VA and Medicare dual beneficiary | 40514 (52.8\%) vs. 586712 (50.9\%) | 40166 (51.4\%) vs. 588007 (51\%) |
| Religion |  |  |
| Catholic | 19440 (25.3\%) vs. 287057 (24.9\%) | 19274 (24.7\%) vs. 287296 (24.9\%) |
| Protestant | 47214 (61.5\%) vs. 714086 (62\%) | 48537 (62.2\%) vs. 713645 (62\%) |
| Jewish | 1295 (1.7\%) vs. 16903 (1.5\%) | 1141 (1.5\%) vs. 17057 (1.5\%) |
| Other | 8848 (11.5\%) vs. 133909 (11.6\%) | 9123 (11.7\%) vs. 133828 (11.6\%) |
| Smoking status |  |  |
| Current | 36362 (47.3\%) vs. 565050 (49.1\%) | 39354 (50.4\%) vs. 563814 (48.9\%) |
| Former | 29604 (38.5\%) vs. 428186 (37.2\%) | 28361 (36.3\%) vs. 429107 (37.3\%) |
| Never | 10831 (14.1\%) vs. 158719 (13.8\%) | 10361 (13.3\%) vs. 158906 (13.8\%) |
| Substance abuse |  |  |
| Alcohol | 8746 (11.4\%) vs. 143521 (12.5\%) | 10694 (13.7\%) vs. 142784 (12.4\%) |
| Substance | 6153 (8\%) vs. 99368 (8.6\%) | 7467 (9.6\%) vs. 98955 (8.6\%) |
| BMI | $31.3 \pm$ (5.9) vs. $30.2 \pm$ (5.6) | $30.2 \pm$ (5.5) vs. $30.3 \pm$ (5.7) |
| Comorbidity |  |  |
| Diabetes mellitus | 26552 (34.6\%) vs. 264426 (23\%) | 18708 (24\%) vs. 272706 (23.7\%) |
| Essential hypertension | 74228 (96.7\%) vs. 1131618 (98.2\%) | 76167 (97.6\%) vs. 1130276 (98.1\%) |
| Myocardial infarction | 1465 (1.9\%) vs. 15480 (1.3\%) | 1041 (1.3\%) vs. 15875 (1.4\%) |
| Cardiac dysrhythmia | 13008 (16.9\%) vs. 178070 (15.5\%) | 11778 (15.1\%) vs. 179102 (15.5\%) |
| Congestive heart failure | 7008 (9.1\%) vs. 56598 (4.9\%) | 4051 (5.2\%) vs. 59582 (5.2\%) |
| Acute cerebrovascular disease | 3506 (4.6\%) vs. 48065 (4.2\%) | 3507 (4.5\%) vs. 48347 (4.2\%) |
| Chronic obstructive pulmonary disease | 15992 (20.8\%) vs. 232758 (20.2\%) | 15409 (19.7\%) vs. 233146 (20.2\%) |
| Asthma | 5130 (6.7\%) vs. 69702 (6.1\%) | 4444 (5.7\%) vs. 70119 (6.1\%) |
| Chronic renal failure | 4920 (6.4\%) vs. 32282 (2.8\%) | 2224 (2.8\%) vs. 34785 (3\%) |
| Ulcerative colitis | 646 (0.8\%) vs. 10275 (0.9\%) | 692 (0.9\%) vs. 10238 (0.9\%) |
| Rheumatoid arthritis | 1620 (2.1\%) vs. 25514 (2.2\%) | 1626 (2.1\%) vs. 25430 (2.2\%) |
| Osteoarthritis | 24427 (31.8\%) vs. 380447 (33\%) | 25612 (32.8\%) vs. 379532 (33\%) |
| Benign prostatic hyperplasia | 15197 (19.8\%) vs. 239548 (20.8\%) | 15728 (20.1\%) vs. 238792 (20.7\%) |


|  | Treated vs. untreated (not-weighted) 76797 vs. 1151955 | Treated vs. untreated (weighted) 78075 vs. 1151826 |
| :---: | :---: | :---: |
| HIV | 277 (0.4\%) vs. 4530 (0.4\%) | 337 (0.4\%) vs. 4508 (0.4\%) |
| Hepatitis B | 1434 (1.9\%) vs. 21442 (1.9\%) | 1478 (1.9\%) vs. 21445 (1.9\%) |
| Hepatitis C | 3849 (5\%) vs. 59212 (5.1\%) | 4126 (5.3\%) vs. 59112 (5.1\%) |
| Mood disorder | 21642 (28.2\%) vs. 324517 (28.2\%) | 22173 (28.4\%) vs. 324474 (28.2\%) |
| Schizophrenia | 2931 (3.8\%) vs. 47188 (4.1\%) | 3809 (4.9\%) vs. 47013 (4.1\%) |
| Personality disorder | 1848 (2.4\%) vs. 29417 (2.6\%) | 2258 (2.9\%) vs. 29320 (2.5\%) |
| Epilepsy | 1823 (2.4\%) vs. 29632 (2.6\%) | 2189 (2.8\%) vs. 29496 (2.6\%) |
| History of coma | 317 (0.4\%) vs. 4485 (0.4\%) | 313 (0.4\%) vs. 4502 (0.4\%) |
| History of suicidality | 512 (0.7\%) vs. 8314 (0.7\%) | 630 (0.8\%) vs. 8276 (0.7\%) |
| Concomitant medications |  |  |
| Angiotensin-converting enzyme inhibitors | 54211 (70.6\%) vs. 564332 (49\%) | 38380 (49.2\%) vs. 579712 (50.3\%) |
| Antidepressants | 12668 (16.5\%) vs. 182006 (15.8\%) | 12115 (15.5\%) vs. 182448 (15.8\%) |
| Betablockers | 22123 (28.8\%) vs. 296580 (25.7\%) | 18713 (24\%) vs. 298609 (25.9\%) |
| Calcium channel blocker | 9946 (13\%) vs. 122186 (10.6\%) | 7544 (9.7\%) vs. 123722 (10.7\%) |
| Glucocorticoids | 2820 (3.7\%) vs. 37399 (3.2\%) | 2283 (2.9\%) vs. 37673 (3.3\%) |
| Insulin | 8685 (11.3\%) vs. 59044 (5.1\%) | 4211 (5.4\%) vs. 63384 (5.5\%) |
| Statins | 5405 (7\%) vs. 68124 (5.9\%) | 4294 (5.5\%) vs. 68890 (6\%) |
| 5-alpha-reductase inhibitor | 1658 (2.2\%) vs. 24412 (2.1\%) | 1596 (2\%) vs. 24437 (2.1\%) |
| Thiazide diuretics | 25926 (33.8\%) vs. 326393 (28.3\%) | 20921 (26.8\%) vs. 330064 (28.7\%) |
| Baseline laboratory |  |  |
| Alanine aminotransferase | $33.5 \pm$ (19.6) vs. $33.3 \pm$ (19.9) | $333 \pm$ (18.6) vs $33.3 \pm$ (20.1) |
| Asparatate aminotransferase | $28.5 \pm$ (16.9) vs. $28.8 \pm$ (16.2) | $29 \pm$ (18.4) vs. $28.7 \pm$ (16.2) |
| International normalized ratio | $1.4 \pm$ (0.5) vs. $1.4 \pm$ (0.5) | $1.4 \pm$ (0.4) vs. $1.4 \pm$ (0.5) |
| Platelet count | $158.5 \pm(33.5)$ vs. $157.4 \pm$ (31.7) | $157 \pm$ (30) vs. $157.5 \pm$ (31.9) |
| Albumin | $4.1 \pm$ (0.4) vs. $4.1 \pm$ (0.3) | $4.1 \pm(0.4)$ vs. $4.1 \pm$ (0.3) |
| High-density lipoprotein | $43.2 \pm$ (7.6) vs. $43.7 \pm$ (7.5) | $43.8 \pm$ (7.7) vs. $43.7 \pm$ (7.5) |
| Hemoglobin | $14.4 \pm$ (1.4) vs. $14.5 \pm$ (1.2) | $14.5 \pm$ (1.3) vs. $14.5 \pm$ (1.2) |
| Low-density lipoprotein | $105 \pm$ (30.3) vs. $107.9 \pm$ (28.5) | $107.8 \pm$ (30.2) vs. $107.8 \pm$ (28.5) |
| Potassium | $4.3 \pm$ (0.5) vs. $4.3 \pm$ (0.4) | $4.3 \pm(0.4)$ vs. $4.3 \pm$ (0.4) |
| Creatinine | $1.2 \pm(0.5)$ vs. $1.1 \pm$ (0.4) | $1.1 \pm(0.3)$ vs. $1.1 \pm(0.4)$ |
| Total cholesterol | $176.9 \pm$ (39.4) vs. $178.6 \pm$ (37) | $178 \pm$ (38.4) vs. $178.5 \pm$ (37.2) |
| Trigylcerides | $164.1 \pm(90.8)$ vs. $158.6 \pm$ (85.2) | $158.4 \pm$ (86.5) vs. $158.9 \pm$ (85.5) |

## TABLE 2

Adjusted hazard ratio by double-robust regression

| Variables | Hazard ratio |
| :--- | :--- |
| Angiotensin receptor blocker | $0.74(0.67-0.83, P<0.0001)$ |
| Age group (Reference' $\geq 70$ ') |  |
| 65-70 years | $1.05(0.99-1.13, P=0.1191)$ |
| $60-65$ | $1.00(0.94-1.07, P=0.9025)$ |
| $55-60$ | $0.58(0.54-0.62, P<0.0001)$ |
| $50-55$ | $0.39(0.35-0.43, P<0.0001)$ |
| $45-50$ | $0.20(0.16-0.24, P<0.0001)$ |
| $40-45$ | $0.07(0.04-0.11, P<0.0001)$ |
| Race (reference 'white') | $1.19(1.11-1.27, P<0.0001)$ |
| African-American | $1.21(0.99-1.46, P=0.059)$ |
| Mix of white and | $0.50(0.36-0.7, P<0.0001)$ |
| African-American race | $1.74(1.51-2, P<0.0001)$ |
| Mixed other races | $0.45(0.38-0.53, P<0.0001)$ |
| Other races | $6.54(5.65-7.57, P<0.0001)$ |
| Hispanic ethnicity | $2.84(2.44-3.31, P<0.0001)$ |
| Smoker (reference 'Never') | $1.02(0.96-1.08, P=0.5557)$ |
| Current |  |
| Former |  |
| BMI |  |
| Diabetes mellitus |  |

TABLE 3
Subanalysis among treated for the relationship between angiotensin receptor blocker subtype and lung cancer incidence

| Stratified by smoking status $^{a}$ | HR for ARB (95\% CI) | $P$ |
| :--- | :---: | :---: |
| All current smokers | $0.72(0.64-0.82)$ | $<0.001$ |
| All former smokers | $0.86(0.70-1.07)$ | 0.175 |
| All never smoked | $0.42(0.18-1.02)$ | 0.06 |
| Stratified ARB subtype in a cohort of all ARB users ${ }^{2}$ | HR for ARB subtype (95\% CI) | $P$ |
| Losartan | 1 (reference) |  |
| Candesartan | $1.00(0.67-1.51)$ | 0.79 |
| Irbesartan | $0.94(0.73-1.22)$ | 0.95 |
| Valsartan | $0.94(0.69-1.27)$ | 0.99 |

ARB, angiotensin receptor blocker; CI, confidence interval; HR, hazard ratio.
${ }^{a}$ Adjusted for age, race, Hispanic ethnicity, diabetes mellitus and BMI.
${ }^{b}$ Adjusted for age, race, Hispanic ethnicity, smoking status, diabetes mellitus and BMI for all patients.


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    Disclaimer: The views expressed in this article are those of the authors and do not necessarily reflect the position or policy of the VA or the United States government.
    Conflicts of interest
    There are no conflicts of interest.

