Table S1. National Kidney Foundation list of 37 unique herbs potentially harmful in the setting of CKD (http://www.kidney.org/atoz/content/herbalsupp.cfm)

Potentially toxic to the kidneys	Potentially harmful in CKD		Known to be unsafe for all people
artemisia absinthium (wormwood plant)*	alfalfa*	ginger*	chapparal
autumn crocus	aloe*	ginseng*	comfrey
chuifong tuokuwan (black pearl)	bayberry*	horsetail*	ephedra (ma huang)*
horse chestnut	blue cohosh	licorice*	lobelia
periwinkle	broom*	mate	mandrake
sassafras	buckthorn*	nettle*	pennyroyal
tung shueh	capsicum*	noni juice*	pokeroot*
vandelia cordifolia	cascara*	panax*	*sassafras*
	coltsfoot	rhubarb*	*senna**
	dandelion*	*senna**	yohimbe*
		vervain	

Italics, herb listed in more than one category but only counted once as a unique herb.
*Identified in dietary supplements reportedly taken in study population