

MOMMY'S TRIP



HELPING PEOPLE IN WEST AFRICA



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

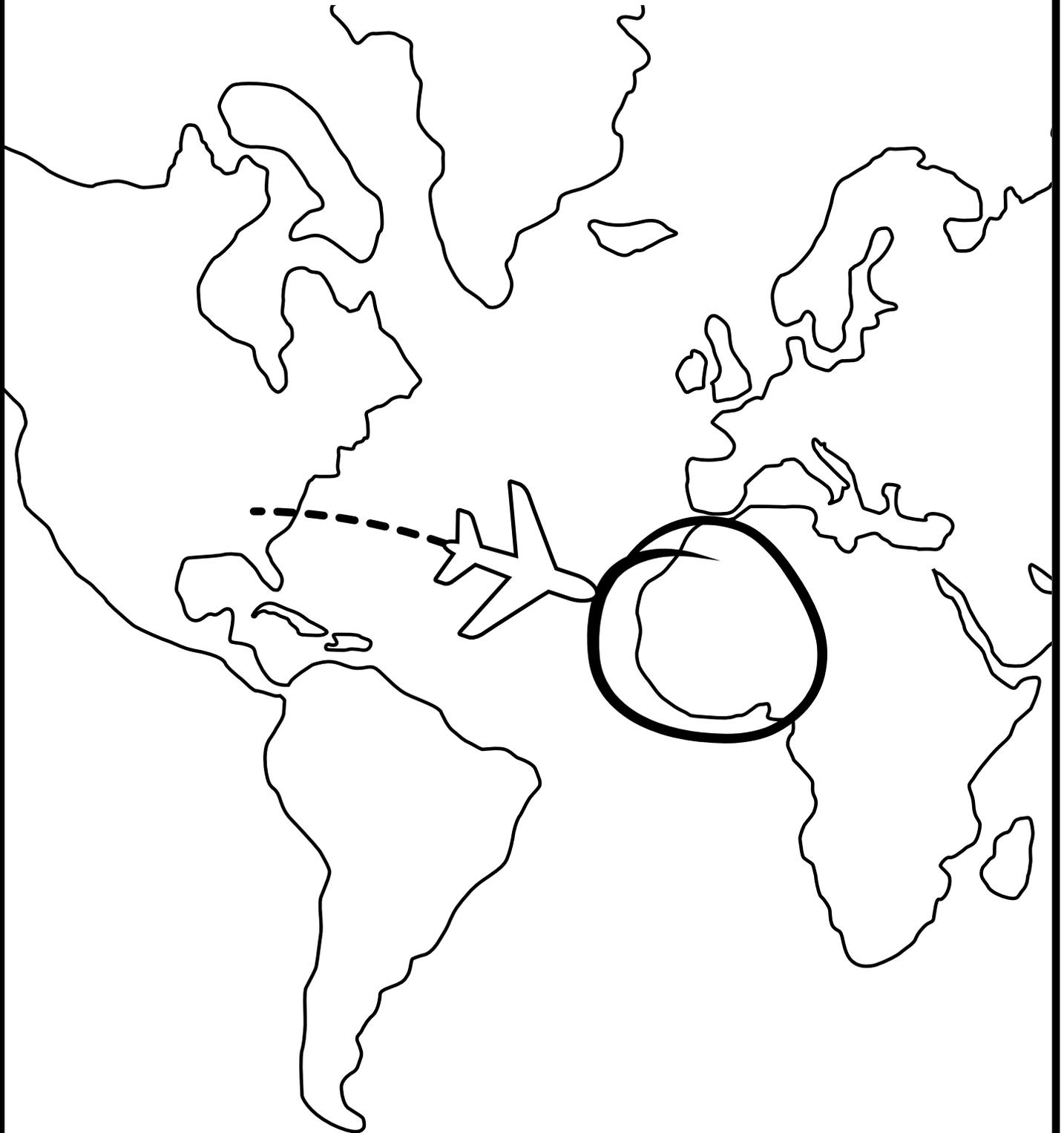


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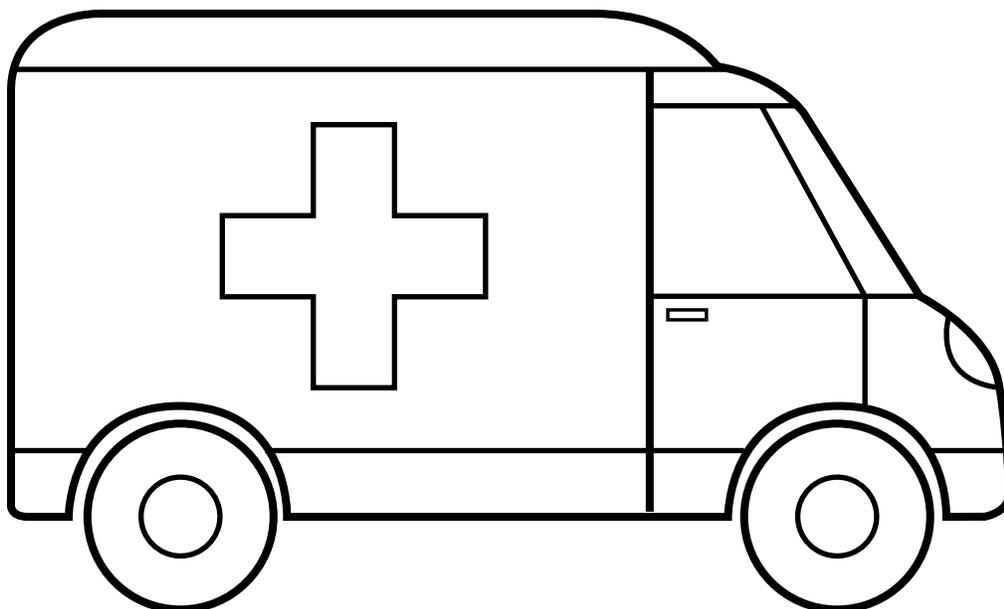
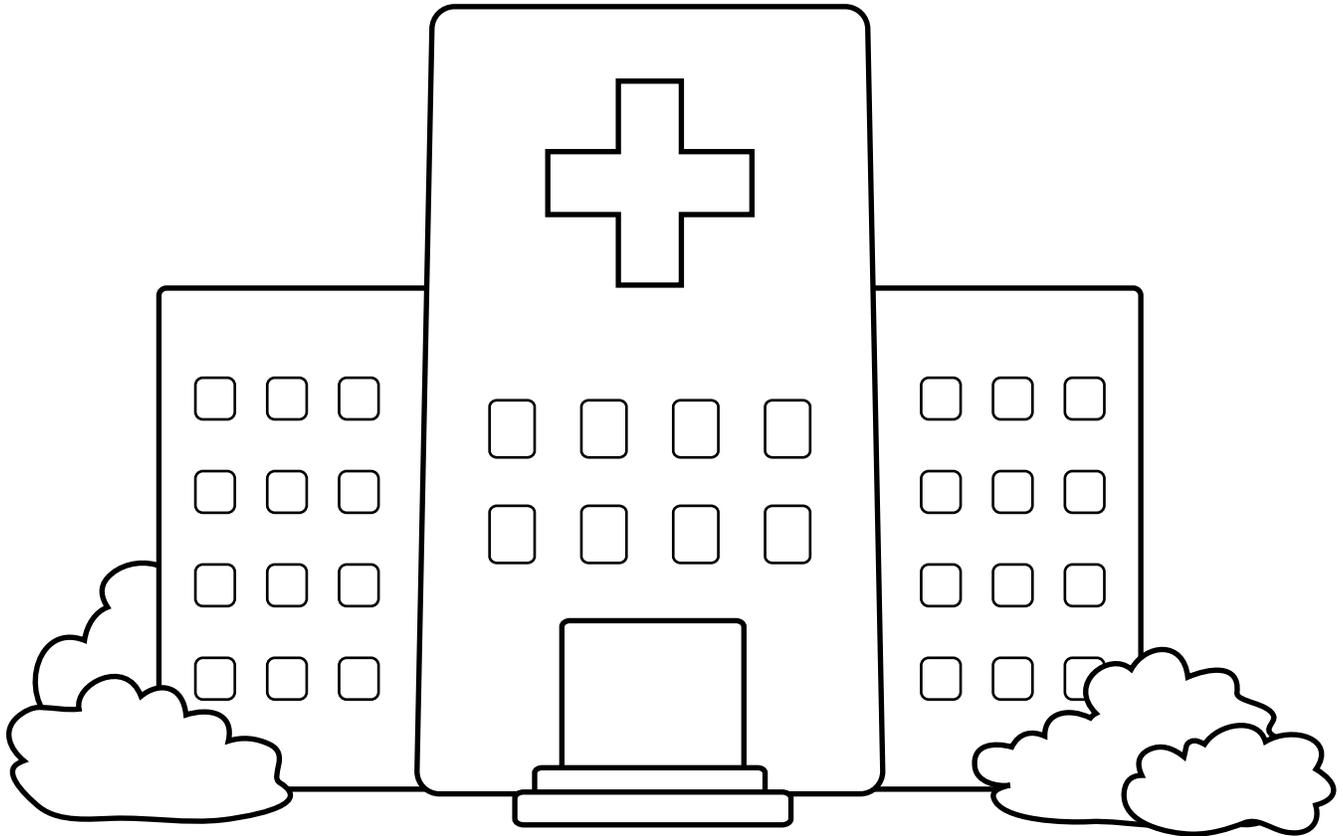
Note to Parents

The Centers for Disease Control and Prevention has created this activity book to offer parents an interactive way to talk to their kids about deployment to West Africa. This activity book is recommended for children from 2-8 years old.

Ebola is making people sick in parts of West Africa. Africa is far away from the United States.



A few people who have gotten sick in West Africa have come to the United States to see a doctor.



Mommy is going to West Africa for a few weeks to help stop more people from getting sick.

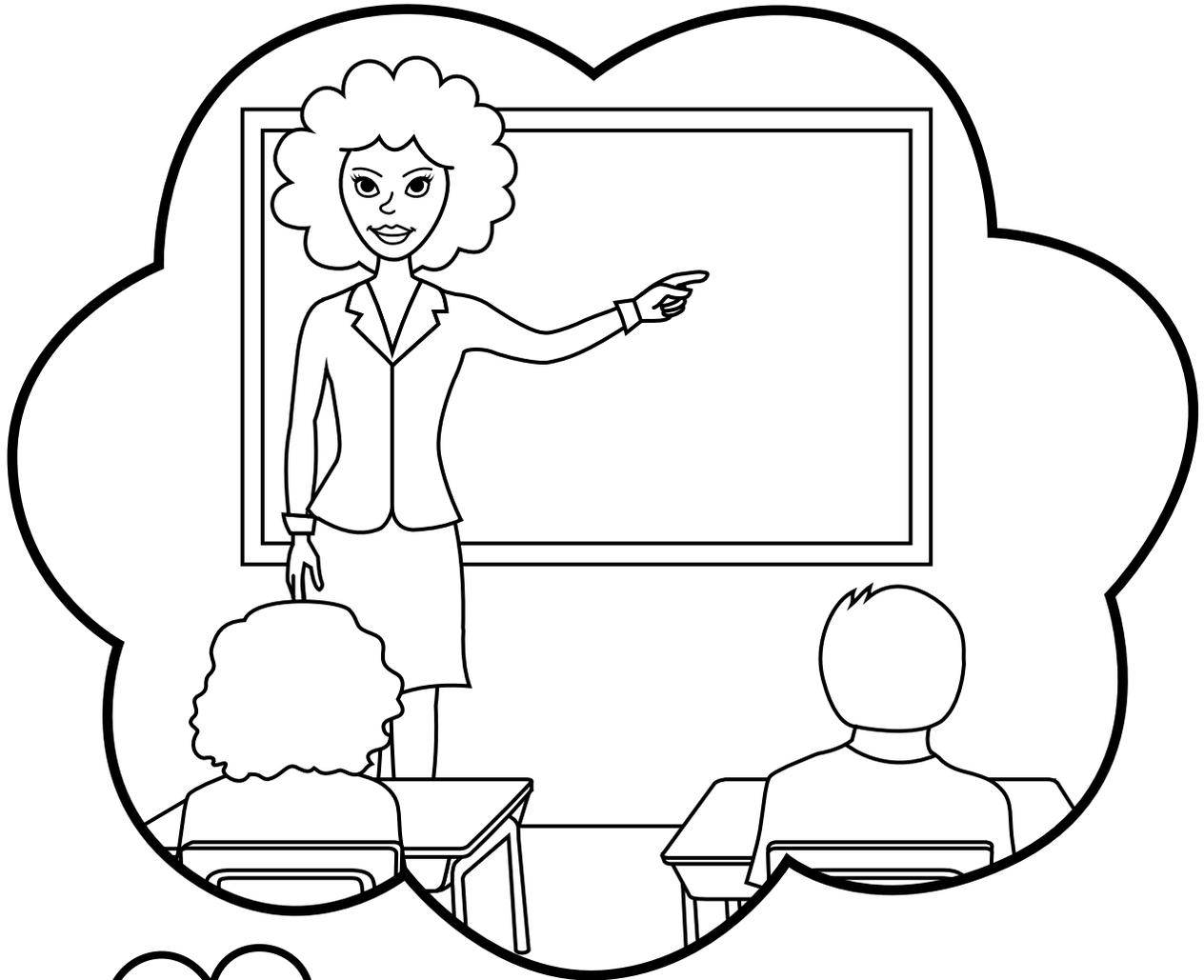


SHE IS A HERO!

Ebola is spread when the spit, blood, sweat, poop, or pee of a sick person gets in the eyes, nose, mouth, or cuts of a healthy person. Only a person sick with Ebola can make another person sick. People in Africa cannot get Ebola from the air, water, or food.



In West Africa, Mommy will make sure sick people go to the hospital for help. She will also teach people how to protect themselves from Ebola and stay healthy.



WORD SEARCH

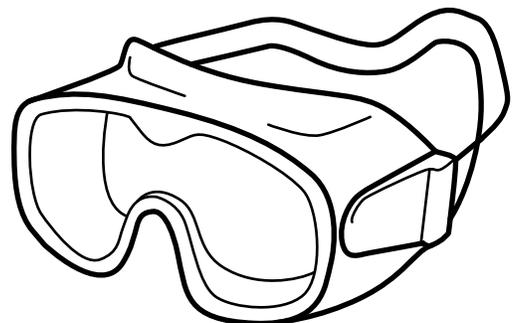
Mommy will have special clothes and tools to keep her extra safe.

Help Mommy put her personal protective equipment items together by circling the words below. The words can be across, down, or even diagonal.

O T B A A N F J D Q A L P
D R O K O M S F I S I B H
J R O M Q U B S H H O O D
O S T P A S E T M Q M S N
F H S Q G L O V E S N N E
G T P U G K C Z O W V R Z
Q D P G D H N T X P G K R
L S O M A S K Q M K D F K
H G E Y P P A H S P I F Q
B H D Y R T B Z S T T J P
Q M B X O F P C G O W N O
W L C G N B L E A C H N W
I O C E B Q E F F G A V X

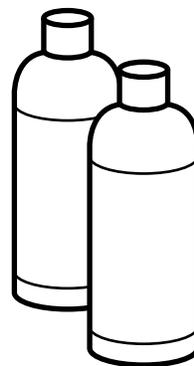
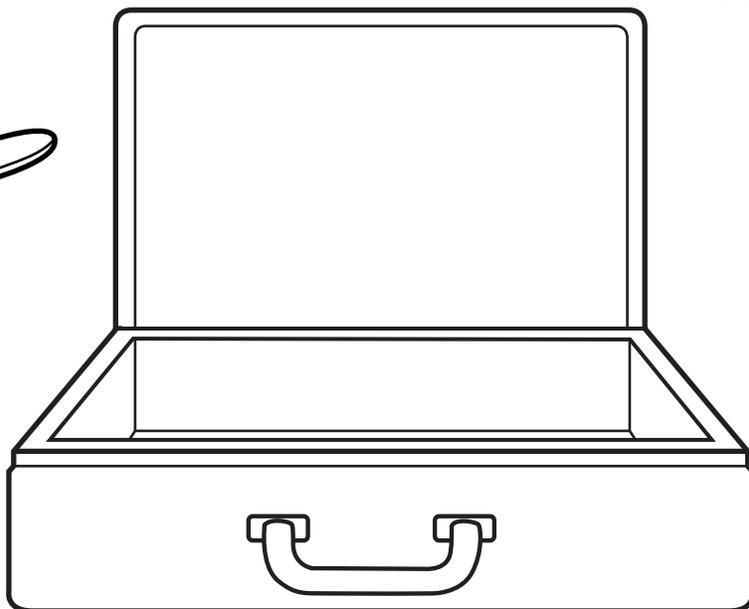
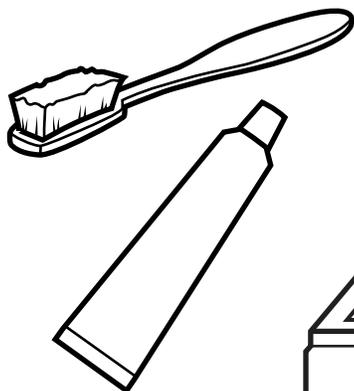
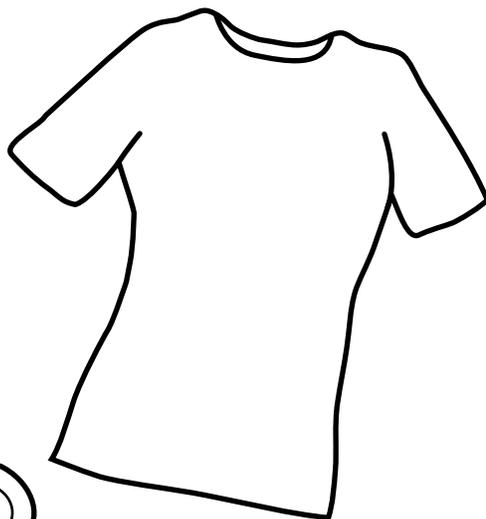
APRON
BLEACH
BOOTS
GLOVES

GOGGLES
GOWN
HOOD
MASK



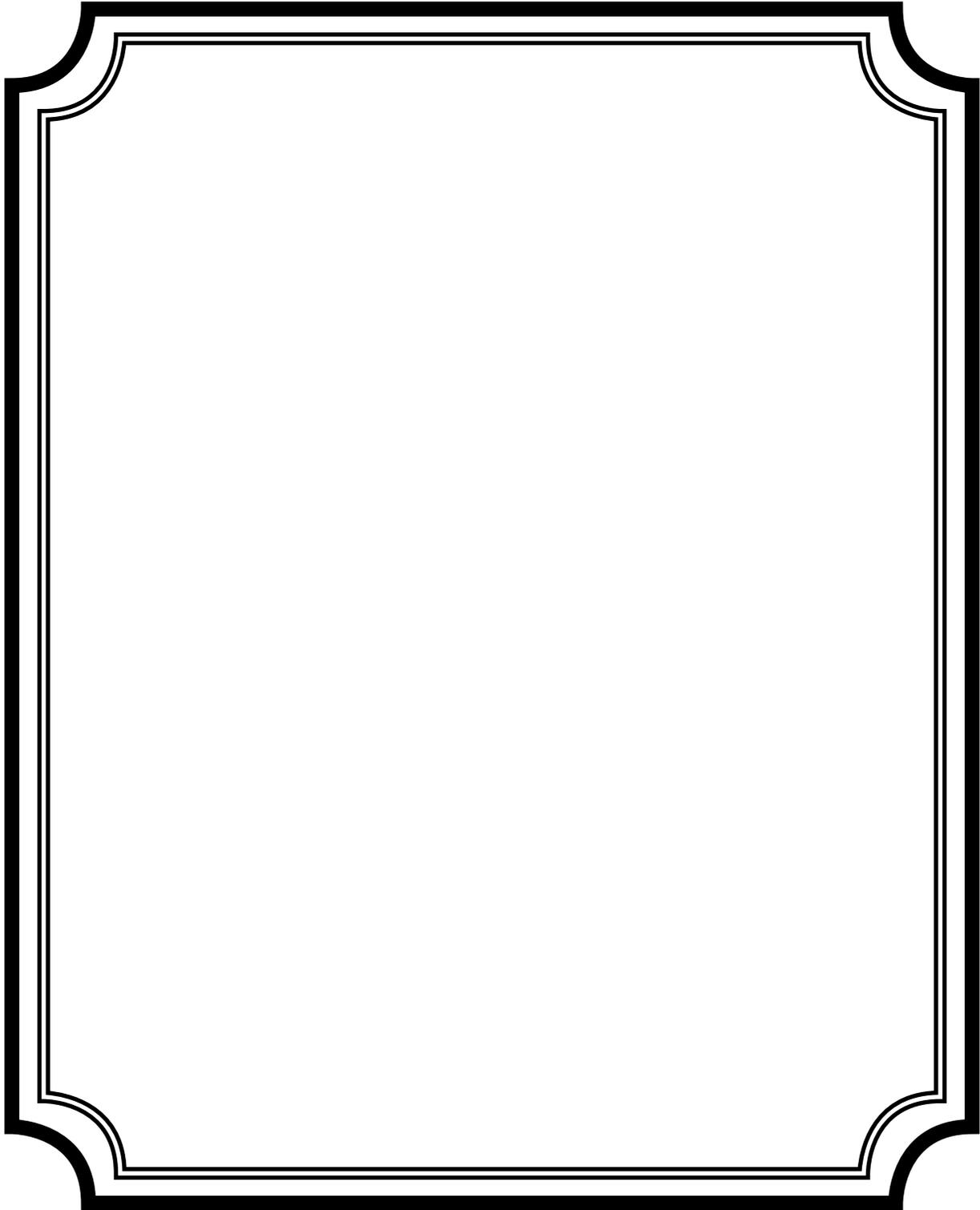
As Mommy gets ready to leave, you can help her pack her suitcase. Give her a “good luck charm” to remind her of you!

Color the items Mommy needs to pack for her trip.

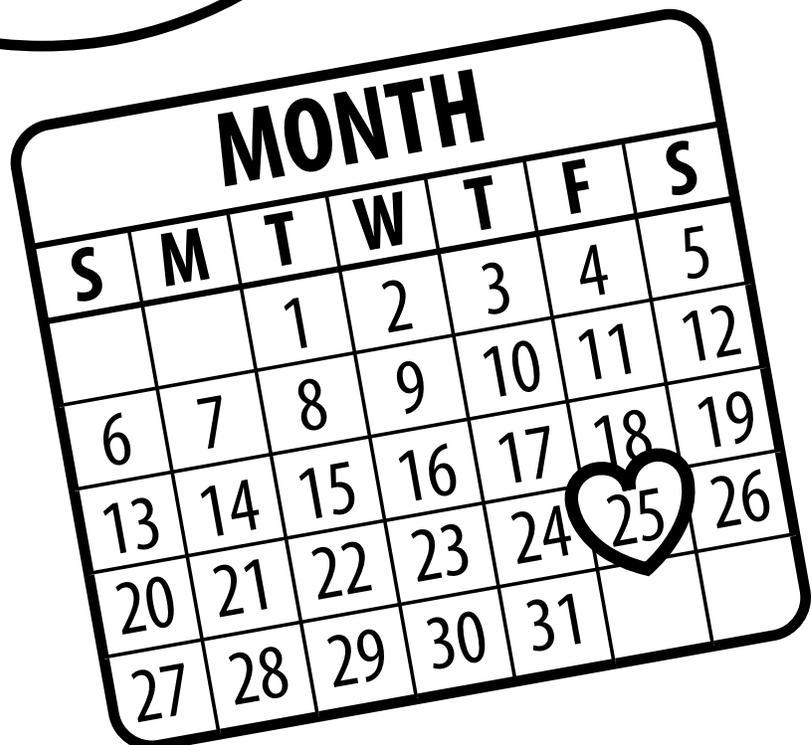
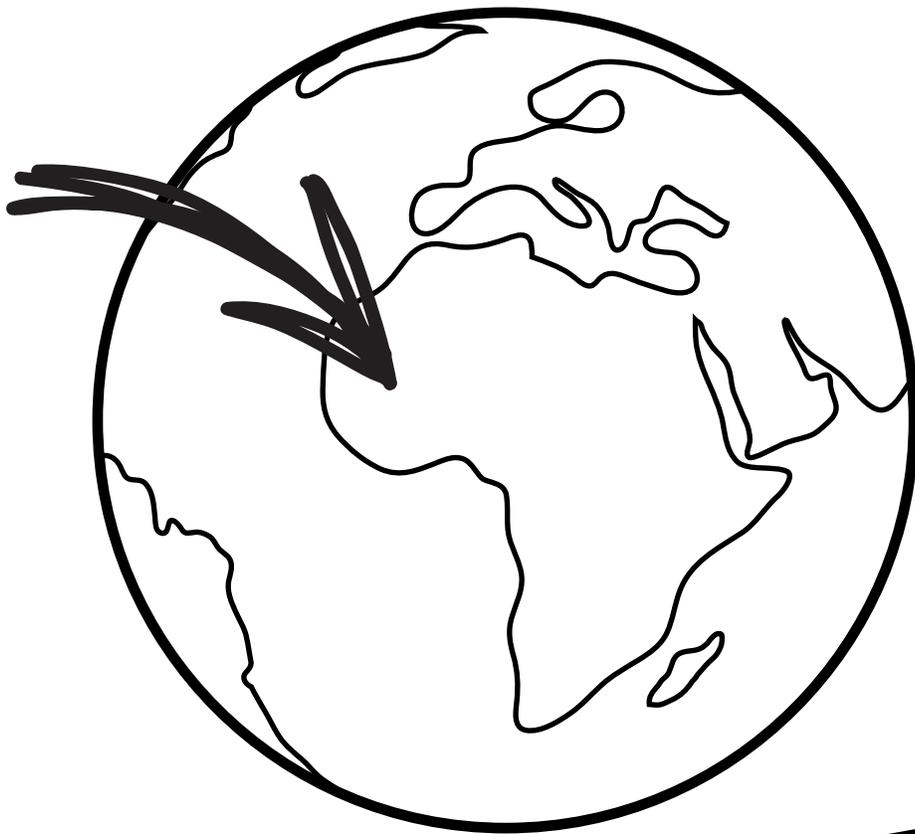


Mommy will miss you so much when she is gone. Give her lots of hugs and kisses before she leaves.

Draw her a picture that she can take with her!



You can help her find West Africa on a map so she knows where she is going! You can also circle the date on your calendar for when Mommy is coming home.



While Mommy is gone, help take care of your brothers and sisters, family pets, and house plants. Keep trying hard in school and be good.

Your Mommy loves to hear how great you are!



If people ask you what your Mommy is doing in West Africa, tell them she is helping to save lives. You are so proud of her and can't wait for her to come home!





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