PulseNet

Series 3

Foodborne Disease

Department of Health and Human Services

CDC & ATSDR

Foodborne Disease

Think about all the food you ate today. Can you remember? How about what you ate yesterday or last week? Finding out what people eat helps disease detectives track down the cause of foodborne illness. Foodborne diseases are sometimes caused by tiny bacteria that make us sick. These bacteria can cause stomachaches, throwing up and diarrhea. Usually we feel better in a few days, but sometimes we feel so bad we have to go to the doctor.