## CDC'S TIPS FROM FORMER SMOKERS. BEST BUY FOR PUBLIC HEALTH

Problem:

## \$170 SILLION

Cigarette smoking costs up to \$170 BILLION a year in healthcare spending, and more than 60% of it is paid for by public programs such as Medicare and Medicaid.

Response:



Tips from Former Smokers launched in 2012 for twelve weeks with a campaign cost of roughly \$48 MILLION.

Results:



The 2012 campaign was responsible for approximately **100,000** smokers quitting permanently and helped prevent **17,000** premature deaths.

Cost:



The 2012 *Tips From Former Smokers* campaign cost **\$393** per year of life saved.

Cost Savings:

Even with counseling, medication and other expenses to help smokers quit, *Tips* still costs **FAR** less than the \$50,000 benchmark for cost-effective health programs.

Source: American Journal of Preventive Medicine, December 2014.

