

SUPPLEMENTAL MATERIAL

Supplemental Table 1. Characteristics of women and their households participating in an acceptability study of quadruple fortified salt		
	Crossover trial (n=77)	Triangle tests (n=66)
	Mean (SD) or n (%)	Mean (SD) or n (%)
Household		
Village		
Village 1	19 (24.7)	19 (28.8)
Village 2	58 (75.3)	47 (71.2)
Household size	4.1 (1.3)	4.0 (1.2)
Monthly income, INR ¹	14,067 (12,399)	14,148 (13,016)
≤10,000 INR	34 (45.3)	28 (43.8)
Type of salt purchased by household ²		
Rock salt only	7 (9.2)	7 (10.8)
Table salt only	7 (9.2)	6 (9.2)
Rock salt and table salt	62 (81.6)	52 (80.0)
Rock salt	69 (90.8)	59 (90.8)
Table salt	69 (90.8)	58 (89.2)
Use of salt by household ³		
Rock salt		
Cooking	67 (97.1)	57 (96.6)
At the table	26 (37.7)	22 (37.3)
For other purposes	60 (87.0)	53 (89.8)
Table salt		
Cooking ¹	32 (47.8)	27 (48.2)
At the table	60 (87.0)	51 (87.9)
For other purposes	11 (15.9)	7 (12.1)
Food insecurity ^{1,4}		
1 (less food insecure)	71 (94.7)	60 (93.8)
2	1 (1.3)	1 (1.6)
3	1 (1.3)	1 (1.6)
4 (more food insecure)	2 (2.7)	2 (3.1)
Household dietary diversity ^{1,5}	7.2 (1.6)	7.2 (1.6)
Women		
Age, y	34.6 (8.6)	35.5 (8.6)
18 to <25	13 (16.9)	9 (13.6)
25 to <35	24 (31.2)	20 (30.3)
35 to <50	40 (51.9)	37 (56.1)
Highest level of education		
No formal schooling	12 (15.6)	11 (16.7)

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Grades 1-5	15 (19.5)	15 (22.7)
Grades 6-8	23 (29.9)	18 (27.3)
Grades 9-10	17 (22.1)	14 (21.2)
Grades 11-12	3 (3.9)	2 (3.0)
College or graduate degree	7 (9.1)	6 (9.1)
Marital status		
Currently married	70 (90.9)	61 (92.4)
Widowed, divorced, or separated	3 (3.9)	3 (4.5)
Never married	4 (5.2)	2 (3.0)
Household role		
Primary food preparer	64 (83.1)	55 (83.3)
Head of household	0 (0.0)	0 (0.0)
Both	10 (13.0)	9 (13.6)
Neither	3 (3.9)	2 (3.0)
Dietary preference		
Vegetarian	3 (3.9)	3 (4.5)
Non-vegetarian	74 (96.1)	63 (95.5)
Salt use at the table		
Very often (at almost every meal)	16 (20.8)	14 (21.2)
Often (about once a day)	22 (28.6)	17 (25.8)
Occasionally (less than once a day)	29 (37.7)	25 (37.9)
Almost never (less than once a week)	10 (13.0)	10 (15.2)
Tobacco use	2 (2.6)	2 (3.0)
Betel nut use	27 (35.1)	25 (37.9)

¹n=2 missing; ²n=1 missing; ³among households that reported using each type of salt

⁴Assessed using household food insecurity access scale (64)

⁵Assessed using household dietary diversity score (63), which ranges from 0 to 12 food groups consumed by household members at the home in the past 24 hours

Abbreviations: DFS, double-fortified salt (iron, iodine); QFS, quadruple-fortified salt (iron, iodine, folic acid, vitamin B₁₂)