

Appendix Table 1. Study and Program Characteristics of Included Fruit and Vegetable Intervention Studies (N=30)

Characteristics	Number of studies reporting (%)	Citations
U.S. Region	11 (37%)	17, 19, 20, 26, 28, 30, 31, 36, 38-40
West	7 (23%)	22, 23, 27, 29, 41-43
Midwest	7 (23%)	16, 18, 21, 24, 34, 44, 46
Northeast	2 (7%)	25, 33
South	3 (10%)	35, 37, 45
Multiple regions	1 (3%)	31
Tribal lands		
Urbanicity		
Urban	16 (53%)	19-25, 29, 30, 38-42, 44, 46
Mixed	9 (30%)	16-18, 27, 35-37, 43, 45
Rural	4 (13%)	26, 28, 33, 34
Tribal lands	1 (3%)	31
Incentive received through health care provider		
Yes	14 (47%)	22-25, 28, 31, 33, 35, 37, 41-45
No	16 (53%)	16-21, 26, 27, 29, 30, 34, 36, 38-40, 46
Restricted program to those at risk for or with a diet-related condition		
Yes	9 (64%)	22-25, 28, 35, 37, 43, 44
No or not reported	5 (36%)	31, 33, 40, 41, 45
Additional components offered		
Nutrition or diet-related disease prevention education	16 (53%)	16, 18, 21-25, 27, 28, 31, 34, 37, 43-46
Activities or materials offered in multiple languages	6 (20%)	16, 18, 19, 21, 44, 46
Retailer training or support	4 (13%)	22, 23, 31, 45
Vendor signage	2 (7%)	22, 23
Participant training on how program works	2 (7%)	22, 23
Community Health Worker follow up on progress	1 (3%)	22
Kitchen supplies kit	1 (3%)	27
Customized informational mailings	1 (3%)	16
Transportation	1 (3%)	16
No additional components or not reported	13 (43%)	17, 20, 26, 29, 30, 33, 35, 36, 38-42

Incentive Redemption Venue		
Farmers markets only	16 (53%)	16, 17, 21-26, 36, 37, 40-44, 46
Farmers markets or grocery stores	9 (30%)	18-20, 28, 30, 33, 38, 39, 45
Grocery stores only	3 (10%)	27, 31, 34
Varies or not reported	2 (7%)	29, 35
Incentive model		
Subsidies (fixed amount of money)	21(70%)	18-25, 27, 28, 30, 31, 33, 37-39, 41-44, 46
Matches (money tied to dollar amount spent)	6 (20%)	17, 18, 26, 29, 36, 40
Point-of-sale discounts (percentage off regular price)	1 (3%)	34
Varies	2 (7%)	35, 45
Incentive scaled for household size		
Yes	7 (23%)	16, 25, 28, 29, 31, 37, 44
No or not reported	23 (77%)	17-24, 26, 27, 30, 33-36, 38-43, 45, 46
Incentive distribution frequency		
Per visit to program site or redemption venue	12 (40%)	17, 18, 22, 24, 26, 29, 34, 36, 40-43
Monthly	7 (23%)	19, 28, 31, 37, 39, 44
Weekly	4 (13%)	22, 25, 27, 30
One time	3 (10%)	16, 24, 46
Varies	4 (13%)	20, 33, 35, 45
Program Duration		
<6 months	10 (33%)	16, 17, 22, 23, 26, 27, 29-31, 43
≥6 months	12 (40%)	18, 25, 34, 37, 38, 41, 42, 44
Not reported	8 (27%)	21, 24, 28, 33, 36, 39, 40, 46