

Folate and Vitamin B12 Status among Non-pregnant, Non-lactating Women of Reproductive Age and Predicted Risk for Neural Tube Defects, Morogoro Region, Tanzania

Supplemental Table 1: Geometric means of red blood cell folate and serum vitamin B12 by demographic characteristics among non-pregnant, non-lactating women aged 15–49 years in the Morogoro Region of Tanzania

	N ¹	RBC folate ² nmol/L (95% CI)	N ¹	Serum Vitamin B12 ² pmol/L (95% CI)
Total	717	812 (765, 854)	761	464 (450, 483)
Residence				
Urban	368	829 (765, 898)	387	473 (446, 498)
Rural	349	784 (735, 854)	374	459 (437, 483)
Age (years)				
15–24	175	821 (745, 898)	188	450 (424, 483)
25–34	253	837 (784, 880)	271	469 (437, 498)
35–49	289	781 (728, 846)	302	473 (450, 493)
Wealth index				
Low	251	829 (773, 889)	268	464 (437, 494)
Medium	240	829 (765, 889)	249	473 (446, 498)
High	225	781 (721, 846)	243	459 (437, 483)

¹ N, unweighted.

² Geometric means and 95% CI account for complex survey design.

Supplemental Table 2: Selected percentiles of red blood cell folate among non-pregnant, non-lactating women aged 15–49 years in the Morogoro Region of Tanzania ¹

	N ²	1	5	10	25	50	75	90	95	99
<i>RBC folate (nmol/L)</i>										
Total	717	285	388	466	634	826	1076	1343	1530	1980
Residence										
Urban	368	281	381	492	666	854	1091	1335	1453	1920
Rural	349	349	402	451	601	776	1064	1343	1586	2034
Age (years)										
15-24	175	316	414	500	640	805	1029	1465	1846	2247
25-34	253	367	428	502	662	840	1076	1348	1560	1917
35-49	289	219	373	409	595	827	1090	1321	1435	1625
Wealth Index										
Poor	251	316	428	519	640	818	1096	1391	1530	2039
Average	240	363	384	450	666	840	1074	1386	1570	1976
Rich	225	281	379	440	601	824	1076	1260	1435	1920

¹Estimates account for complex survey design.

²N, unweighted