

**eSupplemental Table 1. Health Status of Working Age Californians, by Age,
1999-2000 and 2022-2023**

Health Measure	Ages 18-34			Ages 35-44		
	1999-2000	2022-2023	% Difference	1999-2000	2022-2023	% Difference
	Cells are % (95% CI)			Cells are % (95% CI)		
Fair or Poor Health-%						
All	14.1 (11.4, 16.7)	18.5 (16.1, 21.0)	4.4	11.8 (8.9, 14.7)	23.9 (20.9, 26.8)*	12.1
Employed	10.3 (7.5, 13.2)	16.9 (14.2, 15.6)*	6.6	7.3 (4.6, 9.9)	21.1 (18.0, 24.2)*	11.8
Not Employed	22.4 (16.8, 28.0)	22.0 (16.8, 27.1)	-0.4	28.4 (19.8, 37.0)	33.0 (24.8, 41.1)	4.6
Activity Limitation-%	10.0 (7.7, 12.3)	14.5 (12.3, 16.2)*	4.5	15.6 (12.3, 18.8)	23.1 (20.2, 26.1)*	7.5
Body Mass Index	25.8 (25.3, 26.2)	27.2 (26.7, 27.6)	1.4	26.1 (25.7, 26.6)	29.2 (28.8, 29.7)*	3.1
Smoking-%						
Current	22.7 (19.5, 25.9)	5.5 (4.1, 6.9)*	-17.2	19.7 (16.1, 23.2)	10.4 (8.3, 12.5)*	-9.3
Former	16.5 (13.7, 19.4)	8.5 (6.8, 10.2)*	-8	19.6 (16.0, 23.1)	22.1 (19.2, 25.0)	2.5
Never	60.8 (57.0, 64.5)	86.0 (83.8, 88.1)*	25.2	60.8 (56.4, 65.2)	67.5 (64.2, 70.7)	6.7
Pack Years	4.8 (4.1, 5.6)	3.3 (2.7, 4.0)*	-1.5	13.0 (11.1, 14.9)	6.3 (5.5, 7.2)*	-6.7
Alcohol Consumption-%						
Some in Past Month	65.6 (62.0, 69.3)	57.0 (54.0, 60.1)*	-8.6	58.8 (54.4, 63.2)	62.1 (58.7, 65.5)	3.3
Binge Drinking in Past Month**	26.1 (22.7, 29.4)	24.8 (22.1, 27.4)	-1.3	17.7 (14.5, 21.1)	27.7 (24.6, 30.8)	10.0
	Ages 45-54			Ages 55-64		
	1999-2000	2022-2023	% Difference	1999-2000	2022-2023	% Difference
	Cells are % (95% CI)			Cells are % (95% CI)		
All	17.3 (14.2, 20.3)	29.4 (26.1, 32.7)*	12.1	22.1 (17.9, 26.3)	29.8 (26.5, 33.0)*	7.7
Employed	10.8 (7.9, 13.8)	21.1 (17.9, 24.4)*	10.3	10.8 (6.5, 15.1)	17.8 (14.5, 21.0)	7.0
Not Employed	34.7 (27.4, 42.3)	55.0 (46.3, 63.6)*	20.3	35.0 (27.8, 42.2)	47.9 (41.2, 54.6)*	12.9
Activity Limitation-%	20.9 (17.6, 24.2)	26.3 (23.1, 29.4)	5.4	24.6 (20.2, 28.9)	19.0 (16.2, 21.9)	-5.6
Body Mass Index	27.3 (26.8, 27.7)	30.0 (29.5, 30.5)*	2.7	27.2 (26.7, 27.8)	29.2 (28.7, 29.7)*	2.0
Smoking-%						
Current	19.8 (16.6, 23.0)	13.2 (10.7, 15.6)*	6.6	22.5 (18.2, 26.8)	11.6 (9.3, 13.9)*	10.9
Former	31.5 (27.8, 35.3)	18.5 (15.7, 21.3)*	-13.0	40.5 (35.5, 45.5)	28.0 (24.8, 31.3)*	-12.5

Never	48.6 (44.6, 52.7)	68.3 (64.9, 71.7)*	19.7	37.0 (32.1, 42.0)	60.4 (56.8, 63.9)*	23.4
Pack Years	19.5 (17.4, 21.6)	11.7 (10.2, 13.5)*	-7.8	26.0 (12.8, 29.3)	16.4 (14.4, 18.5)*	-9.4
Alcohol Consumption-%						
Some in Past Month	60.5 (56.6, 64.5)	57.3 (53.7, 60.8)	-3.2	52.6 (47.5, 57.7)	59.1 (55.5, 62.6)	6.5
Binge Drinking in Past Month**	15.1 (12.2, 18.0)	22.1 (19.1, 25.1)*	7.0	11.9 (8.6, 15.2)	16.5 (13.8, 19.1)	4.6

*Confidence intervals for 1999-2000 and 2022-2023 do not overlap.

**Binge drinking defined as five or more drinks on an occasion.