

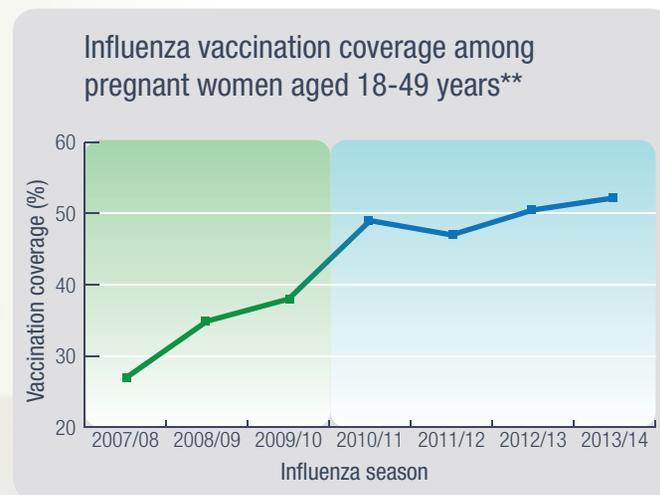
Flu vaccination: a growing trend among pregnant women

Results of CDC's 2013-2014 internet panel survey of pregnant women

More than ever, pregnant moms are getting their flu vaccination

Flu shots help protect pregnant women and their babies from potentially serious illness during and after pregnancy.

During the 2013-14 flu season, an estimated 52%* of pregnant women in the U.S. protected themselves and their babies from flu by getting a flu shot. This is a significant improvement since the years before the 2009 pandemic, but almost half of pregnant women and their babies still remain unprotected from influenza. We can do better. All pregnant women need flu shots to protect themselves and their babies.



If you're pregnant, a flu shot:

- is safe, and can be received at any time during pregnancy
- can help protect against premature labor and delivery
- protects your baby after birth for 6 months, while she or he is too young to get a flu shot

Pregnant women also need a whooping cough (Tdap) shot. Talk to your provider.

Make sure to protect yourself and your baby. Get vaccinated.

www.cdc.gov/flu/protect/vaccine/pregnant.htm



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Centers for Disease Control and Prevention