

SUPPLEMENTARY TABLE 1. Comparison of included (N = 424,558) and excluded (N = 7,256)* adult respondents aged 18–29 years, by sex and race and ethnicity — Behavioral Risk Factor Surveillance System, United States,[†] 2012–2024[§]

Characteristic	Unweighted no.		Unweighted proportion, %		Unweighted p-value [¶]
	Included	Excluded	Included	Excluded	
Sex					
Female	201,604	3,398	47.5	46.8	<0.001
Male	222,838	3,850	52.5	53.1	
Missing/I don't know/refuse to answer	116**	8	0.0	0.1	
Race and ethnicity					
Hispanic	75,626	1,591	17.8	21.9	<0.001
NH AI/AN	8,080	195	1.9	2.7	
NH Asian	23,234	401	5.5	5.5	
NH Black	36,513	715	8.6	9.9	
NH NH/OPI	3,485	53	0.8	0.7	
NH White	253,202	3,707	59.6	51.1	
Missing/I don't know/refuse to answer	24,418**	594	5.8	8.2	

Abbreviations: AI/AN = American Indian or Alaska Native; BRFSS = Behavioral Risk Factor Surveillance System; NH = non-Hispanic; NH/OPI = Native Hawaiian or Other Pacific Islander.

* Participants were excluded because of missing responses to the physical inactivity, frequent mental distress, or age questions.

[†] Reported figures are obtained from respondents from the 50 states, the District of Columbia, Puerto Rico, and Guam, with available BRFSS data (excluding the Virgin Islands).

[§] The years of data included in the sample are 2012, 2014, 2016, 2018, 2020, 2021, 2022, 2023, 2024.

[¶] P-value obtained from analysis of variance (ANOVA) test.

** Participants with missing sex and race and ethnicity information were included in the study if they had available physical activity, frequent mental distress, and age information.