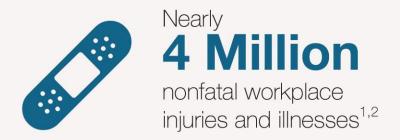
TOTAL WORKER HEALTH™

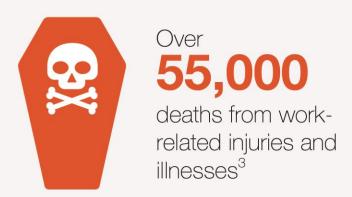
INTEGRATING HEALTH PROTECTION AND HEALTH PROMOTION

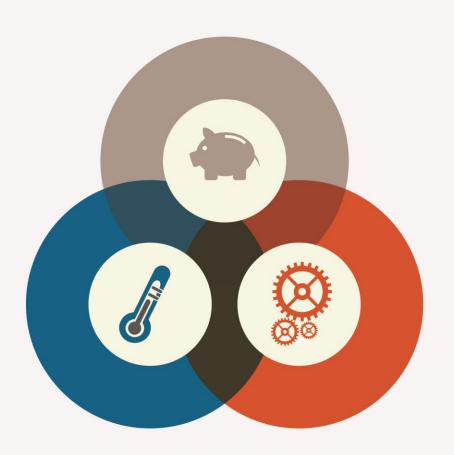




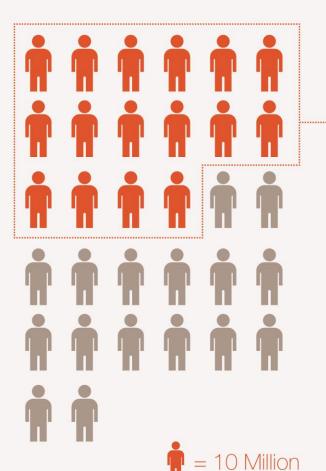
Annually, employers report...







The health of workers is tied to the health and productivity of organizations.⁴



Nearly

50%

of Americans have one chronic health condition. And, of this group almost half have multiple conditions.⁵





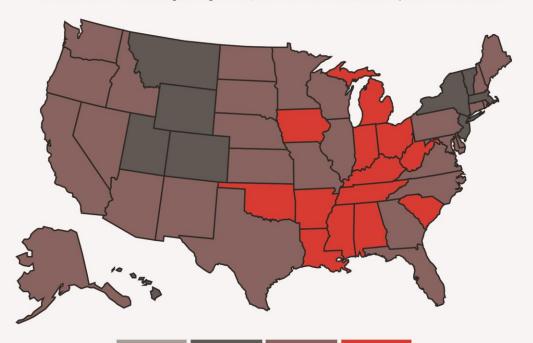


The estimated annual health cost of obesity in the U.S. is

\$147 Billion[®]

Prevalence* of Self-Reported Obesity Among U.S. Adults, 2012⁷

*Prevalence reflects BRFSS methodological changes in 2011, and these estimates should not be compared to those before 2011.



15-19%

20-24%

25-29%

≥30%





By 2015, one in five American workers will be 55 years of age or older.8

In 2010...

4400 of Americans reported that work is often or always stressful.9 With access to **65%** of the U.S. adult population...



...workplaces are effective settings for addressing individual health and the health of communities.^{10,11}



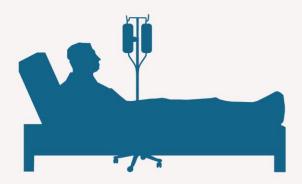


Up to **50%** of employees report that work regularly interferes with responsibilities at home and keeps them from spending time with their families. 12,13



And, 40% of employees do not take their allotted vacation time. 13





Workers' risk of disease may be increased by exposure to both occupational hazards and individual risk-related behaviors.¹⁴

ln 2012...

U.S. healthcare spending reached

\$2.79 Trillion¹⁵



References

- 1. BLS [2008]. Workplace injury and illness summary. Economic news release: November 7, 2013. Washington, DC: U.S. Department of Labor, Bureau of Labor Statistics [http://www.bls.gov/news.release/osh.nr0.htm].
- 2. CDC (Centers for Disease Control and Prevention) [2013]. Workers' Memorial Day: April 28, 2013. MMWR **62(16):301**. [http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6216a1.htm?s_cid=mm6216a1_w].
- 3. BLS [2008]. Census of fatal occupational injuries summary, 2012. Washington, DC: U.S. Department of Labor, Bureau of Labor Statistics [http://www.bls.gov/news.release/cfoi.nr0.htm].
- 4. Hymel P, Loeppke R, Baase C, Burton W, Hartenbaum N, Hudson T, McLelann R, Mueller K, Roberts M, Yarborough C, Konicki D, Larson P [2011]. Workplace health protection and health promotion: a new pathway for a healthier—and safer —workforce. J Occup Environ Med *53*(6):695–702.
- Partnership for Solutions [2004]. Chronic conditions: making the case for ongoing care. Baltimore, MD: Partnership for Solutions. [http://www.partnershipforsolutions.org/DMS/files/chronicbook2004.pdf].
- 6. Finkelstein EA, Trogdon JG, Cohen JW, Dietz W [2009]. Annual medical spending attributable to obesity: payer- and service-specific estimates. Health Affairs 28(5): w822–w831.
- 7. BRFSS (Behavioral Risk Factor Surveillance System) [2012]. Prevalence of self-reported obesity among U.S. adults. Atlanta, GA: Centers for Disease Control and Prevention, National Center for Health Statistics.
- 8. BLS [2008]. Older workers: BLS spotlight on statistics. Washington, DC: U.S. Department of Labor, Bureau of Labor Statistics [http://www.bls.gov/spotlight/2008/older workers/]. Date accessed: September 26, 2013.
- 9. National Opinion Research Center [2013]. General Social Survey (GSS) 2010 [Data file and code book] [http://www3.norc.org/gss+website/]. Date accessed: December 9, 2013.
- 10. CDC [2005]. Public health strategies for preventing and controlling overweight and obesity in school and worksite settings: a report on recommendations of the Task Force on Community Preventive Services. MMWR *54*(RR10):1–12. [http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5410a1.htm].
- 11. Anderko L, Roffenbender JS, Goetzel RZ, Millard F, Wildenhaus K, et al. [2012]. Promoting prevention through the Affordable Care Act: workplace wellness. Prev Chronic Dis 9:120092. [http://www.cdc.gov/pcd/issues/2012/12 0092.htm].
- 12. American Psychological Association Practice Organization [2010]. Psychologically Healthy Workplace Program Fact Sheet: by the numbers [http://www.phwa.org/dl/2010phwp_fact_sheet.pdf].
- 13. Families and Work Institute [2008]. National study of the changing workforce. New York: Families and Work Institute [http://familiesandwork.org/site/research/reports/time_work_flex.pdf].
- 14. NIOSH [2012]. The Research Compendium: The NIOSH Total Worker Health™ Program: Seminal Research Papers 2012. Cincinnati, OH: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Institute for Occupational Safety and Health, DHHS (NIOSH) Publication No. 2012-146. [http://www.cdc.gov/niosh/docs/2012-146/].
- 15. Martin A, Hartman M, Whittle L, Catlin A, and the National Health Expenditure Accounts Team [2014]. National Health Spending In 2012: Rate Of Health Spending Growth Remained Low For The Fourth Consecutive Year. *Health Affairs* 33:67-77.