

Heart disease death rates can differ considerably within a congressional district.

These maps highlight the patterns in county-level heart disease death rates within this congressional district.

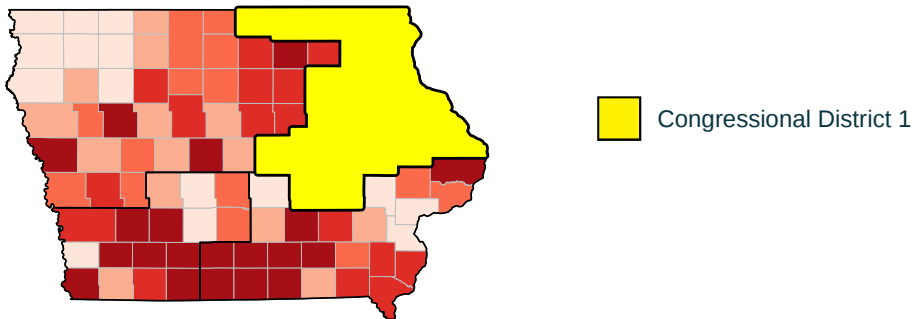
Heart Disease Death Rate

By county, per 100,000 persons
Ages 35 years and older, 2021 – 2023

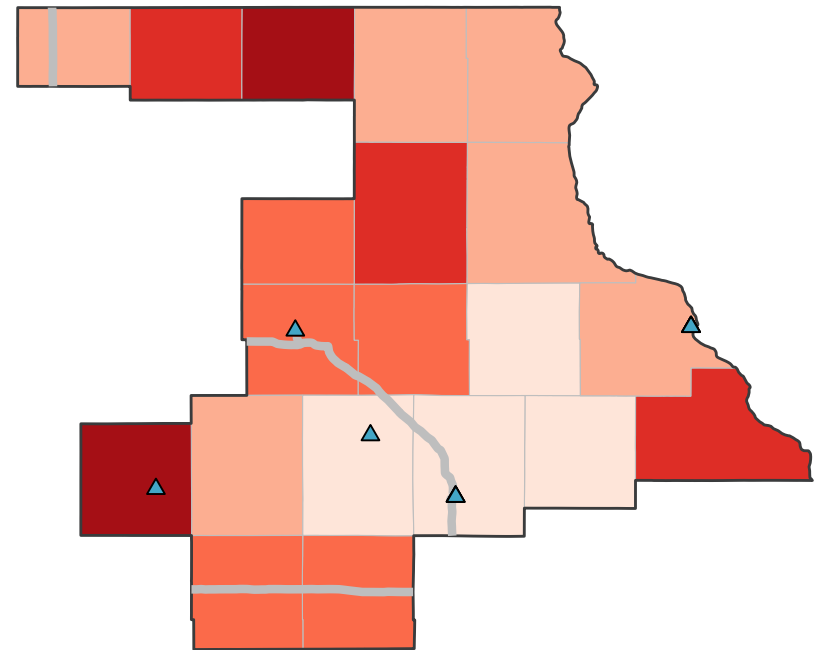


Heart Disease Death Rate | Iowa

359 per 100,000 persons



DISTRICT 1



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*Congressional district boundaries do not align with county boundaries. Therefore, some counties may be partially included in this district.



Congressional Districts

Which congressional boundaries are used to define the Congressional Districts on the map?

The Congressional Districts represent the 119th Congress of the United States. These congressional boundaries are in effect from January 2025 until the new congress begins.

Federally Qualified Health Centers (FQHCs)

Community-based outpatient clinics providing access to health and wellness services to areas or populations that lack access to primary care.

Where did we obtain FQHC data?

We accessed FQHC data (2026) from the Health Resource and Service Administration (HRSA). We included FQHCs that met the following criteria: a) Service delivery site = 'Hospital' or 'All Other Clinic Types', b) Active status as of the date data were downloaded, c) Location = 'Permanent', d) Health center type = 'Service Delivery Site' or 'Administrative/Service Delivery Site'.

Heart Disease and Stroke Death Rates

What is the geographic unit for Heart Disease and Stroke death rates on this map?

Death rates are mapped for the counties within each congressional district. When county boundaries overlap congressional districts, any portion outside the boundary of the congressional district is not displayed.

How are the Heart Disease and Stroke death rates calculated?

For each county, death rates are calculated per 100,000 adults, ages 35 and older, averaged over 3 years (2021–2023) and displayed by quintile. For more details, see CDC's Atlas of Heart Disease and Stroke.

Map Description: Iowa Congressional District 1

The map for Congressional District 1 in Iowa shows that heart disease death rates (ages 35+, 2021 – 2023) for counties (or partial counties) in the district range from 254 – 447 per 100,000. For Iowa and the United States, heart disease death rates are 359 and 374 per 100,000, respectively.

There are a total of 12 Federally Qualified Health Centers in District 1.