

Infectious Diseases

Series

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# CYCLOSPORIASIS



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Cyclosporiasis (SIGH-clo-SPORE-eye-uh-sis) is a disease caused by *Cyclospora* (SIGH-clo-SPORE-uh), which is a tiny parasite that is too small to be seen without a microscope. You may get this disease from eating food or swallowing water that has been contaminated with feces (poop). About a week after you get this parasite, you may start to feel sick and have diarrhea. You may feel tired, not want to eat, and lose a lot of weight. You could also have cramps, nausea, and fever. If you don't get treatment, you might be sick for weeks or months. You can fight cyclosporiasis by taking antibiotics. To help prevent cyclosporiasis, wash fruits and vegetables carefully before you eat them. Do not drink untreated water from lakes, rivers, or streams.