

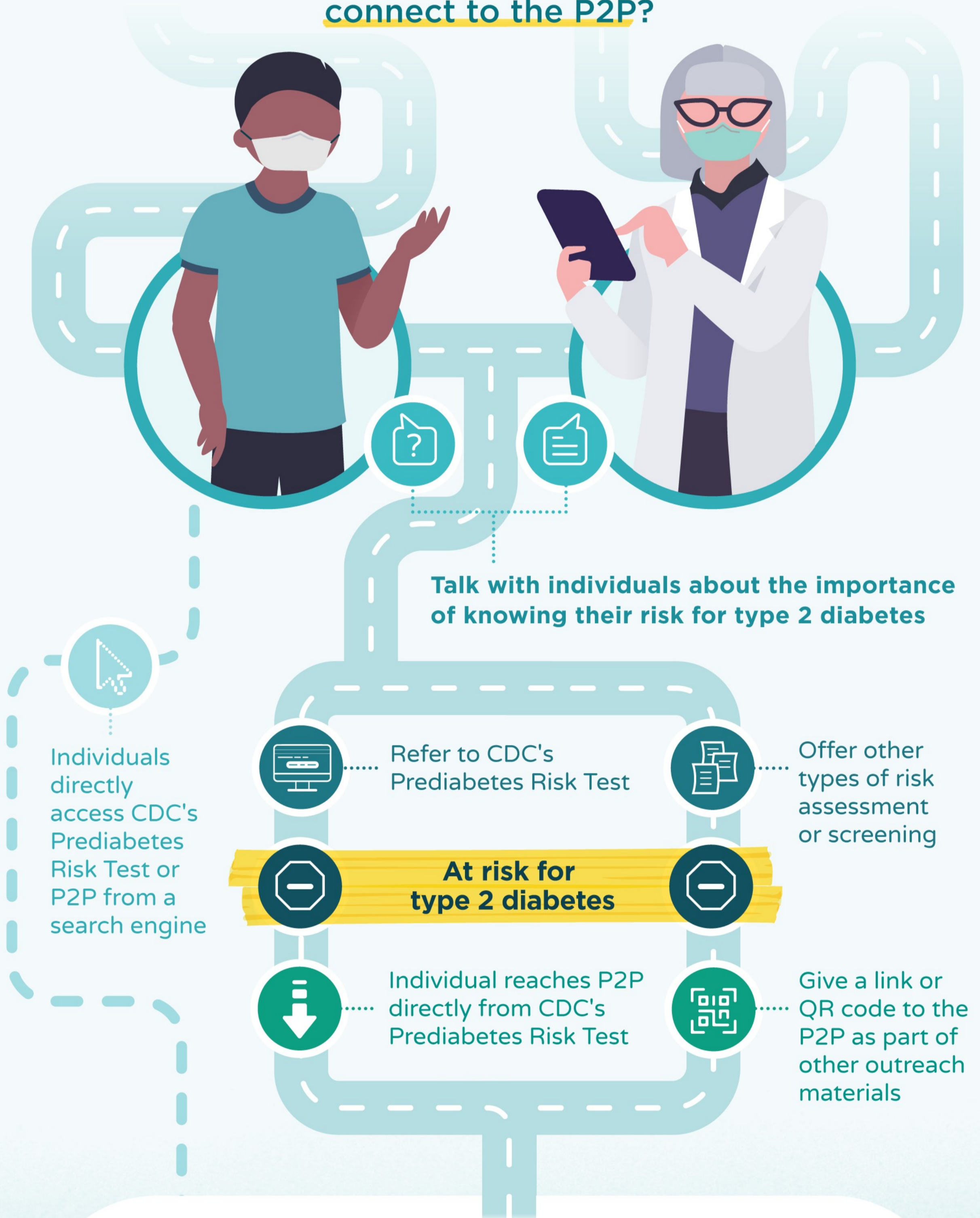
BRIDGING THE GAP

Path to Prevention (P2P) bridges the gap between CDC's Prediabetes Risk Test (<https://www.cdc.gov/diabetes/risktest/index.html>) and enrollment in the National Diabetes Prevention Program lifestyle change program.

Finding out you are at risk for developing type 2 diabetes and making the commitment to behavior change can be overwhelming. P2P offers step by step support and resources to build confidence and inspire enrollment.

It can be a great partner to your outreach activities.

How do community organizations and health care providers help people with prediabetes connect to the P2P?



After the individual completes the P2P, follow up by:



- Affirming their commitment to improving their health.
- Discussing their goals, potential barriers, and program preferences from their P2P Action Plan.
- Enrolling them in your program.