HEALTH ADVISORY:

Middle East Respiratory Syndrome (MERS)

Going to the Arabian Peninsula?

A new disease called MERS has been identified in some countries.

The risk to most travelers is low, but you should take these steps to prevent the spread of germs:

- **Wash your hands often.**
- **Avoid touching your face.**
- **Avoid close contact with sick people.**

Symptoms include fever, cough, and shortness of breath.

If you get sick within 14 days of being in the Arabian Peninsula, call a doctor and tell the doctor where you traveled.

For more information:
visit **www.cdc.gov/travel**
or call **800-CDC-INFO**.

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