MRSA spreads fast, but you can stop it.

If you can't wash your hands, use alcohol-based hand sanitizer.

How?

- Sanitizer works when your hands are not visibly dirty.
- Consider carrying a personal-size bottle.
- Rub hands together until dry.
- Do not rinse your hands.

When?

- After pat downs.
- After inmate transfer.
- After removing gloves.
- After touching soiled or wet clothing or laundry.

www.cdc.gov/niosh
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Stop MRSA in Jails and Prisons

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