Nearly

50%

of construction workers suffer hearing loss

HEARING LOSS IS PREVENTABLE

and you can do something about it…

Buy Quiet

Buy Quiet is an occupational health and safety initiative which encourages companies to purchase or rent quieter machinery as older machinery is replaced in order to reduce worker exposure to noise.

The program helps you comply with OSHA requirements, reduces the noise impact on the community, and encourages manufacturers to design equipment that is quieter. Most importantly, it reduces your risk of hearing loss.

What You Can Do

Some noise is always present at construction sites, so we recommend taking these steps to protect your hearing:

- Wear protective earmuffs or earplugs at a noisy site and when operating loud equipment.
- Move sources of loud noise, like compressors and generators, as far away from the work zone as possible.
- Take breaks or ask to be rotated off periodically when operating loud equipment.
- Get your hearing checked regularly.

DEPARTMENT OF HEALTH AND HUMAN SERVICES
Centers for Disease Control and Prevention
National Institute for Occupational Safety and Health
www.cdc.gov/niosh/topics/buyquiet

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