

## Occupational Health

# Ionizing radiation and solid cancer mortality among US nuclear facility workers

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## Abstract

**Background:** The risk of solid cancers from low-level protracted ionizing radiation is not well characterized. Nuclear workers provide valuable information on the effects of ionizing radiation in contemporary exposure scenarios relevant to workers and the public.

**Methods:** We evaluated the association between penetrating ionizing radiation exposure and solid cancer mortality among a pooled cohort of nuclear workers in the USA, with extended follow-up to examine cancers with long latencies. This analysis includes 101 363 workers from five nuclear facilities, with 12 069 solid cancer deaths between 1944 and 2016. The association between cumulative equivalent dose measured in sieverts (Sv) and solid cancer subtypes were modelled as the excess relative rate per Sv (ERR Sv<sup>-1</sup>) using Cox regression.

**Results:** For the association between ionizing radiation exposure and all solid cancer mortality we observed an elevated rate (ERR Sv<sup>-1</sup>=0.19; 95% CI: -0.10, 0.52), which was higher among a contemporary sub-cohort of workers first hired in 1960 or later (ERR Sv<sup>-1</sup>= 2.23; 95% CI: 1.13, 3.49). Similarly, we observed an elevated rate for lung cancer mortality (ERR Sv<sup>-1</sup>= 0.65; 95% CI: 0.09, 1.30) that was higher among contemporary hires (ERR Sv<sup>-1</sup>= 2.90; 95% CI: 1.00, 5.26).

**Conclusions:** Although concerns remain about confounding, measurement error and precision, this analysis strengthens the evidence base indicating there are radiogenic risks for several solid cancer types.

**Key words:** Ionizing radiation, cancer, nuclear workers, radiation protection, pooled study

**Key Messages**

- Large, long-term studies of nuclear workers can provide important evidence for contemporary radiological protection standards among workers and the general population.
- In this study of >100 000 US nuclear workers exposed to an average 26.5 millisieverts of external penetrating ionizing radiation, we observed excess relative rates of solid cancer, including lung cancer.
- A contemporary sub-cohort of workers first hired after 1960 had higher excess relative rates of solid cancer.

**Introduction**

Ionizing radiation is a carcinogen<sup>1</sup> but quantifying the risks of solid cancer from low-dose and low-dose-rate ionizing radiation exposure requires additional study.<sup>2</sup> Uncertainties on the effects of ionizing radiation on solid cancers have direct implications for radiation protection standards and worker compensation.<sup>3</sup> Current radiation protection standards are mainly based on studies of the Japanese atomic bomb survivors who were acutely exposed to ionizing radiation.<sup>4</sup> Over 10 million US workers receive low-dose (<100 mGy) and low-dose-rate (<6 mGy/h) radiation from their jobs in medicine, radiography, commercial and government nuclear work, mining, milling and air travel.<sup>3,5</sup> Over 100 million US citizens receive low-dose radiation from diagnostic medical exposures.<sup>5</sup> Studies of nuclear workers provide more information on the risks from low-dose and low-dose-rate ionizing radiation exposure, which better reflect the contemporary radiation scenarios to which hundreds of millions of Americans are exposed.

Epidemiologists have studied nuclear workers and reported on their solid cancer risks for several decades.<sup>6–8</sup> In the 2005 mortality update of five US nuclear worker cohorts, which we expand upon in the present analysis, investigators reported slightly elevated rates of all cancer excluding leukaemia, all non-smoking-related cancer and lung cancer.<sup>9</sup> In a recent study of cancer incidence among nuclear workers in the UK, investigators reported elevated rates of all solid cancer and cancers of the lung, colon, bladder and pleura.<sup>10</sup> In France, investigators reported elevated rates of all solid cancers and lung cancer, and suggestive associations for several subtypes.<sup>11</sup> These cohorts of nuclear workers from the USA, UK and France were pooled in the International Nuclear Workers Study (INWORKS)<sup>2</sup> in which investigators found elevated rates for all solid cancer and several site-specific cancers, including but not limited to stomach, colon, lung, bone, skin, ovary and thyroid cancer.<sup>12,13</sup>

The findings from these studies are informative, but several types of solid cancer have long latency and induction periods, requiring additional follow-up time. The Life Span Study of Japanese atomic bomb survivors indicates

that the latency period from ionizing radiation exposure is longer for solid cancers than for haematopoietic cancers.<sup>14,15</sup> To address questions of low-dose and low-dose-rate exposure from ionizing radiation and solid cancer risks over a longer latent period, we report solid cancer mortality associations in the pooled cohort of US nuclear workers, extending follow-up for an additional decade, with almost 4 million person-years at risk.

First, we characterize the occupational experience of the cohorts compared with the general population using standardized mortality ratios (SMRs). We then report associations between exposure to external penetrating ionizing radiation and solid cancer subtypes of interest as excess relative rates per sievert (ERR Sv<sup>-1</sup>). We evaluate temporal modification and we conduct several sensitivity analyses to address concerns about potential confounding by environmental and occupational co-exposures, and to evaluate exposure measurement error.

**Methods****The cohorts**

The cohort data in this study were enumerated from records of US nuclear workers employed at four Department of Energy (DOE) sites: the Hanford site,<sup>16,17</sup> Idaho National Laboratory,<sup>18</sup> Oak Ridge National Laboratory<sup>19,20</sup> and Savannah River Site<sup>21,22</sup>; and one Department of Defense site, Portsmouth Naval Shipyard (PNS).<sup>23,24</sup> Workers are eligible for inclusion in the cohort if they were ever monitored for external ionizing radiation and were employed for at least 1 year at any of the five facilities. The prior update of this cohort had a 30-day employment criterion but in the current study a 1-year criterion was chosen to be comparable with INWORKS; therefore, there are 17 832 fewer workers in this update.

Employment records were available at the start of all facility operations except for PNS, where records were available starting in 1952. Facility employment records for the cohort members could not be updated for this analysis but work history dates were extended based on a combination of employment records and updated dosimetry badge

records. Date of first hire is based on the earliest record of employment. Date of last employment was based on either the latest employment record at any of the five facilities or the last dose record, whichever was later.

Additional details of cohort assembly can be found in a prior publication.<sup>9</sup> This study was approved by Institutional Review Boards of the National Institute for Occupational Safety and Health and the US DOE. Informed consent was waived for this records-based study.

### Vital status and mortality outcomes

Vital status and cause of death were extended from 31 December 2005 through to 31 December 2016 by linkage to the US National Death Index (NDI). Deaths were coded to the International Classification of Disease (ICD) code in effect at the time of death. Linkages to the Social Security Administration Death Masterfile and the Internal Revenue Service were used to confirm vital status and to ensure NDI matches, when needed. Deaths that occurred prior to the establishment of NDI were obtained from prior facility-specific studies and from state death certificates when necessary.

Outcomes of interest in this analysis are site-specific solid cancer groups of a priori interest based on prior studies of nuclear workers and broader informative groupings of solid cancers of interest for radiation protection purposes or to assess for confounding. National Institute for Occupational Safety and Health cause of death categories (NIOSH-92) or ICD-10 cause of death categories for each outcome are listed in [Supplementary Table S1](#) (available as [Supplementary data](#) at *IJE* online). Broad groups include: (i) all solid cancers, which is of interest for radiation protection models; (ii) solid cancer excluding lung cancer; (iii) all non-smoking-related solid cancers, to evaluate the potential confounding impacts of cigarette smoking; and (iv) solid cancer excluding lung, liver and bone cancer, to evaluate the impact of organ sites affected by plutonium deposition.<sup>12,16</sup> Estimates for chronic obstructive pulmonary disease (COPD) and for mesothelioma and pleural cancer are reported to indirectly assess the magnitude of smoking and asbestos, respectively, as potential unmeasured confounders of the association between ionizing radiation and lung cancer mortality.<sup>25</sup>

### Ionizing radiation exposure

Methods for exposure assessment are detailed in a previous update of this pooled cohort<sup>9</sup> and in previous studies of individual facilities. Briefly, the main exposure in this analysis stems from occupational sources of whole-body penetrating low linear energy transfer radiations external

to the body. Estimates of annual equivalent penetrating doses were obtained primarily from individual dosimetry records of personal monitoring conducted at study facilities. Additional dosimetry records were obtained from available records from other DOE facilities and by linking the cohort data to the US DOE Radiation Exposure Monitoring System and the US Nuclear Regulatory Commission Radiation Exposure Information Reporting System databases. Dose estimates were available through 2016 with the exception of PNS, which was last updated in 1996.<sup>26</sup> However, most PNS employees in the cohort had stopped working since the last time dosimetry records were updated.<sup>9</sup>

In addition to external penetrating ionizing radiation, some workers received doses from internally deposited radionuclides. For comparability to INWORKS, doses from tritium assimilation were not included. We also did not account for internal deposition of radionuclides in cumulative radiation dose estimates because only a small proportion of workers (<2%) were known to be exposed and internal deposition is responsible for a very small proportion of the collective dose in this cohort.<sup>9</sup> To evaluate the impact of neutron exposure, workers were flagged if they were ever monitored for neutrons; among monitored workers, neutron exposure was categorized as either 10% less or more of their total cumulative external dose.

The quality of dosimetry records and film badge technology has improved over time. Earlier dosimetry records were subject to missing values<sup>17</sup> but starting in the late 1950s and early 1960s, improvements in dosimeter technology (such as the introduction of the multi-element dosimeter and improvements in dosimeter badge film processing) improved the quality of dosimetry records. At around the same time, workplace safety and health improvements led to improved working conditions and lower occupational exposures. To evaluate the impact of improved dosimetry in a workforce that more closely resembles contemporary working conditions, we examined a sub-cohort of workers first hired in 1960 or later.

### Statistical methods

To characterize the occupational experience of the cohort, we calculated SMRs using US mortality reference rates and calculated corresponding 95% CIs using the Byar approximation of the Poisson distribution.<sup>27</sup> US population mortality rates are available starting from 1 January 1940. SMRs were standardized by sex, race, 5-year age group and 5-year calendar period. Person-time began 1 year after the start of employment or the date of first radiation monitoring, whichever was later. Since PNS employment records do not start until 1952, person-time for PNS

workers began 1 year after the start of employment, the date of first radiation monitoring or 1952. Person-time ended at the date of death or the end of follow-up (31 December 2016), whichever was earlier. For workers last observed alive prior to the establishment of the NDI in 1979, person-time ended at the last date of employment.

SMRs were calculated for all solid cancers as defined in the NIOSH-92 major rate file categories.<sup>28</sup> Excess mortality caused by asbestos exposure is documented among US nuclear workers and is an ongoing public health concern. Therefore, we conducted additional SMR analyses on mesothelioma mortality, stratifying by duration of employment, facility of longest employment duration, occupational status, calendar period and period of hire.

We estimated the association between external penetrating ionizing radiation and excess relative rates of cancer per sievert (ERR Sv<sup>-1</sup>) using Cox regression<sup>29</sup> with attained age as the timescale. Risk sets in the main analyses were created by matching cases to all cohort members alive and at risk at the age of death of the case, as well as matching on date of birth ( $\pm 5$  years of index case), sex, facility at first hire, neutron monitoring flag, occupational status (based on job title at hire: professional and technical workers, administrative staff, skilled manual workers, unskilled manual workers and uncertain) and duration of employment or radiation monitoring (in 10-year intervals). We matched on occupational status because it is associated with exposure and unmeasured lifestyle factors such as cigarette smoking and we matched on duration of employment or radiation monitoring to partially account for healthy worker survivor bias.

The relationship between cumulative ionizing radiation exposure and solid cancer deaths was modelled as linear excess relative rates per unit dose (ERR Sv<sup>-1</sup>) and 95% profile likelihood-based CIs using the general model form  $rate = h_0(1 + \beta_1 d)$  where  $\beta_1$  represents the ERR Sv<sup>-1</sup> of cumulative radiation exposure  $d$ , which includes an a priori 10-year lag.<sup>30</sup>  $h_0$  represents the baseline rate by the matching variables. To test the impact of a shorter lag, we fit a model with a 5-year lag and evaluated goodness of fit using likelihood ratio tests. In addition to a linear model, we plotted the relative rate (RR) in nine categories of cumulative exposure and fit a spline model with knots at 50, 100 and 150 mSv.

We evaluated potential temporal modifiers of the associations between external penetrating ionizing radiation and solid cancer types. We separately evaluated age at exposure in three windows (<30 years, 30 to <50 years and 50+ years of age) and time since exposure in three windows (10 to <25 years, 25 to <40 years and 40+ years since exposure) by treating cumulative exposure as a time-dependent variable defined by categories of these temporal

modifiers. We used the model form  $rate = (1 + \sum_{i=1}^{k=3} \beta_i d_i)$

where  $\beta_i$  is the parameter representing the ERR/Sv in age at exposure or time since exposure in windows,  $d_i$ . Temporal modifier analyses were restricted to groups or sites with  $\geq 300$  deaths. All analyses were conducted in SAS 9.4.

## Sensitivity analyses

We conducted several sensitivity analyses: (i) we repeated the main analysis restricted to workers first hired in 1960 or to evaluate rates per unit dose among contemporary workers; (ii) we restricted analyses to workers with a cumulative exposure of <200 mSv; and (iii) we repeated the main analysis restricted to workers without neutron monitoring.

## Results

A total of 101 363 workers met cohort inclusion criteria (Table 1). Workers contributed ~4 million person-years of follow-up time between 1944 and 2016. The median follow-up time was 39 years, and 51% of the cohort was deceased by the end of follow-up. Cause of death was unknown among 1.8% of decedents, and 0.9% of the cohort were lost to follow-up. Cumulative gamma dose ranged from 0 to 1109 mSv and was skewed towards lower exposures, with a median of 4 mSv. Facility-specific characteristics are reported in [Supplementary Table S2](#) (available as [Supplementary data](#) at *IJE* online).

## SMR results

Summary SMR estimates were all below or near expectations with the exception of pleural cancer (SMR = 2.71; 95% CI: 1.83, 3.86) and mesothelioma (SMR = 2.75; 95% CI: 2.33, 3.23) ([Supplementary Table S3](#), available as [Supplementary data](#) at *IJE* online). We examined mesothelioma mortality by facility (Table 2). Whereas mortality rates were higher than expected for all facilities, PNS had a higher excess mortality rate of mesothelioma than the other facilities (SMR = 8.62; 95% CI: 6.36, 11.44). Skilled manual workers had a higher excess mortality rate than other types of workers (SMR = 5.87; 95% CI 4.78, 7.14), and there was an increase in the excess mortality rate by duration of employment, with the highest excess mortality rate among workers employed for  $\geq 25$  years (SMR = 3.33; 95% CI: 2.60, 4.21). Mesothelioma excess mortality remained elevated across all calendar periods. We did not observe substantial variation in SMRs for all solid cancer or all solid cancer other than lung by job type or other factors.

**Table 1** Characteristics of the pooled US nuclear worker cohort

Characteristic	
Number of workers in cohort	101 363
Calendar years of follow-up	1944–2016
Person-years of follow-up	3 980 319
Facility, <i>n</i> (%)	
Portsmouth Naval Shipyard	9488 (9%)
Oak Ridge National Laboratory	14 213 (14%)
Hanford site	28 412 (28%)
Savannah River site	20 005 (20%)
Idaho National Laboratory	29 245 (29%)
Years of follow-up, median (IQR)	39 (30–49)
Year of birth, median (IQR)	1934 (1922–1948)
Age (years) at hire, median (IQR)	28 (23–35)
Years of employment, median (IQR)	20 (7–30)
Age (years) at death among deceased workers, median (IQR)	75 (65–83)
Male, <i>n</i> (%)	81 799 (81%)
Occupational status, <i>n</i> (%)	
Professional and technical	38 070 (38%)
Skilled non-manual	14 932 (15%)
Skilled manual	34 363 (34%)
Partly skilled and unskilled	10 515 (10%)
Missing	3483 (3%)
Deceased, <i>n</i> (%)	51 350 (51%)
All cancer	13 568 (13%)
All solid cancer	12 069 (12%)
Unknown cause of death	1789 (2%)
Lost to follow-up	941 (1%)
Cumulative exposure (mSv), mean, median <sup>a</sup> (range)	
Gamma	26.5, 4.6 (0–1109)
Neutron	5.1, 0.8 (0–251)
Tritium	4.4, 0.6 (0–583)

IQR, interquartile range.

<sup>a</sup>Among workers with exposures of >0.**Table 2** Standardized mortality ratios<sup>a</sup> and 95% CIs for mesothelioma, stratified by duration of employment, job type, period of hire, calendar period and facility of longest employment duration in pooled cohort of workers from five US nuclear facilities followed up through 2016

Characteristic	Observed	SMR (95% CI)
Duration of employment		
<5 years	31	2.30 (1.57, 3.27)
5 to <15 years	26	2.37 (1.55, 3.48)
15 to <25 years	21	2.51 (1.55, 3.84)
≥25 years	70	3.33 (2.60, 4.21)
Job type		
Professional and technical	31	1.19 (0.81, 1.69)
Skilled non-manual	6	1.55 (0.57, 3.38)
Skilled manual	100	5.87 (4.78, 7.14)
Partly skilled and unskilled	7	1.29 (0.52, 2.65)
Missing	<5	2.91 (0.78, 7.45)
Period of hire		
<1955	61	3.03 (2.31, 3.89)
1955 to <1965	57	3.43 (2.60, 4.44)
1965 to <1975	19	2.15 (1.29, 3.35)
1975 to <1985	9	1.38 (0.63, 2.61)
1985+	<5	1.24 (0.14, 4.49)
Calendar period <sup>b</sup>		
<2000	8	2.91 (1.25, 5.74)
2000 to <2010	85	2.80 (2.24, 3.47)
2010+	55	2.66 (2.00, 3.46)
Facility		
Portsmouth Naval Shipyard	48	8.62 (6.36, 11.44)
Hanford site	10	1.15 (0.55, 2.12)
Oak Ridge National Laboratory	35	2.38 (1.66, 3.31)
Savannah River site	12	1.19 (0.61, 2.07)
Idaho National Laboratory	43	2.92 (2.11, 3.94)

SMR, standardized mortality ratio.

<sup>a</sup>Standardized by sex, 5-year age group and 5-year calendar period.<sup>b</sup>Deaths are limited to mesothelioma coded into the ICD-10 revision mesothelioma category, which began in 1999.

## Exposure–response results

The ERR Sv<sup>−1</sup> for all solid cancer was 0.19 (95% CI: −0.10, 0.52), which decreased when restricted to all solid cancer except lung, liver and bone (ERR Sv<sup>−1</sup> = 0.07; 95% CI: −0.27, 0.47) and was close to the null when restricted to all solid cancer except lung (ERR Sv<sup>−1</sup> = −0.01; 95% CI: −0.34, 0.36). The ERR Sv<sup>−1</sup> was elevated for all non-smoking-related solid cancers (ERR Sv<sup>−1</sup> = 0.11; 95% CI: −0.37, 0.67) (Table 3). Compared with a 5-year lag, the 10-year lag was the best fit for most outcomes. Even when likelihood ratio tests indicated the 5-year lag was a better fit, the differences in ERR Sv<sup>−1</sup> estimates were negligible. When solid cancer rates were examined categorically, the RR increased with exposure in a non-monotonic fashion, and the spline and linear models had similar slopes (Figure 1a).

For site-specific solid cancers, we observed an association between cumulative ionizing radiation and lung cancer (ERR Sv<sup>−1</sup> = 0.65; 95% CI: 0.09, 1.30). When lung cancer was examined by categories, the RR increased with exposure in a non-monotonic fashion, and the spline and linear models had similar slopes (Figure 1a). We also observed elevated ERRs for stomach, larynx, skin, mesothelioma/pleural, ovarian, kidney and thyroid cancer (Table 3). However, for several of these solid cancer groups, there were few deaths.

When rates were examined by windows of time since exposure, there were elevated ERRs in the earliest window of time since exposure for stomach, breast and bladder cancer (Supplementary Table S4, available as Supplementary data at IJE online) compared with other



**Table 3** Excess relative rate per sievert for solid cancer types and COPD among a pooled cohort of workers from five US nuclear facilities followed up through 2016<sup>a</sup>

Solid cancer type	Deaths	ERR/Sv (95% CI)
Solid cancer (all)	12 069	0.19 (−0.10, 0.52)
Solid cancer excluding lung	8198	−0.01 (−0.34, 0.36)
Solid cancer excluding lung, liver and bone	7828	0.07 (−0.27, 0.47)
Non-smoking-related solid cancer	3819	0.11 (−0.37, 0.67)
Mouth and pharynx	193	NC
Oesophagus	348	0.04 (−1.33, 2.21)
Stomach	333	0.51 (−0.86, 2.90)
Colon	1141	0.08 (−0.81, 1.32)
Rectum	224	−1.03 (−1.99, 1.40)
Liver	348	−1.57 (−2.18, −0.23)
Pancreas	784	−0.29 (−1.09, 0.98)
Larynx	84	2.35 (−0.79, 11.5)
Lung	3871	0.65 (0.09, 1.30)
Mesothelioma and pleural	178	2.54 (−0.25, 7.10)
Skin (all)	333	0.99 (−0.56, 3.43)
Skin excluding melanoma	78	0.51 (−1.76, 5.19)
Skin (melanoma)	255	1.24 (−0.67, 4.47)
Female breast	385	−1.16 (−3.26, 5.44)
Uterus	30	NC
Ovary	128	5.74 (−5.65, 37.3)
Prostate	1324	−0.19 (−0.75, 0.57)
Bladder	405	0.04 (−0.96, 1.87)
Kidney	371	0.93 (−0.98, 3.99)
Brain and CNS	388	−0.92 (−1.64, 0.64)
Thyroid	30	0.77 (−2.82, 13.9)
Bone	22	−8.31 (−13.5, 9.93)
COPD	2527	−0.04 (−0.61, 0.67)

ERR/Sv, excess relative rate per sievert; NC, non-convergence; CNS, central nervous system; COPD, chronic obstructive pulmonary disease.

<sup>a</sup>Matched on age, sex, date of birth, facility, duration of employment, neutron monitoring and job type.

windows. When rates were examined as windows of time since exposure, there were elevated ERRs in the longest window of time since exposure for all solid cancer; all non-smoking solid cancer; all solid cancer excluding lung; all solid cancer excluding lung, liver and bone; and for subtypes of stomach, prostate and bladder cancer compared with other windows (Supplementary Table S4, available as Supplementary data at *IJE* online). Many cancers had few deaths in each temporal window.

### Sensitivity analyses results

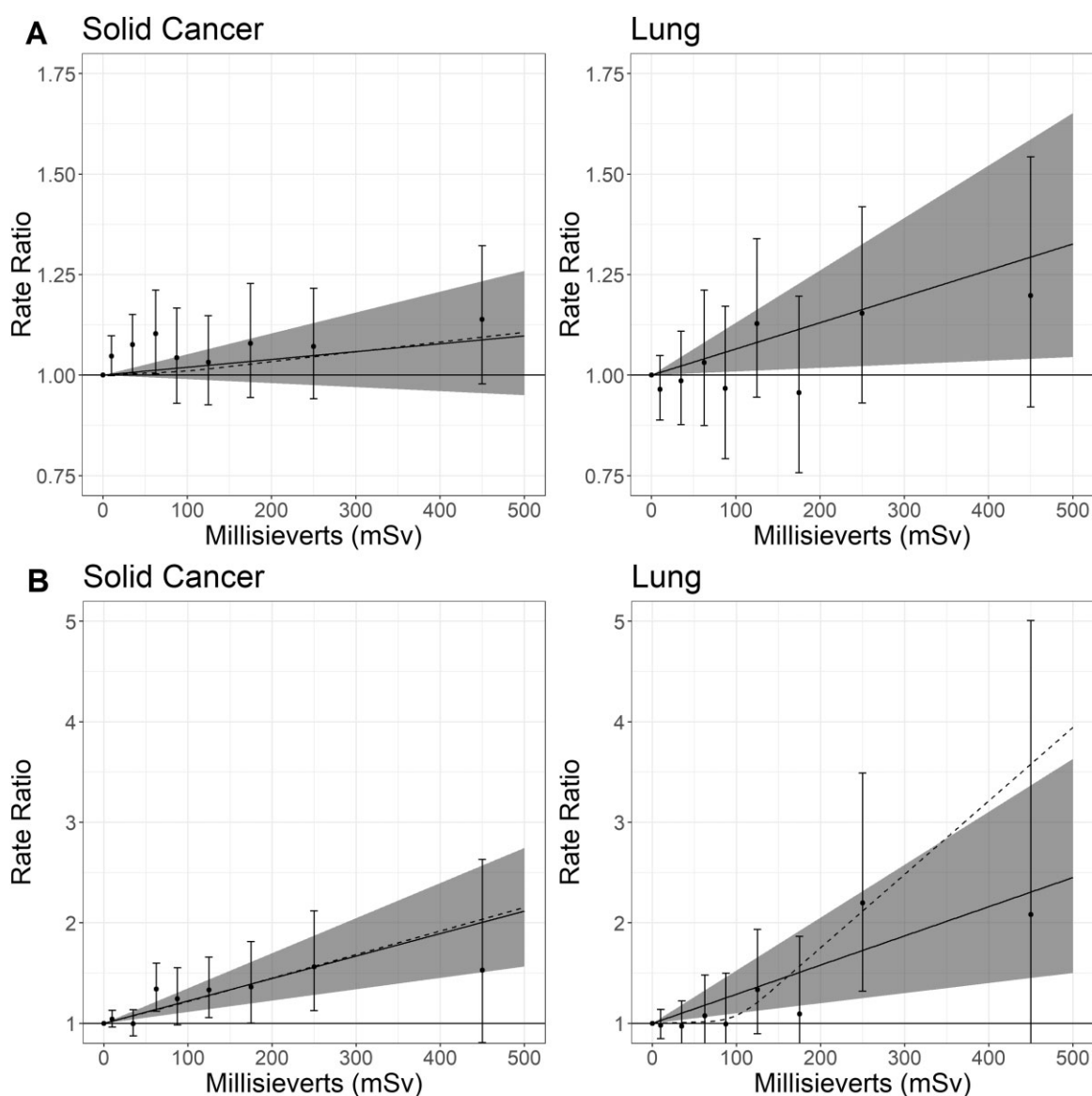
Restricting analyses to workers first hired in 1960 or later had a large impact on estimates (Table 4). The estimate for all solid cancers among 1960 or later hires ( $\text{ERR Sv}^{-1} =$

2.23; 95% CI: 1.13, 3.49) was an order of magnitude higher than the full cohort estimate. Large increases in estimates were also observed for lung cancer ( $\text{ERR Sv}^{-1} = 2.90$ ; 95% CI: 1.00, 5.26), colon cancer ( $\text{ERR/Sv} = 7.15$ ; 95% CI: 2.13, 14.5), mesothelioma and pleura cancer ( $\text{ERR/Sv} = 16.9$ ; 95% CI: 5.34, 38.5) and all other outcomes, with the exception of rectum, skin, thyroid and bone cancers, which decreased among 1960 or later hires. When lung and solid cancer mortality estimates among the 1960 or later hires were evaluated categorically, relative rates increased non-monotonically. The linear and spline models were similar for all solid cancer but diverged for lung cancer, which resembled an exponential model (Figure 1b).  $\text{ERR Sv}^{-1}$  for COPD was substantially higher among these workers compared with the full cohort, but the magnitude of the estimate was much lower than for lung cancer and most of the outcomes noted above.

Analyses restricted to workers with <200 mSv of cumulative exposure showed increases in ERRs compared with the main results for all solid cancer excluding lung, liver and bone; for cancers of the stomach, colon, larynx, ovary and kidney; and for COPD; and decreases for cancers of oesophagus, lung, skin, bladder and thyroid. When analyses were restricted to workers without neutron monitoring, several cause-specific estimates decreased, with an  $\text{ERR Sv}^{-1}$  of 0.16 (95% CI: −0.25, 0.62) for solid cancer and −0.15 (−0.61, 0.38) for solid cancer except for lung. The estimates for lung cancer and for COPD increased among workers not monitored for neutrons ( $\text{ERR Sv}^{-1} = 0.76$ ; 95% CI: 0.02, 1.61).

### Discussion

This extended mortality analysis of >100 000 US nuclear workers contributes empirical evidence of the radiogenic risks of solid cancer and some solid cancer subtypes. We observed a substantially higher lung cancer ERR compared with the 2005 update of this cohort ( $\text{ERR Sv}^{-1} = 0.069$ ; 95% CI: −0.43, 0.66).<sup>9</sup> This may be due in part to differences in study design; in the updated analysis we had a longer duration of employment criterion for cohort inclusion, excluded radionuclide deposition for the cumulative exposure estimates and chose to adjust for a different set of variables (in this analysis we did not adjust for race, although matching on race did not impact results in our preliminary models). Another reason for the differences in results is the prolonged follow-up in our analysis, which allows the estimation of risks for solid cancer types with longer latencies. Extended follow-up also increased the number of events; in the 2005 update only 35% of workers were deceased whereas 50% of workers were deceased through 2016. With additional events, we were able to



**Figure 1** Relative rate and 95% CIs for all solid cancer deaths and lung cancer deaths among a pooled cohort of workers from five US nuclear facilities. Panel (a) includes the full cohort and (b) is restricted to workers first hired in 1960 or later. Solid lines represent the linear relative rates per sievert and grey areas represent the ranges of the corresponding 95% CIs. Dotted lines represent the relative rates per sievert using spline models with knots at 50, 100 and 150 mSv. Points and error bars are relative rates categorized by 0, >0–20, >20–50, >50–75, >75–100, >100–150, >150–200, >200–300 and >300 mSv

estimate cancer rates among a contemporary sub-cohort of nuclear workers. Workers hired after 1960 had improved dosimetry and lower average exposures to gamma radiation (mean = 14.5 mSv, median = 2.5 mSv). We observed positive associations for several cancer subtypes, notably all cancer, all solid cancer excluding lung and cancers of the colon and lung. Although imprecise, several other subtypes also had positive associations in the contemporary sub-cohort.

The SMR analyses provided updated information on the occupational experiences of nuclear workers. The majority of SMR results were at or below the null. This was

not unexpected since nuclear workers are subject to the healthy worker effect due to additional medical and security screenings as a requirement for employment in a nuclear facility.<sup>17</sup> However, the elevated SMRs for mesothelioma indicate that workers experience a higher rate of mesothelioma mortality compared with the general population, particularly among skilled manual workers, which is likely attributable to occupational asbestos exposure. Some of the most common job titles among skilled manual workers were electrician, pipefitter, metal worker and machinist. Additionally, rates of mesothelioma among nuclear workers by calendar period continue to be elevated

**Table 4** Excess relative rate per sievert for solid cancer types and COPD among a pooled cohort of workers from five US nuclear facilities: sensitivity analyses restricted to workers first hired in 1960 or later, restricted to cumulative exposures of <200 mSv, among workers employed for  $\geq 30$  days, and restricted to workers without neutron monitoring followed up through 2016<sup>a</sup>

Solid cancer type	Main analysis ( <i>n</i> = 101 363) ERR/Sv (95% CI)	First hired 1960+ ( <i>n</i> = 56 260) ERR/Sv (95% CI)	Cumulative exposure <200 mSv ( <i>n</i> = 98 918) ERR/Sv (95% CI)	Not flagged for neutron monitoring ( <i>n</i> = 87 426) ERR/Sv (95% CI)
Solid cancer (all)	0.19 (−0.10, 0.52)	2.23 (1.13, 3.49)	0.15 (−0.41, 0.74)	0.16 (−0.25, 0.62)
Solid cancer excluding lung	−0.01 (−0.34, 0.36)	1.88 (0.59, 3.41)	−0.01 (−0.68, 0.72)	−0.15 (−0.61, 0.38)
Solid cancer excluding lung, liver and bone	0.07 (−0.27, 0.47)	2.12 (0.75, 3.73)	0.22 (−0.48, 0.98)	−0.13 (−0.60, 0.43)
Non-smoking-related solid cancer	0.11 (−0.37, 0.67)	1.63 (−0.15, 3.92)	0.09 (−0.86, 1.17)	−0.06 (−0.74, 0.76)
Mouth and pharynx	NC	7.60 (−3.69, 35.30)	−0.31 (−4.05, 5.96)	−3.44 (−6.08, 1.12)
Oesophagus	0.04 (−1.33, 2.21)	2.07 (−1.89, 9.05)	−1.10 (−3.23, 2.03)	−0.78 (−1.99, 1.37)
Stomach	0.51 (−0.86, 2.90)	6.04 (−1.48, 20.13)	1.71 (−1.59, 6.70)	−0.68 (−2.57, 2.92)
Colon	0.08 (−0.81, 1.32)	7.15 (2.13, 14.54)	0.65 (−1.24, 3.01)	−0.03 (−1.37, 1.78)
Rectum	−1.03 (−1.99, 1.40)	−4.05 (−6.45, 2.63)	−2.39 (−4.57, 1.76)	−1.57 (−2.79, 1.43)
Liver	−1.57 (−2.18, −0.23)	−1.44 (−3.92, 4.43)	−4.06 (−5.34, −1.75)	−0.55 (−2.31, 2.37)
Pancreas	−0.29 (−1.09, 0.98)	0.80 (−1.50, 4.95)	−0.20 (−2.11, 2.34)	−0.79 (−2.11, 1.27)
Larynx	2.35 (−0.79, 11.5)	NC	5.85 (−2.36, 22.05)	3.61 (−0.56, 14.11)
Lung	0.65 (0.09, 1.30)	2.90 (1.00, 5.26)	0.45 (−0.50, 1.52)	0.76 (0.02, 1.61)
Mesothelioma and pleural	2.54 (−0.25, 7.10)	16.94 (5.34, 38.5)	10.1 (3.95, 19.1)	3.30 (−0.27, 8.79)
Skin (all)	0.99 (−0.56, 3.43)	−4.01 (−6.04, 1.50)	−1.49 (−3.55, 1.75)	0.03 (−1.40, 2.63)
Skin excluding melanoma	0.51 (−1.76, 5.19)	−16.43 (−21.41, 6.90)	−3.17 (−6.24, 3.20)	NC
Skin (melanoma)	1.24 (−0.67, 4.47)	−3.66 (−5.99, 2.75)	−0.89 (−3.42, 3.31)	1.06 (−0.93, 4.92)
Female breast	−1.16 (−3.26, 5.44)	49.0 (−17.3, 171.3)	−2.39 (−4.70, 4.96)	−3.40 (−5.68, 3.87)
Uterus	NC	NC	NC	−1.89 (−30.77, 94.8)
Ovary	5.74 (−5.65, 37.3)	NC	6.04 (−5.56, 37.81)	7.56 (−5.33, 42.7)
Prostate	−0.19 (−0.75, 0.57)	1.04 (−1.25, 4.92)	−0.61 (−1.98, 1.09)	−0.82 (−1.63, 0.37)
Bladder	0.04 (−0.96, 1.87)	1.79 (−5.75, 15.9)	−0.40 (−2.82, 3.33)	−0.09 (−1.12, 2.42)
Kidney	0.93 (−0.98, 3.99)	3.38 (−2.74, 14.26)	2.93 (−0.62, 8.07)	1.04 (−1.41, 4.85)
Brain and CNS	−0.92 (−1.64, 0.64)	0.76 (−3.41, 8.05)	−2.57 (−4.47, 0.46)	−2.49 (−3.82, −0.09)
Thyroid	0.77 (−2.82, 13.9)	−3.93 (−11.64, 48.53)	−5.44 (−7.80, 6.76)	NC
Bone	−8.31 (−13.5, 9.93)	−38.4 (−44.8, 14.1)	−5.92 (−13.6, 20.0)	−8.31 (−13.5, 9.93)
COPD	−0.04 (−0.61, 0.67)	0.97 (−0.90, 3.52)	0.26 (−0.92, 1.62)	0.66 (−0.27, 1.76)

ERR/Sv, excess relative rate per sievert; NC, non-convergence; CNS, central nervous system; COPD, chronic obstructive pulmonary disease.

<sup>a</sup>Matched on age, sex, date of birth, facility, duration of employment, neutron monitoring and job type.

relative to the standard US population. Clinicians and public health practitioners need to be aware of the continued asbestos burden faced by some nuclear workers.

Many results from our analysis are comparable to the findings from the French and UK nuclear worker cohorts, as well as INWORKS and the Life Span Study of Japanese atomic bomb survivors. Solid cancer risk estimates from these studies range from 0.20 to 0.53 ERR Sv<sup>−1</sup>. Our summary ERR for solid cancer is in the lower range at 0.19 but results from our sensitivity analyses ranged from 0.12 to 2.23. For lung cancer, results from the aforementioned studies range from 0.34 to 1.33. Our main analysis results fall within these estimates at 0.65 and our sensitivity analyses ranged from 0.30 to 2.90.

We conducted several types of analyses to indirectly evaluate the impact of unmeasured smoking on the

association between ionizing radiation and solid cancer. We estimated associations for a group of non-smoking-related solid cancers. When compared with all solid cancer, the ERR for non-smoking-related solid cancers is only slightly lower, suggesting that confounding by smoking does not fully explain the association between radiation and solid cancer. We also estimated the association between ionizing radiation and COPD to assess unmeasured confounding by smoking of the association between ionizing radiation and lung cancer, since whole-body penetrating ionizing radiation does not cause COPD. We found no association between radiation and COPD mortality in the overall cohort, which suggests that smoking is not an important confounder of the association between ionizing radiation and lung cancer. The COPD estimate in the contemporary sub-cohort was higher than in the full



cohort, but the magnitude of this association was still much smaller than the lung cancer estimate in the contemporary sub-cohort, indicating that confounding by smoking still cannot entirely explain the observed excess lung cancer rate. And although there is a strong association between smoking and lung cancer, prior studies indicated that the association between smoking and ionizing radiation exposure among US nuclear workers is weak among the overall cohort,<sup>31</sup> meaning that confounding by smoking is unlikely to explain the association between ionizing radiation and lung cancer.

In addition to smoking, unmeasured confounding by asbestos exposure is a concern. We observed a large positive ERR for mesothelioma and pleural cancer. The magnitude was similar to the estimate from the 2005 update of this cohort ( $\text{ERR Sv}^{-1} = 2.5$ ; 95% CI: 1.3, 10)<sup>9</sup> but was much higher among the workers hired since 1960. These elevated mesothelioma and pleural cancer rates suggest that asbestos may confound the association between ionizing radiation and lung cancer. Since PNS workers had the highest SMR for mesothelioma and other studies have documented the potential for confounding by asbestos at PNS,<sup>9,32</sup> we removed PNS workers in a post-hoc analysis to indirectly evaluate the impact of asbestos exposure on our lung cancer estimate. When PNS is removed, the lung cancer association decreased but remained elevated ( $\text{ERR Sv}^{-1} = 0.46$ ; 95% CI: -0.12, 1.16). Matching on occupational status also partially controls confounding by asbestos exposure. And whereas there is some association between asbestos exposure and lung cancer, the association between asbestos exposure and ionizing radiation is likely weak, indicating that confounding by asbestos is unlikely to explain the association between ionizing radiation and lung cancer.<sup>31</sup>

Despite some concerns with confounding by unmeasured environmental and occupational co-exposures, this analysis makes an important advance in understanding solid cancer risks among contemporary nuclear workers. There was a sufficient duration of mortality follow-up to evaluate contemporary worker risks, and we observed notable increases in rates for all solid cancers, lung cancer and colon cancer. We chose to conduct sensitivity analyses restricted to workers hired in 1960 or later because of improvements in dosimetry during this period and to provide risk estimates for workers exposed to ionizing radiation contemporary exposure scenarios. There are differences between early and contemporary workers such as differences in occupational conditions, temporal trends, and differences in dose rates that may contribute to the elevated rates observed among contemporary workers. Non-differential exposure misclassification causing bias towards the null among early hires may also contribute to these elevated rates. Ultimately it provides new evidence that

lower-exposed contemporary workers experience elevated rates of solid cancer.

This updated study provides insight into the continued asbestos burden of many nuclear workers. It adds to the understanding of solid cancer risks from exposure to ionizing radiation and contributes to the growing body of evidence that lung cancer, and likely some other subtypes of cancer, are radiosensitive at low doses and low dose rates. As this cohort continues to be followed over time and additional INWORKS and country-specific updates are conducted, we expect to observe additional evidence of health effects from low-dose and low-dose-rate radiation exposures.

## Ethics approval

This study was approved by the National Institute for Occupational Safety and Health Institutional Review Board.

## Data availability

Data availability is subject to US data protection and regulations. For inquiries, please contact [kkelly-reif@cdc.gov](mailto:kkelly-reif@cdc.gov).

## Supplementary data

Supplementary data are available at *IJE* online.

## Author contributions

K.K.R., S.J.B., R.D.D., D.B.R. and M.K.S.B. developed the research questions and designed the study. K.K.R., S.J.B. and R.D.D. were responsible for data management, processing and analysis. K.K.R. produced the initial draft of the manuscript, which was revised and approved by all authors.

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## Conflict of interest

None declared.

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