

We only use cookies that are necessary for this site to function, and to provide you with the best experience. Learn more in our [Cookie Statement](#). By continuing to use this site, you consent to the use of cookies.



# Keep Trucking Safe June 2021 Newsletter

Washington State Department of Labor & Industries sent this bulletin at 06/10/2021 09:31 AM PDT

Having trouble viewing this email? [View it as a Web page.](#)



Safety Material for the Trucking Industry  
June 2021

## Keep Your Pallet Jack On Track

Manual pallet jacks are common equipment that truck drivers and material handlers use to lift, lower and move heavy freight between trailers and loading docks. Though operating a pallet jack is easy and requires no special training, injuries can still result from equipment failure, hazardous surroundings, and not following safety rules. As for all equipment, inspect your pallet jack before each use to make sure it's in good condition. Look for uneven floor surfaces, damaged dock plates, and open dock edges that can destabilize your pallet's load or end in a painful fall. Always stick to the rules of safe equipment use to avoid injuring yourself and co-workers while using a pallet jack. These and the other listed tips can help you avoid pallet jack mishaps at work.



[Tips to live by](#)

## National Safety Month, A Time for Awareness, Planning, and Prevention

[National Safety Month](#) takes place every June to bring together communities, organizations, and health

professionals to help prevent injuries and fatalities at work, at home, and on the road.

The [U.S. Bureau of Labor Statistics](#) reported that in 2017 preventable workplace injury-related deaths totaled 4,414, and medically consulted injuries totaled 4.5 million. Total injury costs reached an estimated \$161.5 billion, including wage and productivity losses, medical expenses, administrative expenses, motor vehicle property damage, and employer costs.



[Continue reading](#)

---

## Litter Prevention and Load Securement Emphasis Taking Place in June

As a part of Washington's new [We Keep Washington Litter Free campaign](#), the Washington State Patrol (WSP) will be conducting statewide emphasis patrols over four weekends from May 28 to June 20. The patrols will coincide with National [Secure Your Load Day](#), which takes place annually on June 6<sup>th</sup> to remind motorists about the importance of secure loads and litter prevention.

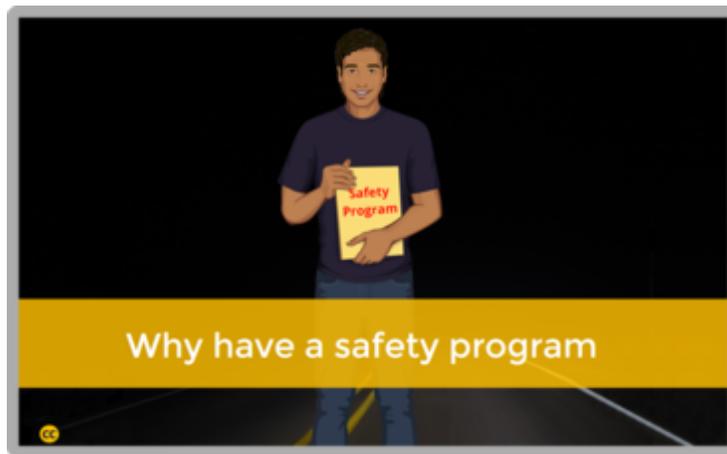


[Continue reading](#)

## EDUCATION & TRAINING

*If you're experiencing issues with Internet Explorer or Chrome, try a different browser like Firefox, Opera, Edge etc..*

### Why have a Safety Program



This interactive course teaches how having a safety program can keep your trucking workplace safe, productive, profitable, and clear of compliance violations.

[Try our training tool](#)

---

### What is Safety Climate?



Safety climate is the new catch phrase in occupational safety circles. But what is it? And what does it mean to your company? Find out in this training.

[Try our training tool](#)

[More Training Simulations](#)

## MOST COMMON INJURIES

[Slips, trips, falls](#)

[Strain & sprains \(musculoskeletal disorders\)](#)

[Getting struck by or against an object](#)

## Hazard Prevention Tools



TWITTER



BLOG



YOUTUBE

The Trucking Injury Reduction Emphasis (TIRES) project was developed by the Safety and Health Assessment and Research for Prevention (SHARP) program of Washington's Department of Labor & Industries.

The Trucking Injury Reduction Emphasis (TIRES) project team and the TIRES steering committee are working with the Washington State trucking industry to identify causes for the most frequent injuries to develop effective strategies for preventing them. Free safety training materials are available at [KeepTruckingSafe.org](https://www.KeepTruckingSafe.org).

The TIRES steering committee is made up of a diverse group of professionals that includes: drivers, safety people from large and small trucking companies, labor and business associations, insurers and a representative from a publicly funded truck driving school.

Funded in part by a grant from CDC NIOSH 5 U60 OH 008487. The contents are solely the responsibility of the authors and do not necessarily represent the official views of CDC/NIOSH.

[Contact us](#)

[Access Agreement](#) | [Privacy & Security Statement](#) | [Intended Use/External Content Policy](#)



[Subscribe/unsubscribe or modify your account settings](#). You will need your email address to log in. If you have questions or problems with the subscription service, please visit [subscriberhelp.govdelivery.com](https://www.subscriberhelp.govdelivery.com).

## Subscribe to updates from Washington State Department of Labor & Industries

Email Address  e.g. name@example.com

## Share Bulletin



Powered by



[Privacy Policy](#) | [Cookie Statement](#) | [Help](#)