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TIRES

(Trucking Injury Reduction Emphasis)

The TIRES research team is working with industry leaders, safety and health professionals, employers, drivers, warehouse and dock workers, and many others to develop educational materials that identify hazards and provide low-cost, simple solutions to prevent injuries in the trucking industry. Learn more about [TIRES](#).

The 2017 Truck Driving Championships Winners

Congrats to the Grand Champion winner Mike Mygatt! We want to thank everyone that came out to show their support and all the drivers who participated in this event. These drivers have many years of experience and are some of the best in the industry..



[Click to view the Winners](#)

Get a grip - don't slip

A 36-year-old, local flatbed driver suffered a broken ankle when he lost hold of a grab handle and slipped down the steps from his tractor's catwalk.

The incident occurred as the driver prepared to haul a load of heavy construction equipment.

[Continue Reading Narrative](#)



Truck Driver Crushed When Unsecured Conveyor Belt Tables Fell Off Trailer.

The 45-year-old truck driver had worked for the multi-state potato harvesting and transport company for about four months. He had received training on how to load and tie down this kind of equipment when he was hired.

[One-page narrative](#)

[Slide show version of narrative](#)

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Education and Training Resources

Transfer Trailer Safety



This course teaches prevention of common traumatic injuries in the paving industry.

[Try Our Training Tool](#)

Prevent Slips

Slips, trips and falls cause many injuries in trucking. Changes in footwear, tasks and environment matter. Test your knowledge by clicking the slip simulation.

Try Our Training Tool

The simulation tool interface is divided into three main sections: Environment, Task, and Footwear. The Environment section shows 'Dry ground: baseline surface friction' with icons for sun, clouds, rain, an 'ICY' sign, a spill, and bananas. The Task section shows 'Walking' with icons of a person carrying a box, pushing a pallet jack, and walking. The Footwear section shows 'Work boots (tread depth ~0.25")' with icons of various shoes. A 'Friction Meter' on the right shows a gauge with a needle pointing to 0.2, labeled 'Friction task requires'. Below the meter, it states 'Walking will be used as the baseline level of surface friction.' and provides links for 'More about Friction', 'Slip/fall Injury Prevention', 'Disclaimer', and 'About TIRES'.

[Click here to view more training simulations.](#)

Most Common Injuries

[Slips, trips, falls](#)

[Strains & sprains \(Musculoskeletal disorders\)](#)

[Getting struck by or against an object](#)

Hazard Prevention Tools

2016 Workplace Fatalities Report

12 truck drivers died on the job in 2016 – that's more than any other occupation in Washington. This information and more can be found in the [annual report](#) recently published by SHARP's Washington Fatality Assessment and Control Evaluation ([WA FACE](#)) program.

[Annual Report](#)

These Boots Were Made for Walkin'

This tanker driver had climbed the ladder to watch the level on the first tank in preparation to switch to the second tank. He climbed down the ladder using 3 points-of-contact, but he was rushing to get it done.

[These Boots](#)

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