


e-News

Health and safety information for the trucking industry.

Welcome to the October 2009 edition of TIRES e-news, a periodic newsletter brought to you by the health and safety experts of the **TIRES Initiative**.

New this month



Don't stop that truck!

Read the true story of a truck driver who was killed while attempting to stop his rolling rig. Includes tips to live by.

Download a PDF file, [Fatality \(140 KB\)](#).



Want to be a pro? Consider your trailer exiting strategy.

This poster examines the best method to exit a trailer. A professional driver uses safe methods to accomplish daily tasks. Download and make as many copies as needed.

Download a PDF file, [Be a pro \(159 KB\)](#).

Preventing Injuries in the Trucking Industry Focus Report

This report provides the trucking industry with information on claims, claim rates, costs, common causes, and prevention ideas.

To view the report, [click here](#).

Adobe® PDF files



The **free** Adobe Reader® is required in order to view or print files in PDF format. You can [download the Reader](#) at **no cost** from Adobe's web site.

For technical support see the [Adobe Reader support](#) page.

For more information about injury prevention strategies in trucking, including links to existing documents and posters, [click here](#).

To learn more about the TIRES initiative, or to find more information about injuries in the trucking industry please visit us at, www.KeepTruckingSafe.org.

The Trucking Injury Reduction Emphasis (TIRES) project was developed by the Safety and Health Assessment and Research for Prevention (SHARP) program of Washington's Department of Labor and Industries.

The Trucking Injury Reduction Emphasis (TIRES) project team and the TIRES steering committee are working with the Washington State trucking industry to identify causes for the most frequent injuries to develop effective strategies for preventing them.

The TIRES steering committee is made up of a diverse group of professionals that includes: drivers, safety people from large and small trucking companies, labor and business associations, insurers and a representative from a publicly funded truck driving school.

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TIRES Mailing List Information

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