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Welcome to the August 2010 edition of TIRES e-news, a periodic newsletter brought to you by the health and safety experts of the TIRES Initiative.

New this month



Time to think about step maintenance

Slipping and falling from truck cab steps is a leading cause of injury for drivers. The cost of a replacement step is negligible in comparison to the cost of an injury. [Click for an illustration \(169 KB\)](#).



True stories of Washington truck drivers injured from a fall from cab steps

Read these true stories and use the tips to address this important topic at your next safety meeting. Drivers should report worn steps as a maintenance issue. [Click here for more \(199 KB\)](#).



Winners: WTA trucking driving championships

TIRES enjoyed participating in the Washington Trucking Associations' truck driving championships. Although none of our team drove a truck, we did show off our newly released [Force Simulation Tool](#). TIRES congratulates all the [winners \(Click the right hand menu under "What's New".\)](#)

Hazard alert for mechanics

Looking for a useful safety checklist for your mechanics? The American Society of Safety Engineers has developed this checklist for garages and shops. [mechanics' alert \(42 KB\)](#)

Upcoming events

[Click here to check out upcoming events in trucking.](#) Let us know if you have a trucking industry related safety or health event that you'd like to add to the page.

Force simulation tool

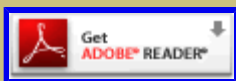
Does it really matter if you jump or use 3 points-of-contact when you exit the cab or trailer? Find out with our force-simulator. Use it as a training tool. Click [force simulation tool](#).

Have questions? We're here to help. Email us at info@KeepTruckingSafe.org.

[Take me to keeptruckingsafe.org now.](http://www.KeepTruckingSafe.org)

Together we can prevent injuries in trucking
—keeptruckingsafe.org

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To learn more about the TIRES initiative, or to find more information about injuries in the trucking industry please visit us at, www.KeepTruckingSafe.org.

The Trucking Injury Reduction Emphasis (TIRES) project was developed by the Safety and Health Assessment and Research for Prevention (SHARP) program of Washington's Department of Labor and Industries.

The Trucking Injury Reduction Emphasis (TIRES) project team and the TIRES steering committee are working with the Washington State trucking industry to identify causes for the most frequent injuries to develop effective strategies for preventing them.

The TIRES steering committee is made up of a diverse group of professionals that includes: drivers, safety people from large and small trucking companies, labor and business associations, insurers and a representative from a publicly funded truck driving school.

Funded in part by a grant from CDC NIOSH 5 U60 OH 008487. The contents are solely the responsibility of the authors and do not necessarily represent the official views of CDC/NIOSH.

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