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Welcome to the April 2011 edition of TIRES e-news, a periodic newsletter brought to you by the health and safety experts of the TIRES Initiative.

New this month



Who needs you home safe?

The most important reason to be safe at work is not at work... Together workers and employers can keep the workplace safe so workers can go home safe. [Home Safe \(297 KB\)](#).



Can a rotten day get worse...

Read the true story of a Washington truck driver whose dedication to getting the job done ended up causing an injury. Every employer wants dedicated workers, but not at the expense of the worker's health. Included are tips to prevent a similar incident. [Rotator cuff \(210 KB\)](#).



Prevent fatalities caused by loading and unloading

Loading and unloading trucks and trailers continues to be a significant source of fatalities and injuries among truck drivers and other workers in Washington State. Click [Hazards to Truck Drivers and other Workers while Loading and Unloading Trucks and Trailers](#) for help identifying and preventing these hazards. This document was produced by the [Washington Fatality Assessment and Control Evaluation \(FACE\) Program](#). The first page is intended as a tool for training and posting. The following pages provide more detailed prevention recommendations and resources.

Safety materials en Español

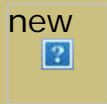
Bienvenido a nuestra edición en español del sitio web TIRES. [Estamos](#)

[actualmente traduciendo al español todos los folletos y articulos.](#)



[¡Advertencia! ¡Los montacargas de gasolina y propano producen un gas tóxico!](#)

Warning! Gas-powered forklifts produce toxic gas!



[¿Se sentiría su hijo mal si usted no pudiera jugar baloncesto con él? \(114 KB\)](#)

Would your son mind if you couldn't shoot a few hoops?

Training simulation tools

Prevent slips, trips and falls

Slips, trips and falls cause many injuries in the trucking industry. Test your safety knowledge with the [friction simulation tool](#).

Force simulation tool

Does it really matter if you jump or use 3 points-of-contact when you exit the cab or trailer? Find out with our force-simulator. Use it as a training tool. Click [force simulation tool](#).

Upcoming events

[Click here to check out upcoming events in trucking](#). Let us know if you have a trucking industry related safety or health event that you'd like to add to the page.

Have questions? We're here to help. Email us at info@KeepTruckingSafe.org.

[Take me to keeptruckingsafe.org now.](#)

Together we can prevent injuries in trucking
—keeptruckingsafe.org

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To learn more about the TIRES initiative, or to find more information about injuries in the trucking industry please visit us at, www.KeepTruckingSafe.org.

The Trucking Injury Reduction Emphasis (TIRES) project was developed by the Safety and Health Assessment and Research for Prevention (SHARP) program of Washington's Department of Labor and Industries.

The Trucking Injury Reduction Emphasis (TIRES) project team and the TIRES steering committee are working with the Washington State trucking industry to identify causes for the most frequent injuries to develop effective strategies for preventing them.

The TIRES steering committee is made up of a diverse group of professionals that includes: drivers, safety people from large and small trucking companies, labor and business associations, insurers and a representative from a publicly funded truck driving school.

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