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Welcome to the June 2011 edition of TIRES e-news, a periodic newsletter brought to you by the health and safety experts of the TIRES Initiative.

New this month



Focus on the fifth wheel release

Injuries can occur if a driver needs to exert too much force to release the fifth wheel.

Tip sheet: [Staying safe while releasing the fifth wheel \(214 KB\)](#)

Poster: [Find the sweet spot \(306 KB\)](#)

Worth repeating

Featuring previously published training materials that are...worth repeating!

Prevent loading dock fall injuries

Poster: [Don't fall for it! \(258 KB\)](#)

True story: [Delivery truck driver fatally injured in fall \(138 KB\)](#)

Safety materials en Español

Bienvenido a nuestra edición en español del sitio web TIRES. [Estamos actualmente traduciendo al español todos los folletos y artículos.](#)

Training simulation tools

Prevent slips, trips and falls

Slips, trips and falls cause many injuries in the trucking industry. Test your safety knowledge with the [friction simulation tool](#).

Force simulation tool

Does it really matter if you jump or use 3 points-of-contact when you exit the cab or trailer? Find out with our force-simulator. Use it as a training tool. Click [force simulation tool](#).

Upcoming events

[Click here to check out upcoming events in trucking](#). Let us know if you have a trucking industry related safety or health event that you'd like to add to the page.

Have questions? We're here to help. Email us at info@KeepTruckingSafe.org.

[Take me to keeptruckingsafe.org now.](#)

Together we can prevent injuries in trucking
—keeptruckingsafe.org

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To learn more about the TIRES initiative, or to find more information about injuries in the trucking industry please visit us at, www.KeepTruckingSafe.org.

The Trucking Injury Reduction Emphasis (TIRES) project was developed by the Safety and Health Assessment and Research for Prevention (SHARP) program of Washington's Department of Labor and Industries.

The Trucking Injury Reduction Emphasis (TIRES) project team and the TIRES steering committee are working with the Washington State trucking industry to identify causes for the most frequent injuries to develop effective strategies for preventing them.

The TIRES steering committee is made up of a diverse group of professionals that includes: drivers, safety people from large and small trucking companies, labor and business associations, insurers and a representative from a publicly funded truck driving school.

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