



Safety Material for the Trucking Industry
June 2020

Hi everyone, we hope you are all doing well. Please check out our new web page with all our COVID-19 related material. While you are there, feel free to browse around the keeptruckingsafe.org website, we have plenty of safety material for truck drivers. Stay safe and healthy.

The screenshot shows the website's navigation menu with options like HOME, GENERAL FREIGHT, SPECIALIZED FREIGHT, SOLID WASTE COLLECTIONS, MOVING & STORAGE, and COURIERS & MESSENGERS. A prominent banner reads 'KEEP TRUCKING SAFE COVID-19'. Below the banner, the main heading is 'Keeping Truck Drivers Safe from COVID-19'. The text explains the impact of the pandemic on truck drivers and provides tips for safety. A 'RESOURCES' sidebar lists links for COVID-19, Training & Simulations, Toolbox Talks, Company Corner, Safety Plan, Fatalities, General Maintenance, Forklifts, Mechanics, Health Issues, and Work Safe, Home Safe. A note at the bottom says 'Click on the subtitles to download tip sheets.'

Click image to visit

Don't Get it Twisted

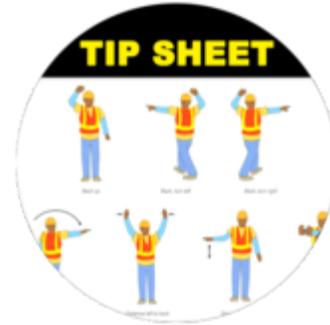
Removing and installing wheels on tractor-trailers is no small feat. Some truck mechanics have done this so often they begin to overlook the risks. This happened to a 38-year-old mechanic who tore the cartilage in his left knee while installing a tractor wheel after a routine brake job.



[Tips to live by](#)

Spotting Hazards

Using spotters can effectively protect pedestrians and property obstructed from view behind a truck that is backing up. But working closely to moving trucks puts spotters at high risk of getting struck and run over. Simple mistakes like a wrong hand signal or brief loss of visual contact can quickly end in serious injury or death. That's why proper safety training for spotters and drivers makes all the difference. Follow these tips to help keep spotters safe on the job.



[Tips to live by](#)

June is National Safety Month

National Safety Month takes place every June to raise awareness of the leading causes of injury at work, at home, and on the road. During the month-long observance, thousands of communities, organizations, and health professionals will unite to help people identify hazards and solutions to prevent injuries and fatalities.

According to the U.S. Bureau of Labor Statistics, in 2017 preventable injury-related deaths totaled 4,414, and medically consulted injuries totaled 4.5 million. Total injury costs were estimated at \$161.5 billion, including wage and productivity losses, medical expenses, administrative expenses, motor vehicle property damage, and employer costs.



[Continue reading](#)

EDUCATION & TRAINING

If you're experiencing issues with Internet Explorer or Chrome, try a different browser like Firefox, Opera, Edge etc..

Landing Gear



This course teaches prevention of common shoulder disorders caused by improperly lowering the landing gear. See which body position is best to avoid an injury.

[Try our training tool](#)

What Is a Safety Committee?



This training tool will teach you what is a safety committee and the importance of having one. The safety committee has a mission to promote a safety culture within the company and it's achieved by providing training to management, supervisors and employees.

[Try our training tool](#)

[More Training Simulations](#)

MOST COMMON INJURIES

Slips, trips, falls

Strain & sprains (musculoskeletal disorders)

Getting struck by or against an object

Hazard Prevention Tools



TWITTER



BLOG



YOUTUBE

The Trucking Injury Reduction Emphasis (TIRES) project was developed by the Safety and Health Assessment and Research for Prevention (SHARP) program of Washington's Department of Labor & Industries.

The Trucking Injury Reduction Emphasis (TIRES) project team and the TIRES steering committee are working with the Washington State trucking industry to identify causes for the most frequent injuries to develop effective strategies for preventing them. Free safety training materials are available at KeepTruckingSafe.org.

The TIRES steering committee is made up of a diverse group of professionals that includes: drivers, safety people from large and small trucking companies, labor and business associations, insurers and a representative from a publicly funded truck driving school.

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