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Welcome to the November 2012 edition of TIRES e-news, a periodic newsletter brought to you by the health and safety experts of the TIRES Initiative.

## New this month



### Riding the door...

Efficient use of time or big mistake? [Ride \(165 KB\)](#).



### Are you ready for this...

Tips to prepare for winter. Ready or not, winter weather is here. Better to be ready! [Winter \(148 KB\)](#).

## Interactive SIMULATION: Is the force with you?

Compare the body forces needed to use a lever ratchet or binder ratchet to strap a load. [Click here to try the simulation](#).

## Need ideas?

Check out the TIRES idea bank for solutions to common trucking issues. Got solutions? This is a work in progress so send us your ideas. Click for [TIRES Idea Bank](#). Click to send us your solutions at [info@KeepTruckingSafe.org](mailto:info@KeepTruckingSafe.org).

## Follow TIRES

[TIRES blog](#) Share your comments and suggestions. Get the latest scoop!

[Twitter](#) Don't miss a tweet!

[YouTube](#) Don't Jump! Risky vs. safe trailer exit strategies on [YouTube](#). Be sure to watch both Part 1 and Part 2.

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## Worth repeating

Featuring previously published training materials that are...worth repeating!

[Tips for Successful Chaining](#) (262 KB)

[Report: Get ready for severe weather, including having the right footwear](#) (122 KB)

[Don't let your footwear get you down](#) (180 KB)

[Want to be a pro? Wear the footwear of the pros!](#) (197 KB)

[Do you see what I see?](#) (131 KB)

[A truck driver's winter survival kit](#) (301 KB)

[Working in the dark](#) (153 KB)

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## Safety materials en Español

Bienvenido a nuestra edición en español del sitio web TIRES. [Estamos actualmente traduciendo al español todos los folletos y artículos.](#)

[Si tiene que moverlo manualmente — Organize y coloque objetos pesados a una altura de fácil acceso.](#) (223 KB)

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## Training simulation tools

### Compare the force of lever and ratchet binders

Compare the body forces needed to use a lever ratchet or binder ratchet to strap a load. [Click here to try the simulation.](#)

### Safer tarping

Explore strategies for [safer tarping](#).

### Prevent slips, trips and falls

Slips, trips and falls cause many injuries in the trucking industry. Test your safety knowledge with the [friction simulation tool](#).

## Force simulation tool

Does it really matter if you jump or use 3 points-of-contact when you exit the cab or trailer? Find out with our force-simulator. Use it as a training tool. Click [force simulation tool](#).

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## Upcoming events

[Click here to check out upcoming events in trucking](#). Let us know if you have a trucking industry related safety or health event that you'd like to add to the page.

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Have questions? We're here to help. Email us at [info@KeepTruckingSafe.org](mailto:info@KeepTruckingSafe.org).

**[Take me to keeptruckingsafe.org now.](http://www.KeepTruckingSafe.org)**

Together we can prevent injuries in trucking  
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To learn more about the TIRES initiative, or to find more information about injuries in the trucking industry please visit us at, [www.KeepTruckingSafe.org](http://www.KeepTruckingSafe.org).

The Trucking Injury Reduction Emphasis (TIRES) project was developed by the Safety and Health Assessment and Research for Prevention (SHARP) program of Washington's Department of Labor and Industries.

The Trucking Injury Reduction Emphasis (TIRES) project team and the TIRES steering committee are working with the Washington State trucking industry to identify causes for the most frequent injuries to develop effective strategies for preventing them.

The TIRES steering committee is made up of a diverse group of professionals that includes: drivers, safety people from large and small trucking companies, labor and business associations, insurers and a representative from a publicly funded truck driving school.

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