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Welcome to the April 2014 edition of TIRES e-news, a periodic newsletter brought to you by the health and safety experts of **KeepTruckingSafe.org**.

New this month



Does your input on safety matter?

Companies with positive safety cultures value the input of every employee, recognizing that those on the front line have a very different perspective than those in management. In these companies, workers and management work together to ensure the safest possible conditions. Remind workers that they too are responsible for keeping themselves safe at work. Click here for safety poster (292 KB).



Tell me, do you feel lucky?

Luck should not replace playing it safe in the workplace. Often we feel the need to rush or we've done something risky so many times that we cease to recognize the danger. Take the time to re-evaluate your tasks, tools and methods. Click here for the tip sheet (152 KB).

Check out our blog

The TIRES blog has updated and is now the <u>Keep Trucking Safe blog!</u> This new platform with allow improved searching, commenting and archiving, but to get it you will need to re-sign up. <u>Click here</u> to stay in the conversation.

Ladder safety via interactive simulation

Visual learners will take away more from a simulation. This one is based on the true story of a tanker driver injured in a fall, but will

apply to many ladder climbing situations. Click here to begin.



Do you want to dig deeper?

Review Work related injuries in Washington State's Trucking Industry, by industry sector and occupation published recently in the peer-reviewed journal Accident Analysis and Prevention. Click here for the complete article.

For more safety training information check out KeepTruckingSafe.org

Keep Trucking Safe blog Share your comments and suggestions. Get the latest scoop!

twitter <u>@TruckSafe</u> Don't miss a tweet!

<u>YouTube</u> Don't Jump! Risky vs. safe trailer exit strategies on <u>YouTube</u>. Be sure to watch both Part 1 and Part 2.

Worth repeating

Featuring previously published training materials that are...worth repeating!

Safety training materials related to safety culture

Incentives to cheat... (163 KB)

Investing in safety (159 KB)

Turnover (107 KB)

Productivity (120 KB)

Incident investigation

How to investigate an incident (263 KB)

Incident investigation checklist (201 KB)

Training simulation tools

Fatal crush: Based on the true story of a driver killed on the job

A Washington State truck driver was killed on the job a few years ago. This simulation discusses what happened. Review it with your workers to help prevent similar occurrences. Click here for simulation.

True story with tips: Fatal crush (157KB).

Interactive Simulation Chaining Tires

Two drivers chaining. Can you spot the differences? <u>Click here to try the simulation</u>. Scroll down to try more training simulation tools.

Compare the force of lever and ratchet binders

Compare the body forces needed to use a lever ratchet or binder ratchet to strap a load. <u>Click here to try the simulation.</u>

Test your tarping skills

Explore strategies for <u>Click here to try the simulation on safer tarping</u>.

Choose your footwear wisely

Slips, trips and falls cause many injuries in the trucking industry. Test your safety knowledge with the <u>Click here to try the friction simulation</u> tool.

Force simulation tool

Does it really matter if you jump or use 3 points-of-contact when you exit the cab or trailer? Find out with our force-simulator. Use it as a training tool. Click here to try the force simulation tool.

Need ideas?

Check out the TIRES idea bank for solutions to common trucking issues. Got solutions? This is a work in progress so send us your ideas.

Click for <u>TIRES Idea Bank</u>. Click to send us your solutions at <u>info@KeepTruckingSafe.org</u>.

Haga click aquí para obtener materiales en español

<u>Si tiene que moverlo manualmente —</u>
<u>Organize y coloque objetos pesados a una altura de fácil acceso. (223 KB)</u>

Upcoming events

<u>Click here to check out upcoming events in trucking</u>. Let us know if you have a trucking industry related safety or health event that you'd like to add to the page.

Have questions? We're here to help. Email us at info@KeepTruckingSafe.org.

Take me to KeepTruckingSafe.org now.

Together we can prevent injuries in trucking —KeepTruckingSafe.org

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To learn more about the TIRES initiative, or to find more information about injuries in the trucking industry please visit us at, www.KeepTruckingSafe.org.

The Trucking Injury Reduction Emphasis (TIRES) project was developed by the Safety and Health Assessment and Research for Prevention (SHARP) program of Washington's Department of Labor and Industries.

The Trucking Injury Reduction Emphasis (TIRES) project team and the TIRES steering committee are working with the Washington State trucking industry to identify causes for the most frequent injuries to develop effective strategies for preventing them.

The TIRES steering committee is made up of a diverse group of professionals that includes: drivers, safety people from large and small

trucking companies, labor and business associations, insurers and a representative from a publicly funded truck driving school.

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