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Welcome to the December 2015 edition of KeepTruckingSafe E-news, a periodic newsletter brought to you by the health and safety experts of KeepTruckingSafe.org.

Honoring Mike Southards for a lifetime of achievement in safety



Because Mike Southards is a modest man, he did his best to refuse me an interview. I persisted. The Washington Trucking Associations (WTA) recently honored him with the Lifetime Achievement Award for Safety.

Years ago, Mike helped craft the award and determine its requirements so he claims he doesn't qualify – that he was only doing his job, not doing anything extra like the other recipients.

Mike recalled former honorees... [Click here to download more of the story \(306 KB PDF\)](#).

The wildly popular jump force simulation is now a training course!



Most of us don't want to be told to do something without understanding why. Here's a fun method of teaching why 3 points-of-contact is better than jumping from the cab or trailer. Take your new hire or monthly safety training to the next level using this quick interactive training.

[Click here to launch the training course](#).

Winter weather training

[A truck driver's winter survival kit \(301 KB PDF\)](#) More severe weather training is here: [Click here](#)

Inspect now so you are ready later

Toolbox trainings on chain inspection: [Take time now](#) and [tips for successful chaining](#).

Safety posters to remind workers of the importance of inspecting tire chains early: [Get in shape now](#)



Hanging iron from a driver's perspective: [Special written by Dustin Hustad](#)

What's the temperature of your company?



Safety climate is the new catch phrase in occupational safety circles. But what is it? And what does it mean to your company? Find out in this 5 minute training:

[Click here to launch the safety climate training.](#)

Safety Plan Development

[Take time to review your APP \(194 KB PDF\)](#)

[Developing an effective safety committee \(305 KB PDF\)](#)

Incident investigation

[How to investigate an incident \(263 KB\)](#)

[Incident investigation checklist \(201 KB\)](#)

Training simulation tools

Ladder safety

Visual learners will take away more from a simulation. This one is based on the true story of a tanker driver injured in a fall, but will apply to many ladder climbing situations. [Click here to begin.](#)



Fatal crush: Based on the true story of a driver killed on the job

A Washington State truck driver was killed on the job a few years ago. This simulation discusses what happened. Review it with your workers to help prevent similar occurrences. [Click here for simulation.](#)

True story with tips: [Fatal crush](#) (157KB).

Novice vs. Professional

Two drivers chaining. Can you spot the differences? [Click here to try the simulation.](#)

Compare the force of lever and ratchet binders

Compare the body forces needed to use a lever ratchet or binder ratchet to strap a load. [Click here to try the simulation.](#)

Test your tarping skills

Explore strategies for [Click here to try the simulation on safer tarping.](#)

Choose your footwear wisely

Slips, trips and falls cause many injuries in the trucking industry. Test your safety knowledge with the [Click here to try the friction simulation tool.](#)

Force simulation tool

Does it really matter if you jump or use 3 points-of-contact when you exit the cab or trailer? Find out with our force-simulator. Use it as a training tool. [Click here to try the force simulation tool.](#)

Need ideas?

Check out the TIRES idea bank for solutions to common trucking issues. Got solutions? This is a work in progress so send us your ideas. Click for [TIRES Idea Bank](#). Click to send us your solutions at info@KeepTruckingSafe.org.

[Haga click aquí](#) para obtener materiales en español

[Si tiene que moverlo manualmente —](#)

[Organize y coloque objetos pesados a una altura de fácil acceso. \(223 KB\)](#)

Upcoming events

[Click here to check out upcoming events in trucking.](#) Let us know if you have a trucking industry related safety or health event that you'd like to add to the page.

Have questions? We're here to help. Email us at info@KeepTruckingSafe.org.

[Take me to KeepTruckingSafe.org now.](#)

Together we can prevent injuries in trucking
—[KeepTruckingSafe.org](#)

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To learn more about the TIRES initiative, or to find more information about injuries in the trucking industry please visit us at, www.KeepTruckingSafe.org.

The Trucking Injury Reduction Emphasis (TIRES) project was developed by the Safety and Health Assessment and Research for Prevention (SHARP) program of Washington's Department of Labor and Industries.

The Trucking Injury Reduction Emphasis (TIRES) project team and the TIRES steering committee are working with the Washington State trucking industry to identify causes for the most frequent injuries to develop effective strategies for preventing them.

The TIRES steering committee is made up of a diverse group of professionals that includes: drivers, safety people from large and small trucking companies, labor and business associations, insurers and a representative from a publicly funded truck driving school.

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