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Washington State Department of  
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# Keep Trucking Safe 2018 June Newsletter

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Safety Material for the Trucking Industry  
June 2018

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## Get Ready Now as CVSA Inspection and Enforcement Blitz Coming Soon

The Commercial Vehicle Safety Alliance will hold its 31st Annual International Roadcheck inspection and enforcement blitz from June 5 – 7. The event will emphasize hours-of-service compliance, which topped last year's list of 15,000 out-of-service violations. Another reason for this year's special emphasis is the Federal Motor Carrier Safety Administration's recent electronic logging device mandate that eliminated traditional paper logs for most carriers. Previous Roadchecks have spotlighted categories of violations that include hazardous materials/dangerous goods, cargo securement, and tire safety.

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[Get Ready Now as CVSA Inspection and Enforcement Blitz Coming Soon blog](#)

## In Memoriam

Last month we recognized Worker Memorial Day, this month we'd like to acknowledge that a good portion of the workers lost in 2017 were truck drivers. In fact 15 truck drivers died on the job last year. That is 2 more than 2016. We are working to prevent this trend from continuing.

Every driver needs to return home safe at the end of the day. We at TIRES will continue to work with industry leaders to develop safety training to get us there.

Drivers, we appreciate you and want you to stay safe.  
Together we can prevent work-related deaths in trucking.

[Click to view the names](#)



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## Abate the Weight

A 53-year-old truck driver injured his lower back while changing propane tanks on his forklift.

He drove a flatbed truck with a trailer-mounted forklift he used to load freight alone.

One day while loading pallets at a customer site, the driver parked his forklift to replace its empty propane tank.

[Continue reading narrative](#)



[Abate the weight injury narrative](#)

## Truck Maintenance Tips

### Drivers

Maintain your truck and equipment in good working order. Report problems and make sure they are fixed before you get on the road. This will keep you and others safe - and it's the law.

### Employers

Be sure employees are properly trained in maintenance procedures.

### Employees

Ask for help if you're not sure how to complete a task.

[Continue reading TipSheet](#)



[Truck Maintenance Tips](#)

# Education and Training.

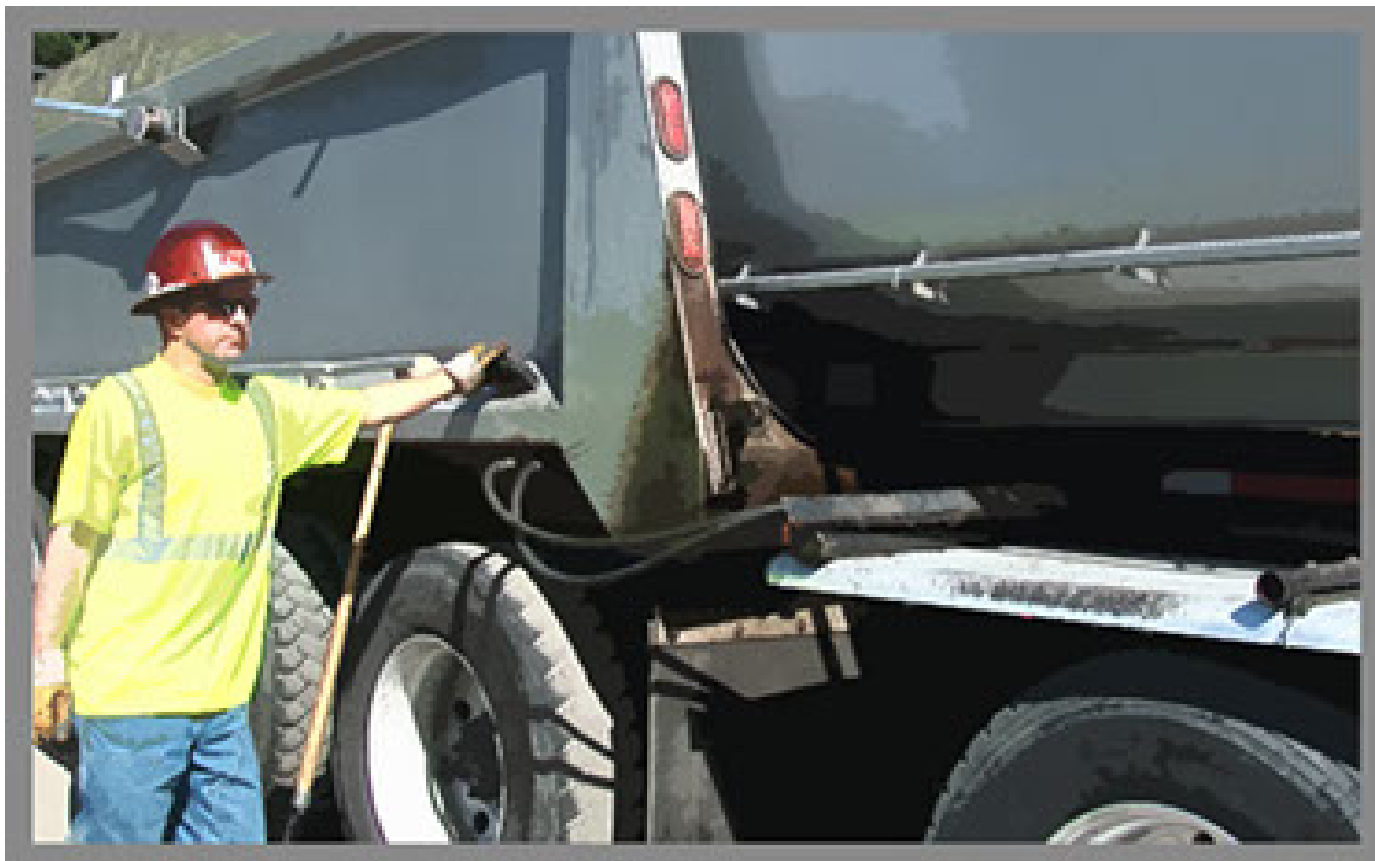


## Pre-Trip checklist

This pre-trip simulation tool is intended to help those that are trying to become a truck driver or for experienced drivers that need to on their skills.

## Transfer trailer safety

This course teaches prevention of common traumatic injuries in the paving industry.



## Training Simulations

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# Most Common Injuries

Slips, Trips, Falls

Strains & Sprains (Musculoskeletal Disorders)

Getting Struck by or Against an Object

## Hazard Prevention Tools



The Trucking Injury Reduction Emphasis (TIRES) project was developed by the Safety and Health Assessment and Research for Prevention (SHARP) program of Washington's Department of Labor and Industries.

The Trucking Injury Reduction Emphasis (TIRES) project team and the TIRES steering committee are working with the Washington State trucking industry to identify causes for the most frequent injuries to develop effective strategies for preventing them.

The TIRES steering committee is made up of a diverse group of professionals that includes: drivers, safety people from large and small trucking companies, labor and business associations, insurers and a representative from a publicly funded truck driving school.

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