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HEAVY CONSTRUCTION EQUIPMENT NOISE STUDY USING DOSIMETRY AND TIME-MOTION STUDIES

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ABSTRACT

Noise induced hearing loss continues to afflict workers in many occupational settings despite longstanding recognition of the problems and well-known methods of prevention and regulations. Sound levels associated with heavy construction equipment range from 80 to 120 dB(A) and power tools commonly used in construction produce sound levels up to 115 dB(A).⁽¹⁾ The focus of this research was to determine the noise exposures of heavy construction equipment operators while documenting the workers' tasks, (i.e. hauling, moving, and/or pushing construction material). Time-motion studies were performed at the construction sites and were used to correlate the noise dosage with the work performed by equipment operators. The cumulative dose for the operator was then plotted with references to work tasks, to identify the tasks that caused the greatest noise exposure. Three construction sites were studied for this research located in the western Pennsylvania and eastern Ohio areas. The types of construction equipment studied included asphalt pavers, backhoes, bulldozers, compaction equipment, excavators, haul trucks, telehandlers, and wheeled loaders. The results showed that bulldozer operators consistently had the highest noise exposures, ranging from a NIOSH REL (Recommended Exposure Limit) dose of 844% to 25,836% and an OSHA PEL (Permissible Exposure Limit) dose of 139% to 1,397%.

INTRODUCTION

The National Institute for Occupational Safety and Health (NIOSH) estimates that at least 420,000 U.S. construction workers are exposed to potentially hazardous noise levels above 85 dB(A).⁽²⁾ In the construction industry, heavy construction equipment is a major contributor to high noise levels at most job sites. This research was performed to identify the overall A-weighted sound levels of heavy construction equipment and the resultant occupational noise exposure of the operators of heavy construction equipment during normal operation. The data are presented by occupation and individuals are not

identified. Dosimeters were used to acquire the dynamic noise levels of the heavy construction equipment and calculate the operator's daily noise dose over a full shift using NIOSH, and OSHA criteria.

General Instrument and Measurement Information

The dosimeter selected for this research was the Larson-Davis Spark™ 705+ dosimeter. This dosimeter was used because it is capable of measuring and recording dose with four separate noise criteria and capable of sampling at a 1-second interval over 13 hours.⁽³⁾ The dosimeters were setup as shown in Table 1. The results from the OSHA settings are used primarily for informational purposes, such as a reference for those who must comply with the OSHA regulations. The areas where noise controls are most needed will be determined by examining the percentage of workers exceeding 100% dose based on the NIOSH REL. A Personal Digital Assistant (PDA) with subject observation software or a watch combined with handwritten notes were utilized to conduct task observations on equipment operators to define worker activities, worker behaviors, and machine functions occurring during the work shift.

Table 1: Internal dosimeter settings.^{(2), (3), (4)}

Dosimeter No.	Parameters	Settings	Designation
Dosimeter 1	Weighting Threshold Level Exchange Rate Criterion Level Response Upper Limit	A 80 dB 3 dB 85 dB Slow 140 dB	NIOSH Recommended Exposure Level (REL)
Dosimeter 2	Weighting Threshold Level Exchange Rate Criterion Level Response Upper Limit	A 40 dB 3 dB 85 dB Slow 140 dB	Wide Range
Dosimeter 3	Weighting Threshold Level Exchange Rate Criterion Level Response Upper Limit	A 90 dB 5 dB 90 dB Slow 140 dB	OSHA Permissible Exposure Level (PEL)
Dosimeter 4	Weighting Threshold Level Exchange Rate Criterion Level Response Upper Limit	A 80 dB 5 dB 85 dB Slow 140 dB	OSHA Action Level

Data collection

Dosimetry measurements were made at voluntary construction sites. For the dosimetry

measurements, the machine type, manufacturer, model, and serial number were documented via handwritten notes on data sheets. The engine manufacturer, model number, power rating, and rated speed were also recorded. In addition, the condition of the machine, existence of engineering noise controls, and modifications to the machine were noted. When practical, digital pictures were taken of each side of the machine, the engine compartment, and the operator station. Further, close-up pictures were taken of installed engineering noise controls and observed damage such as broken windows or missing door seals were noted. The dosimeters were calibrated prior to and after the measurement and the dosimeter microphone was clipped to the midpoint of the worker's shoulder with the diaphragm pointing up.⁽⁴⁾ The time that the dosimeter microphone was first placed on the worker and the time of removal were documented.

Data analysis plan

The dosimetry results were examined with the aid of task observations to determine the tasks, behaviors, and machine operations that result in the highest noise exposures for the worker. PDAs with subject observation software or a watch combined with handwritten notes were utilized to conduct task observations on equipment operators to document worker activities, worker behaviors, and machine functions performed during the work shift. To ensure consistency in the recording of relevant worker activities, worker behaviors, and machinery functions among multiple observers, pre-defined activities were programmed into the PDA software or common terminology were used with handwritten notes based on preliminary field observations and discussions with operators. Documenting worker activities enables researchers to determine sound levels at the operator ear under field conditions. Sufficient data are collected to document and determine where noise control development is necessary by identifying the machines whose operators were over-exposed to noise with the A-weighted sound levels in excess of 85 dB at the operator's position. The dosimetry results were downloaded into a searchable database, the task observations were imported into an Excel dosimetry macro to facilitate determination of the significant contributors to the workers' noise dose.

RESULTS

Table 2 shows the range of time-weighted average noise doses for the length of time the operator was monitored. The variance in the operator's dose for a specific machine can be attributed, but not limited to: hours worked, the monitoring of different operators, the operators' degree of expertise, the condition of the terrain, the presence of or the proximity of noisy equipment, and quantity of work done. For bulldozers, the age, size, and work-cycle were all factors affecting the operator's dose. The bulldozer operators were consistently overexposed to noise based on both the NIOSH REL and OSHA PEL criteria. The higher operators' noise doses came primarily from the largest bulldozers, such as the Caterpillar D8H and D9G Bulldozers which had only Roll-Over and Falling-Object Protection Systems, (ROPS/FOPS) and only stack exhausts without mufflers. The

Table 2: Operator's dose ranges.

Machine (Number Sampled)	NIOSH REL % Dose Range	OSHA PEL % Dose Range	Monitor Time (minutes)
Bulldozer (10)	844 - 25,836	139 - 1,397	362 - 630
Older Dozers, No Cabs	6,557 - 25,836	523 - 1,397	362 - 630
Newer Dozers, with Cabs	1,245 - 2,458	191 - 356	420 - 630
Newest Dozer, No Cab	844	139	575
Hand Saw (2)	4,094 - 9,194	173 - 301	74 - 164
Road Grader (1)	3,023	252	630
Road Saw (2)	1,242 - 2,090	108 - 265	155 - 415
Haul Truck (6)	28 - 492	2 - 72	479 - 630
Tele-Handler (1)	472	64	463
Asphalt Paver (3)	150 - 460	17 - 76	328 - 550
Front End Loader (4)	18 - 200	2 - 17	500 - 539
Excavator (4)	7 - 155	0 - 16	480 - 630
Plate Tamper (3)	62 - 146	7 - 23	508 - 510
Multi-Machine (17)	31 - 3,084	2 - 392	70 - 630

exhaust stacks on these machines ended at approximately the height of the ROPS/FOPS. The A-weighted equivalent continuous sound levels (L_{eq}) measured with the dosimeters ranged from 104 to 108 dB for the bulldozers. The older Caterpillar D8H and D9G Bulldozers were built from the late 1960's to early 1970's, but appeared to be in good condition despite their age. The newer Caterpillar D8N Bulldozers had cabs with ROPS protection. It was observed that the cabs had little or no sound absorbing material inside. The seals around the cab doors were in poor condition. The operators were observed to operate the Caterpillar D8N Bulldozers with a combination of doors and/or windows open, thereby greatly reducing the ability of the cab to protect the operators from noise. The air conditioning units on the Caterpillar D8N Bulldozers were not functional. If the air conditioning units worked, perhaps the workers would use the air conditioning and keep the cab doors and windows closed. The newest bulldozer studied, a Caterpillar D6MXL, had noise controls consisting of acoustic foam on the ceiling of the ROPS/FOPS, an exhaust muffler and an enclosed engine compartment. Even with no cab, the Caterpillar D6MXL Bulldozer had the lowest recorded operator's dose of all the bulldozers.

The hand saws, which were gas powered, used 6” abrasive circular-disk blades to cut rebar from broken concrete slabs. The saw operator was exposed to noise from the cutting operation and the exhaust of the engine.

The road grader had a cab, but no insulation on the walls or a floor pad, and the doors were left open during operation.

The road saws had 26” toothed circular blades that were used to cut a concrete road into approximately 6’ by 6’ slabs, so they could be removed easily. The road saw operators were not as close to the cutting operation as were the hand saw operators, and since the road saws were automated and both had good mufflers, the operators were exposed to less noise than the hand saws.

All of the haul trucks were similar in size, but the operators of the newer trucks with air-conditioning had lower noise exposures than the operators of the older non-air-conditioned trucks, even though the new trucks were operated with the driver-side window open.

The multi-machine category consists of several different machines; backhoes, soil compactors, front-end loaders, and/or excavators, that were operated as the need arose. This data is included to show the high variability of construction site work-tasks and the need for time-motion studies.

Table 3 briefly lists the observed work task that subjected the operator to the greatest noise exposure during a work-shift.

Table 3: Tasks that cause the greatest noise exposure.

Machine	Observed Task
Bulldozer D9G	Pushing Trailer-Pan Scraper
Bulldozer D8H	Scraping top-soil into Pan
Bulldozer D8N	Pushing soil uphill
Bulldozer D6MXL	Pushing soil uphill
Hand Saw	Cutting Rebar
Road Grader	Grading Haulage Road uphill
Road Saw	Initial cut into concrete roadway
Haul Truck	Traveling fully loaded and dumping load
Tele-Handler	Not observed
Asphalt Paver	Paving
Front End Loader	Digging and traveling with load in bucket
Excavator	Breaking concrete with hydraulic hammer
Plate Tamper	Tamping asphalt

Using one bulldozer operator's cumulative NIOSH noise dose and the bulldozer's work-cycle as an example, the following will detail the culmination of this research. For this example, a 10-hour work-shift is used at a time when all the bulldozer operators, working together in a small job site, recorded the loudest and most sustained noise levels. The Caterpillar D8H Bulldozers were used to pull a Trailer-Pan Scraper and the Caterpillar D9G Bulldozer, (Figure 1) helps the Scraper cut into the soil by pushing the Scraper. This work-cycle was done continuously, all day, in a confined area with a short uphill trip, to the dumpsite where a soil compactor was working – all contributing to the high noise exposure. In Figure 2, a 5-minute work-cycle is displayed for the Caterpillar D9G Bulldozer. Even at idle the bulldozer operator is exposed to a L_{eq} of 96 dB(A). A higher noise exposure, a L_{eq} of 109 dB(A), is recorded when the bulldozer pushes the scraper.

In the U.S. Bureau of Mines manual, Bulldozer Noise Control,⁽⁵⁾ a detailed description of how the A-weighted sound levels were reduced from 105 dB to 94 dB (data taken at high idle) is documented. If application of all of the noise controls listed in this manual is not feasible, (too expensive, or unable to retro-fit cab under ROPS/FOPS) application of some noise controls, such as new mufflers, instrument panel isolators, a Plexiglas barrier between the operator's position and the engine, or ceiling sound absorbing panels on the underside of the ROPS/FOPS could be utilized with minimal effort and cost. For example: it is estimated that a new muffler would take 2 hours to install, instrument panel isolators would take 6 hours, ROPS/FOPS ceiling sound absorbing panels would take 12 hours.

CONCLUSION

From the results shown, the operators of the bulldozers, hand saws, road grader, and road saws were overexposed based on both the NIOSH REL and OSHA PEL criteria. The higher operators' noise doses came primarily from the largest bulldozers, such as the Caterpillar D8H and D9G Bulldozers that were built from the late 1960's to early 1970's, which had only ROPS/FOPS and stack exhausts. The newer Caterpillar D8N Bulldozers had cabs with ROPS/FOPS protection. The Caterpillar D8Ns had considerably lower operators' noise doses than the older D8Hs or the D9G. Again, the Caterpillar D6MXL Bulldozer even without a cab had the lowest recorded operator's dose of all the bulldozers. With proper application of noise controls, discussed previously, the operators' noise dose could be reduced for the bulldozers. Newer equipment with mufflers, as opposed to straight-stack exhausts, and cabs with interior sound absorbing material, have lower in-cab sound levels particularly when doors and windows of the cab are closed. The road grader had a cab, but without sound absorbing material. Improvements and modifications to the grader cab would help if the doors and windows were kept closed. The operators of all machines with cabs would be more motivated to keep the windows and doors closed, if air conditioning was available and/or working efficiently. The hand saw operators were only monitored for 1 to less than 3 hours and still had the third highest noise dose. A full shift of work, using the hand saw, would result in a much higher dose. To reduce sound levels on the saws studied here would involve a more comprehensive research program, probably involving not only the manufacturer of the saws, but also the manufacturer of the saw blades.

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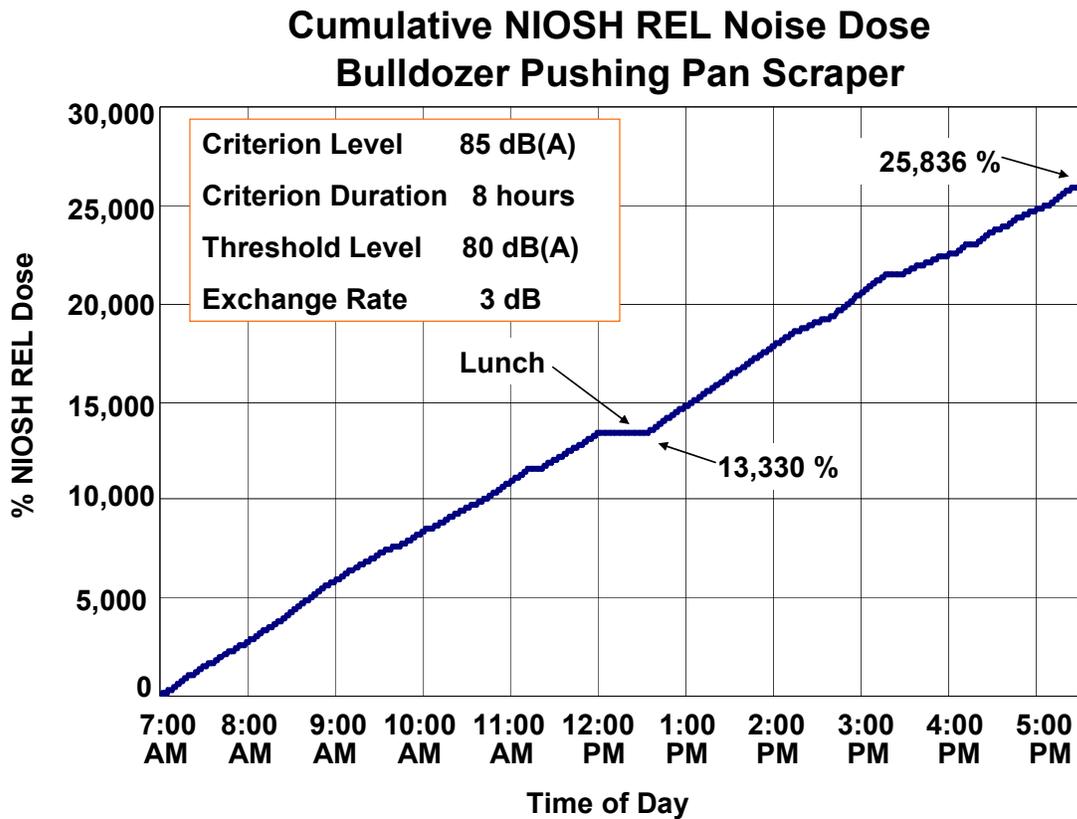


Figure 1: Cumulative NIOSH Noise Dose of a Caterpillar D9G Bulldozer Operator, running from 7:00AM until 5:30PM.

Cumulative NIOSH REL Noise Dose Bulldozer Idle and Pushing Trailer Pan Scraper

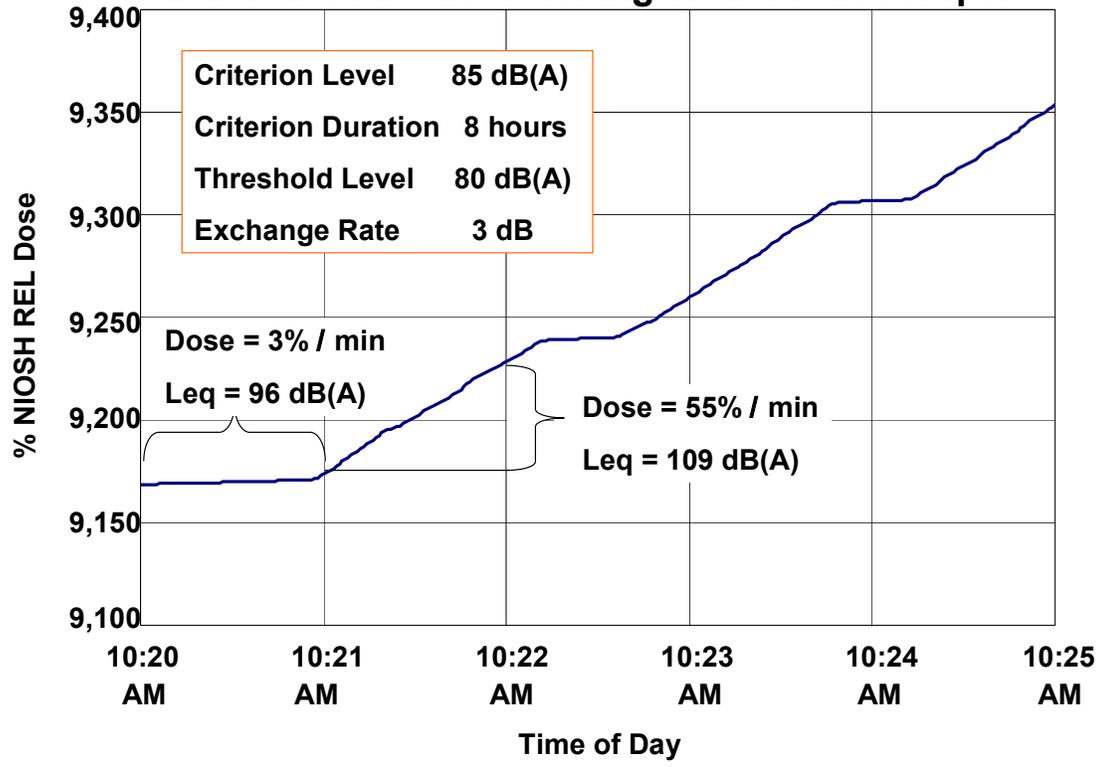


Figure 2: 5-minute work-cycle of a Caterpillar D9G Bulldozer Operator.