

The CDC Healthy Aging Research Network (CDC-HAN) was formed in 2001 to help **develop and implement a national research and dissemination agenda related to the public health aspects of healthy aging.**

CDC-HAN is funded by the Centers for Disease Control and Prevention Healthy Aging Program. The coordinating center and seven member and affiliate universities are a subset of CDC's 37 Prevention Research Centers located throughout the United States. Each brings topic expertise to the Network's research and program development.

Strong partnerships with community-based groups are fundamental to CDC-HAN's successes. Through collaborative efforts, the Network conducts research, provides programs and training, and influences policies to promote healthy aging in diverse settings. Network members focus particularly on communities and populations that bear a disproportionate burden of illness and disease.

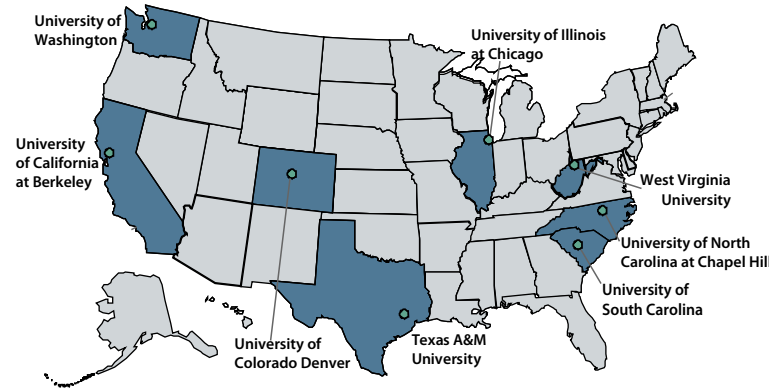
CDC-HAN is supported through cooperative agreements between the Centers for Disease Control and Prevention Healthy Aging Program and the participating universities.

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CDC-HAN brings together a talented team of scholars and community partners whose collaborative spirit and sense of purpose and innovation are making an important and long-lasting impact at the intersection of public health and aging.

— Basia Belza, Lead, CDC-HAN Coordinating Center

Member Centers



Key Partner Organizations

- CDC-HAN member centers' Community Advisory Boards
- Centers for Disease Control and Prevention
 - Healthy Aging Program
 - Division of Nutrition, Physical Activity and Obesity
 - Division of Emergency and Environmental Health Services
- National Community Committee
- Prevention Research Centers Program
- AARP
- Alzheimer's Association
- American Medical Association
- Easter Seals
- Environmental Protection Agency
- Health Foundation of South Florida
- National Association of Chronic Disease Directors
- National Council on Aging
- Pan American Health Organization
- US Administration on Aging

For information: www.prc-han.org

or contact Gwen Moni, gmoni@uw.edu

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**Healthy Aging
Research Network**

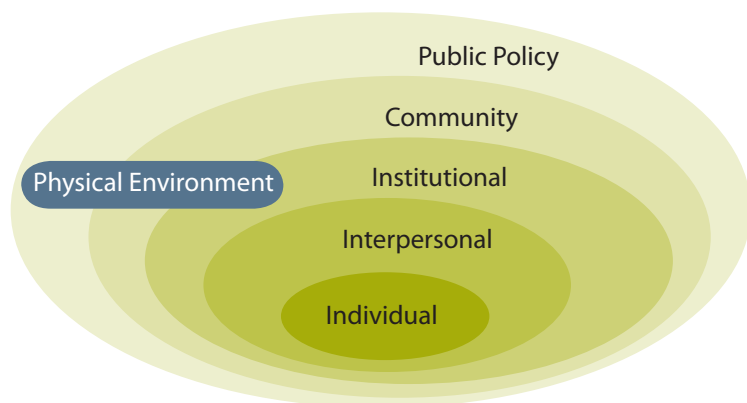
Translating Research to Practice



Mission

- To better understand the determinants of healthy aging in diverse populations and settings
- To identify, develop, and evaluate policies and programs that promote healthy aging
- To translate and disseminate research into effective and sustainable public health programs and policies throughout the nation

CDC-HAN's work is based on the social-ecological model.



Sources: McLeroy et al., 1988, Health Educ Q; Sallis et al., 1998, Am J Prev Med (modified).

CDC-HAN is unique in its ability to integrate research on policy, community, and program interventions — ensuring the greatest benefit to all older adults.

— Nancy Whitelaw, National Council on Aging

Selected Products

Environmental and Policy Change Clearinghouse

- A searchable database of resources, tools, and strategies that support local efforts in environmental and policy change for healthy aging. www.epc-clearinghouse.org

Publications and Tools

- Special issues related to evidence-based health promotion, brain health, and mobility for the *Journal of Applied Gerontology*; *Preventing Chronic Disease*; *Alzheimer's and Dementia*; *The Gerontologist*; and the *Journal of Aging Research*
- Monographs and action briefs on physical activity, depression management programs, and environmental and policy change to support healthy aging
- Update of *Public Health and an Aging Society*
- Environmental audit tools

Online Training

- Modules on evidence-based health promotion programs for older adults
- Two webinar series: Managing depression; Promoting environmental and policy change to support healthy aging

Conferences

- Promoting Environmental and Policy Change to Support Healthy Aging (2009)
- Effective Programs to Treat Depression in Older Adults: Implementation Strategies for Community Agencies (2008)
- Effective Community-Based Physical Activity Programs for Older Adults (2007)

Online Community

- Online discussions, presentations, and resources on environmental and policy change. www.agingfriendly.com

Find our publications, tools, and products at:

www.prc-han.org

Competencies

Research

- Advance science toward action and policy
- Engage researchers from across disciplines

Practice

- Implement interventions at all levels of the social-ecological model to maximize population reach and impact
- Develop practical, tested assessment and evaluation tools
- Mentor researchers and practitioners

Partnerships

- Collaborate with national partners to leverage connections and resources
- Engage diverse communities in research

Policy

- Provide access to experts and state-of-the-field content knowledge for healthy aging
- Contribute to the development of strategic frameworks for healthy aging, including Healthy People 2020 and the Healthy Brain Initiative: A National Public Health Roadmap to Maintaining Cognitive Health
- Promote CDC-HAN's definition of healthy aging to inform state aging plans and chronic disease programming
- Develop recommendations for the *Community Guide to Preventive Services*

Technical Assistance

- Provide technical assistance to local, regional, national, and international healthy aging program initiatives

Get Involved

- Put CDC-HAN products to use
- Collaborate on research
- Shape healthy aging policies and programs
- Contact CDC-HAN to learn more