CENTERS FOR DISEASE CONTROL


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## REQUEST FOR ASSISTANCE IN

## Preventing Falls and Electrocutions During Tree Trimming

U.S. DEPARTMENT OF HEALTH AND HUMAN SEFVICES

Public Health Service
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## NIOSH <br> ALERT

## Preventing Falls and Electrocutions During Tree Trimming

## WARNINGI <br> Many tree trimmers have died from falls or electrocution.

The National Institute for Occupational Safety and Health (NIOSH) requests assistance in preventing falls and electrocutions during tree trimming or cutting. Recent NIOSH investigations conducted under the Fatal Accident Circumstances and Epidemiology (FACE) program suggest that many tree trimmers and their employers lack training and knowledge of Occupational Safety and Health Administration (OSHA) standards and may be unaware of the risks posed by inadequate or improper safety procedures and equipment. This Alert describes eight incidents involving five electrocutions and three fatal falls of tree trimmers.

The recommendations in this Alert should be followed by all employers, managers, supervisors, and workers in companies that perform tree trimming and cutting. NIOSH requests that editors of trade journals, safety and health officials, electric utilities, and telephone and cable television companies bring this Alert to the attention of workers who are at risk (Figure 1).

## BACKGROUND

Data from the NIOSH National Traumatic Occupational Fatalities (NTOF) database indicate that nearly 6,500 traumatic work-related deaths occurred annually in the United States during the period 1980-88 [NIOSH 1992]. An estimated $9 \%$ (585) of these fatalities were due to falls, and 7\% (455) resulted from electrocutions. For the same period, the NTOF data also show that at least 181 workers involved in tree trimming and cutting (about 20 each year) died from injuries sustained at work. The two leading causes of death were electrocution ( 68 workers, or $38 \%$ ) and falling ( 52 workers, or 29\%).

Through the NIOSH FACE Program, five electrocutions and three falls of tree trimmers were investigated from June 1986 to November 1991. Since the FACE Program was active in only 14 States during this period, these fatalities represent only a fraction of the tree trimmer deaths that actually occurred from falls or contact with electrical energy.


Figure 1. Tree trimmers at risk of falls and electrocutions.

## REGULATIONS

Current OSHA regulations relevant to tree trimming operations require that employers take the following precautions:

- Recognize and avoid unsafe conditions [29 CFR 1926.21(b)(2)].
- Provide prompt medical attention in case of serious injury [29 CFR 1926.50].
- Protect workers exposed to electrical hazards [29 CFR 1926.416(a)(1)].
- Plainly mark the functions of all controls for aerial boom platforms used primarily as personnel carriers [29 CFR 1926.556 (b)(2)(ix)].
- Follow established regulations regarding electrical hazards for tree trimming [29 CFR 1910.268(q)].

[^0]- Ensure that line-clearance tree trimmers maintain minimum working distances from energized conductors [29 CFR 1910.268(q)(2)(iv), Table R-3].

No current OSHA regulations specifically pertain to fall protection requirements for tree trimmers.

In 1988, the American National Standards Institute (ANSI) published a standard for tree care operations that provides safety requirements for cutting brush and for pruning, trimming, repairing, maintaining, and removing trees [ANSI 1988]. This consensus standard (Z133.1-1988) contains guidelines for protecting workers from contact with electrical energy, falls, and other hazards. The standard addresses (1) safe work procedures for climbing, pruning, trimming, and felling of trees and brush, (2) the use of mobile equipment such as aerial lifts, (3) the use of hand tools and portable power hand tools, and (4) other general safety requirements such as personal protective equipment, fire protection, and traffic control.

## CASE REPORTS

As part of the FACE Program, NIOSH investigated five incidents (each resulting in one electrocution) that occurred between June 1986 and October 1990. These incidents involved workers who contacted downed power lines or energized overhead power lines either directly or with conductive tools or equipment. In addition, NIOSH or State-based FACE Programs investigated three tree trimmer fatalities resulting from falls during the period July 1990 to November 1991.

## Electrocutions

## Case No. 1

On June 2, 1986, a maintenance foreman and a 32 -year-old maintenance worker (the victim) arrived at a private residence to cut down a dead tree in the front yard. The two men climbed the tree and began removing branches. A 7,200-volt power line ran through the top of the tree about 29 feet above ground level. The victim was working about 20 feet above ground level using an aluminum pruning pole to saw off limbs. The victim was sawing off one of the larger limbs above his head when the section of limb fell toward him. In an attempt to knock the limb away from himself, the victim swung the pruning pole at the falling limb. The pruning pole contacted the 7,200 -volt power line and the worker was electrocuted [NIOSH 1986d].

## Case No. 2

On August 6, 1987, a 21 -year-old tree trimmer (the victim) was working as part of a five-man crew assigned to trim trees along an electric utility right-of-way in a residential area. Numerous high- and low-voltage lines (including electric, telephone, and cable TV lines) ran
through the trees at various heights in this area. Two tree trimmers were working in the trees while the other three worked at ground level. The victim was trimming a large branch when he leaned back to prune some small branches above his head. The back of the victim's neck came into contact with a 7,200 -volt power line and he was electrocuted [NIOSH 1987b].

## Case No. 3

On September 29, 1989, a 35 -year-old treetrimming crew leader (the victim) was supervising a crew assigned to clear fallen trees in an area where a 4,000 -volt power line had been knocked down during Hurricane Hugo. After trees had been removed from the deenergized, downed line, the crew returned to the truck while the crew leader inspected the job. During the inspection, the victim apparently stepped on the power line and was electrocuted. A subsequent investigation revealed that a gas-powered electric generator was being used to supply power to gas pumps at a nearby gas station. The main circuit breaker at the gas station had not been opened; therefore, electric current from the generator flowed back through the transformer and energized the downed power line 'at the worksite [NIOSH 1989b].

Case No. 4

On October 15, 1990, a 46-year-old distribution line technician (the victim) and a groundsman were assigned the task of clearing tree branches from a 7,200 -volt primary power line following a tropical storm. Because of the location of the power line, the use of an aerial bucket truck was restricted. The problem area was identified, and preparations were made to clear the branches from the power line. A fused switch was opened on a pole-mounted transformer to de-energize the power line, but the line remained energized
from the electrical source through another transformer. The victim climbed the tree, apparently lost his balance, fell onto the power line, and was electrocuted [NIOSH 1990a].

Case No. 5
On October 23, 1990, a 27-year-old treetrimming groundsman (the victim), three coworkers, and a foreman were clearing brush and trees from an electric utility right-ofway. The victim and three coworkers were cutting and removing brush at ground level beneath the power line. Another tree trimmer in an aerial lift bucket was simultaneously clearing limbs near the 23,000 -volt energized power line. At the time of the incident, the tree trimmer positioned the aerial bucket between the bottom energized phase of the threephase power line and a lower neutral conductor. He extended the boom and bucket through the conductors to a tree on the opposite side of the power line. The tree trimmer then climbed out of the bucket into the tree to proceed with the tree-trimming operation. The foreman ciimbed onto the aerial bucket truck to retract the boom and bucket using the controls mounted on the boom pedestal. As he repositioned the boom, it contacted the power line, allowing current to flow through the uninsulated boom and truck to the ground. The victim, who was standing on the ground in contact with the aerial bucket truck, was electrocuted [NIOSH 1990c].

## Fatal Falls

## Case No. 1

On July 31, 1990, a 27-year-old tree trimmer (the victim) was working alone with a homeowner to cut down two 75-foot pine trees. The victim had climbed one of the trees to approximately the 50 -foot level to cut branches with a chain saw. He had planned
to cut off the top of the tree by cutting a notch on one side and then cutting through the notch from the other side. At the time of the incident, the victim was wearing a safety belt and lanyard that circled the tree. As the victim was cutting away some branches to make the final cut, he inadvertently cut through his lanyard. The victim died after he fell backward nearly 50 feet to the ground [MDLI 1990].

Case No. 2
On October 9, 1990, a 27-year-old tree trimmer (the victim) was working as part of a four-man crew to remove dead trees from a private home in a semirural area. The crew had been on the site for 2 days and had removed four large trees. They were working on the fifth tree and had cut off all of the tree limbs. Even though each tree was checked for rot by tapping on the trunk, the crew was unaware of the presence of wood wasps in the upper trunk-a sign of rot. At midmorning, the victim (wearing a saddle belt attached to a cloth lanyard) climbed the tree to cut it away in sections. While ascending the tree, the victim reportedly reaiized that the tree was more damaged than expected, stopped climbing at approximately 35 feet, and tied off at that height. The rotted tree had a list of approximately 10 to 15 degrees, and as the top section was cut away, the tree bent with it. As the tree sprang back to its original position, the backlash was strong enough to fracture the trunk 6 feet below the cut area where the victim had tied his lanyard. The tree trimmer died when he fell to the ground with the tree section, which landed on top of him [NJDOH 1991].

Case No. 3

On September 3, 1991, a 34-year-old tree trimmer (the victim) and his brother were removing a large oak tree from the yard of a private residence. The victim decided to
remove the limbs and top of each of three forks in the tree before felling it. The victim's brother remained on the ground and cut up the felled limbs. As the victim ascended the tree, he wore a body harness, tree climbers, and a climbing cradle (a length of rope that is placed around the tree and snapped to D-rings on each side of the body harness). The victim also had a tool rope hanging from the harness to raise and lower tools. The climbing cradle helped hold the victim in place while he made his cuts with the chain saw. When the victim was nearly finished with the third fork, his brother noticed a rope falling to the ground and looked up to see the victim fall 65 ft to his death.

Investigation of this incident revealed that the connectors on both ends of the climbing cradle had been fastened with wire and electrical tape. The rope had apparently pulled loose when the victim leaned back to make a cut. The connector was still attached to the D-ring on the harness [ NIOSH 1991b].

## CONCLUSIONS

These FACE investigations suggest that many tree trimmers and their employers lack training and knowledge of OSHA standards and may be unaware of the risks posed by inadequate or improper safety procedures and equipment.

## RECOMMENDATIONS

NIOSH recommends the following measures to prevent falls and electrocutions during tree trimming and cutting:

1. Comply with current OSHA regulations relevant to tree trimming operations [29 CFR
1926.21(b)(2), 1926.50, 1926.416(a)(1), 1926. 556(b)(2)(x), 1910.268(q), 1910.268 (q)(2)(iv)].
2. Follow ANSI Standard Z133.1-1988 [ANSI 1988] recommendations for tree care operations.
3. Develop and implement comprehensive safety programs that include written rules and safe work procedures for dealing with the following items:

- Electric hazards (such as working near energized overhead or downed power lines)
- Climbing, felling, topping, and pruning trees
- Mobile equipment
- Hand and portable power tools
- Fall protection equipment and other protective gear

4. Provide workers with training in the following areas:

- Electrical safety, including the hazards of feedback electrical energy, the use of portable electric generators, and downed power lines [NIOSH 1987a]
- The correct use of fall protection equipment
- Safe work procedures to prevent inadvertent cutting of climbing ropes, lanyards, and safety belts or straps
- Inspection of trees and tree limbs for structural weakness before climbing


## Table 1.-Minimum working distances from energized conductors for line-clearance tree trimmers and line-clearance tree-trimmer trainees as established by 29 CFR 1910.268(q)(2)(iv), Table R-3

Voltage range (volts) (phase to phase)

## Minimum working distance

| $2,100-15,000$ | $2 \mathrm{ft}, 0 \mathrm{in}$. |
| ---: | ---: |
| $15,100-35,000$ | $2 \mathrm{ft}, 4 \mathrm{in}$. |
| $35,100-46,000$ | $2 \mathrm{ft}, 6 \mathrm{in}$. |
| $46,100-72,500$ | $3 \mathrm{ft}, 0 \mathrm{in}$. |
| $72,600-121,000$ | $3 \mathrm{ft}, 4 \mathrm{in}$. |
| $138,000-145,000$ | $3 \mathrm{ft}, 6 \mathrm{in}$. |
| $161,000-169,000$ | $3 \mathrm{ft}, 8 \mathrm{in}$. |
| $230,000-242,000$ | $5 \mathrm{ft}, 0 \mathrm{in}$. |
| $345,000-362,000$ | $7 \mathrm{ft}, 0 \mathrm{in}$. |
| $500,000-552,000$ | $11 \mathrm{ft}, 0 \mathrm{in}$. |
| $700,000-765,000$ | $15 \mathrm{ft}, 0 \mathrm{in}$. |

- Safe climbing procedures such as breaking or cutting off dead limbs while climbing, placing hands and feet on separate limbs, and limiting shinning distance to 15 feet
- Cardiopulmonary resuscitation

5. Ensure that aerial bucket truck operators are trained in the safe operation of these vehicles. At a minimum, such training should address the following:

- All OSHA and ANSI standards applicable to aerial bucket trucks
- Hazards associated with the hoisting of personnel, equipment, and materials, especially near energized overhead power lines
- Positioning of the boom to maintain minimum working distances from energized overhead power lines (see Table 1)
- Procedures for emergency situations (for example, inadvertent contact of the boom with an energized power line)

6. Inform workers about the hazards of performing tree care operations near overhead power lines or other electric conductors. These instructions should do the following:

- Emphasize that most overhead highvoltage power lines are uninsulated
- Direct workers to assume that all power lines are energized and to avoid all contact (direct or indirect) until the lines are verified as being de-energized.

7. Conduct an initial and daily jobsite survey before beginning work to identify hazards and implement appropriate controls that address all identified site hazards.
8. Before beginning tree trimming, be sure to consider factors such as the location and height of a tree and the availability of
appropriate mobile equipment. In areas where trees overhang or are close to a street, trucks with aerial buckets or telescoping ladders could be used for trimming.
9. Notify the utility company when an aerial bucket truck or other boomed vehicle must operate near a power line or when work must be performed within minimum working distances specified by OSHA (see Table 1). The utility company and the employer should then discuss the options for protecting workers: de-energizing and grounding the power lines or covering them with insulating hoses or blankets.
10. Ensure that workers adhere to established safe work procedures and maintain the minimum working distances from energized conductors established by OSHA (see Table 1).
11. Prohibit the use of conductive tools or materials where they may contact overhead power lines or electrical conductors. Substitute nonconductive tools and materials, and maintain working distances from power lines at all times (see Table 1).
12. When overhead power lines are present, provide nonconductive personal protective equipment (such as headgear, gloves, etc.) and enforce its use.
13. Provide workers with appropriate fall protection equipment (for example, climbing rope and safety saddle) and make sure that they use it.
14. Inspect all fall protection equipment before each use. Remove damaged or defective equipment from service; replace it or repair it according to the manufacturer's specifications.

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Richard W. Braddee, Division of Safety Research, NIOSH, is the principal contributor to this Alert. Comments or questions concerning this Alert should be directed to Thomas R. Bender, M.D., Director, Division of Safety Research, National Institute for Occupational Safety and Health, 944 Chestnut Ridge Road, Morgantown, WV 26505-2888; telephone, (304) 291-4595.

We greatly appreciate your assistance in protecting the lives of American workers.

Further information about electric and fallrelated hazards is available in nine previously published NIOSH Alerts [NIOSH 1984; 1985; 1986a,b,c; 1987a; 1989a; 1990b; 1991a].

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## Preventing Falls and Electrocutions During Tree Trimming

## WARNING!

## Many tree trimmers have died from falls or electrocution.

Take the following steps to protect yourself from fatal falls or electrocution during tree trimming or cutting:

1. Conduct an initial and daily jobsite survey before beginning work to identify hazards and implement appropriate controls.
2. Always use the following safety procedures when working near power lines:

- Assume that all power lines are energized and avoid all contact (direct or indirect) until the lines are verified as being de-energized.
- Maintain safe working distances specified by OSHA [29 CFR 1910.268(q)(2)(iv)].
- Use only nonconductive tools, materials, and personal protective equipment.
- If work must be performed near a power line or within minimum working distances specified by OSHA [29 CFR 1910.268 (q)(2)(iv)], make sure that your employer has contacted the utility company to discuss de-energizing, grounding, or shielding the power lines.

3. Always use the following safe work procedures to prevent falls:

- Inspect trees and limbs for structural weakness before climbing or cutting.
- Use appropriate fall protection equipment.
- Inspect all equipment before use to ensure that it is not damaged or defective.
- Use safe work procedures to prevent accidental cutting of climbing ropes, lanyards, and safety belts or straps.
- Use safe work procedures for climbing, felling, topping, and pruning trees.

4. Operate mobile equipment (for example, aerial buckets) only if you have been properly trained.
5. Participate in any training programs offered by your employer.


Tree trimmer at risk of falls and electrocution.

For addlitonal information, see NIOSH Alert: Request for Assistance in Preventing Falls and Electrocutions During Tree Trimming [DHHS (NIOSH) 92-106], or call 1-800-35-NIOSH. Single coples of the Alert are available free from the followIng:

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[^0]:    *Code of Federal Regulations. See CFR in references.

